

The TRUTH About  
**CANCER**™  
educate • expose • eradicate

*Ultimate* **LIVE** *Symposium*

THE **KEY INSIGHTS**  
FROM EVERY SPEAKER'S  
PRESENTATION

The Truth About Cancer  
2016 Ultimate Live Symposium  
The Key Insights From Every Speaker's Presentation

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# Special Thanks

Thank you TeriAnn Trevenen!! You did an amazing job of planning the Ultimate LIVE Symposium. Special thanks to Joni Jones and Jennifer Becker who were amazing event managers and were TeriAnn's "right hand ladies."



Left to Right: Charlene & Ty, Jonathan Hunsaker, TeriAnn Trevenen, Jamie Martorano, and Antowine Jenkins



(Back Row L-R): Birgit Cummings, Timmy Centner, Jamie Martorano, Antowine Jenkins, Lee Murphy, Jonathan Otto, Joni Jones, Beverly Erbeck, Brittany Goertz, Natasha Leyva, Lydia Long (Front Row L-R): Ariel Bracken, Jennifer Becker

Also, thanks to the following TTAC Team leaders: Brian Vaszily, Dess Diaz, Dawn Mobley, Joni Jones, Cyndi Joudrey, Erin Fillmore, Katerina Kavouklis, Kristin Cyr, Natascha Gmuender, Gia Liossis, BenJamin Prater, Carl Nuckowski, Jeffrey Evans, and Manny Goldman.

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**Mike Adams (“The Health Ranger”)**

**“Biosludged: The Shocking True Investigation of the EPA’s Mass Chemical Poisoning of America with Toxic Industrial Waste and Heavy Metals”**

Presentation Key Insights:

Lab Science Director at my lab called CWC Labs

Biosludge:

- The greatest environmental crime in America.

Case Study: “My children have a strange illness”

- Rural Wisconsin farm receiving “free fertilizer” from a nearby city
  - Nearby city contacted local farmers outside the city, offered “free organic fertilizer” for their farms
  - Part of an “agricultural support program”
  - Large trucks bring loads of material and dump it
  - Horrible smell – offgasses toxic odors, toxic smell continues for weeks, then dissipates

The “Free Fertilizer” was biosolids:

- Concentrated human feces and industrial waste from US cities
- Recycled and spread onto farms
- Sold to consumers for use on home gardens
- Analysis shows heavy metals and other chemicals

Biosludge heavy metals:

- All the products discussed below included lead, mercury, arsenic, copper plus nickel, molybdenum and cadmium

Three biosludge products reviewed:

- Dillo Dirt from Austin Texas
  - All the human waste flushed down the drain, separate water, and sell the rest as “Dillo Dirt”
  - Results of tests showed it included over 300 chemicals
    - Extremely toxic chemicals such as pesticides, toxins, and veterinary drugs, nervous system drugs, stimulants, antibiotics, etc.
- Milorganite from Milwaukee
  - Human waste from city recycled into green product sold to farms and consumers
  - Results of tests showed over 550 chemicals found
- Organic Sound Gro (“The Dirty Gardener”)
  - Made in Washington
  - Results of tests showed over 530 chemicals found

Nobody is reporting this information – not the EPA, not CNN, not state agencies, not academia, not science journals

Book:



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- Science for Sale by David L. Lewis, PhD

Air, water, and soil:

- Industrial pollution is rampant across America: heavy metals, chemicals, medical waste

Clean Soil Act:

- Air cannot be heavily polluted because of the clean air act
- All the waste from every city is collected, separated from water, composted, and then spread on rural farms that grow foods
- This substance is called "biosolids"
- There are many sewage recycling centers for biosolids

"Sludge magic"

- EPA's explanation for how this works.
  - "It's ok to have these chemicals because they will stay locked into the soil forever," says the EPA. (Except when it rains, it will run off into the water system.)
- Justification: EPA scientists realized the toxic chemicals, bacteria, and heavy metals would leach out of the biosolids at the first rain.
- Certain EPA scientists were bribed to fake the research data and conclude that "sludge magic" would forever lock up the chemicals and heavy metals in the biosolids.
- Sludge magic = quack science
- Chemical suicide happening in America today

How does end up in our food? What was the root cause of cancer?

- Ecology – chemicals get distributed into the soil and back into our bodies.
- Result: chronic fatigue syndrome and others

The "Greening" of biosludge fraud:

- Cities across America package and sell biosludge in an attempt to be "green"
- Dillo dirt bag – recommends not be used on food production for humans.
- Milorganite – eco-friendly label. Filled with chemicals. Warning on back in small print. From the "Milwaukee Metropolitan Sewerage District, made in the USA" "100% natural organic nitrogen" product called "garden care" you can use on strawberries. Dangerous. Eco friendly, all natural, organic – must do your research, must be informed. There is cancer warning on bottom of the bag.

Chicago needs a friendlier name for biosludge:

- Chicago launched a new effort to rebrand their biosludge product to make it more "friendly" to consumers.

The EPA poisoning of African-Americans:

- In cities, biosolids were deposited mostly in poor black neighborhoods including:
  - Children's playgrounds
  - City parks
  - Land owned by schools
- Low income African Americans were targeted because they could not afford legal representation

## MIKE ADAMS (“THE HEALTH RANGER”)

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Reclaimed wastewater contaminates food in California:

- 1/3 of the food in America is grown in California

Toxic mix:

- Gives rise to deadly superbugs and viral strains
- Biosludge is full of bacteria and viruses mixed with chemicals, including antibiotics
- This toxic stew gives rise to deadly superbugs, mysterious viruses, and new, exotic diseases

Biosludge killing fish:

- Corruption involved: city leaders received kickbacks
- Additional information revealed that city leaders receive kickbacks from the biosludge companies to keep the system going.
- Solutions exist but they are too cheap. Would eliminate kickbacks to city leaders.

Biosludge is the greatest environmental crime in America:

- EPA is America's worst polluter
- Real science has been utterly abandoned
- This is preventable exposure. We can do something about this

A warning for human civilization:

- Any civilization that eats food grown in its own toxic waste will not survive
- We are rolling the dice with superbugs and deadly pandemics by creating the conditions that allow them to emerge.
- Our modern world is leaving behind a toxic legacy of heavy metals, synthetic chemicals, and contaminated soils

Polluters wrote laws.

Who regulates the polluters? The EPA

Scientists are building their own laboratories to use real science to get to the truth about these issues.

Solutions: What can you do?

- Get to know your local farmers – make sure they have clean soil
- Grow some of your own food
- If you are buying a farm, test the soil for biosolids residue
- Oppose biosludge distribution in your area
- Educate your city council members about biosolids

Cities are artificial constructs:

- No city can survive on its own. Has outputs that are toxic, waste product.
- Where do cities put it? In rural America. Farmers are getting poisoned so the city can get rid of their waste. Do not accept free fertilizer from the city.

[CWCLabs.com/NaturalNews.com](http://CWCLabs.com/NaturalNews.com)

- Look at heavy metals and analysis of: food, supplements, soil, water, hair, hemp extracts and forensic samples. Mercury content in every piece of hair they have tested in the lab.

Everything you flush down the toilet goes into these biosolids.

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## THE TRUTH ABOUT CANCER

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Cheap solution – heat. With sufficient heat, break down chemicals into simpler compounds, which eliminates the heavy metals.

Q & A:

- Q: What is your feeling about colon hydrotherapy not being discussed?
  - Important. Even if you undergo that and eliminate what's going into your colon, you must change what goes back in.
- Q: What can local vegetable stands do if they used these products?
  - They are polluted for 100 years or more. Many of these chemicals persist in the environment. Must engage in bio rejuvenation which can remove the metals and chemicals. Over many generations, you can return the soil to normal. Problem is our civilization is creating so much toxic burden and we do not know where to put it.
- Q: Dangers of DEET?
  - Because of the Zika virus situation, the media recommends DEET.
  - Documentary – combining deet with pesticides causes a binary chemical weapon. When it goes in your system, it interferes with brain's ability to fire / turn off and turn on neurons. Not connecting neural pathways.
- Q: Does the same problem happen when they use animal waste on the fields?
  - Yes, animals are eating contaminated foods, which is going into their feces, and back onto the farm as well.
- Q: How do you find clean food?
  - You have to do your research. Biosludge always contains one chemical and that is Benadryl. So now testing soil samples for Benadryl which will determine if biosludge product. Must grow our own food.
- Q: Can we find clean dirt?
  - Yes. All around the country that has not been treated with biosludge. When purchasing land, test for Benadryl and other chemicals.
- Q: Is our organic food now being compromised?
  - It is illegal to use biosludge on organic farms. Buy organic. Avoid pesticides.
- Q: Berkey water filter?
  - BPA in plastic is harmful. Mimics hormones. Berkey water system works very well.

## “The Glyphosate Deception: How a devious corporation poisoned the entire world with a deadly molecule hidden in your food”

### Presentation Key Insights:

The number 1 cause of cancer – genetically engineered crops

The Harmonics of Nutrition – What if you could HEAR chemistry?

- Everything physical is made of the elements on the periodic table.
- Matter is ENERGY organized into three-dimensional SPACE through HARMONICS.
- We can translate the harmonics of matter into the human audible range.
  - We can directly experience the chemistry of nutrition
  - Map Hydrogen to 3520 hertz to bring into the range of human hearing
  - Elements are mapped based on the inverse of their masses
  - A larger frequency is a higher mass
- Slide of atomic elements and their frequencies slide – mathematically validates the “sound” frequencies of the elements.

*(Plays the healthy molecules)*

- Organic chemistry: Carbon & Hydrogen – This is the basis of the elements in your super foods.
- The molecules of life  $O^2$ ,  $CO^2$  and  $H^2O$  – The  $H^2O$  on the keyboard sounds like a heartbeat.
- Vitamin C:  $C^6H^8O^6$  – Sounds harmonic
- Magnesium
  - Primary component of sea water
  - A key component in the chlorophyll molecule – needed for plant growth.
  - Necessary for the heart to relax.
  - When played on the keyboard – it becomes relaxing music (like in a spa).
- Calcium and Magnesium – When you take this supplement you are feeding your body these tones. Everything you are consuming (feeding your body) you are feeding these harmonics
- Progesterone –  $C_{21}H_{30}O_2$  – When you rearrange these molecules you get CBD.

*(Starts playing unhealthy molecules)*

- Plays the healthy molecules and then adds in Glyphosate (RoundUp herbicide) – It sounds like scary music ( $C^3H_8NO$ ).
- DDT – when played, sounds not in tune. Sounds like a predator.
- Heavy metals – lead mercury and cadmium sounds like noise and heavy metal.
- Chlorine – highly toxic molecule

Harmonious elements have beats of 8

Atomic elements want to fill their second shell to equal 8:

- Fluorine lacks one to become 8

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- Fluorine, Chlorine, Bromine, Iodine, Astatine, Tennessine – all need 1 Hydrogen atom to become 8. It rips apart good molecules to become 8 – they are aggressive.
  - This is why Fluorine is key element in psych drugs.
- Sodium Fluoride (NaF) – added to water for babies – sounds like an out of tune harmonica
- Calcium Fluoride (CaF) – for your teeth – sounds like horrible noise
- Iodine – Atomic Mass is  $2^{7-1}$ 
  - 127 is a PRIME NUMBER
  - Harmonically in tune with Oxygen16
  - Four octaves below Oxygen
  - Iodine, Hydrogen, and Oxygen go together
  - Fluoride blocks 72 known biochemical pathways of iodine
- Right quantity of the elements creates the harmonics.

Cancer is noise – is a disharmony in the body.

You have to give your body the right elements and right frequencies for the body to heal itself.

Music from the presentation can be found here: [www.naturalnews.com/symphony](http://www.naturalnews.com/symphony)



Mike Adams speaking to a packed house

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## MIKE ADAMS (“THE HEALTH RANGER”)

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Brianna, Mike, and Charlene



Mike answering questions from the attendees (which he did constantly for almost 3 days. Thanks Mike!!)

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**Josh Axe**

## “7 Advanced Strategies for Healing Cancer Naturally”

### Presentation Key Insights:

I want to start with my mom's triumph over cancer:

- She was a gym teacher and swim instructor.
- Diagnosed with cancer at the age of 40.
- Lived the medical model using the medical system.
  - Went to oncologist, had a mastectomy and chemotherapy, and lost her hair.
  - Was cancer-free but was then really sicker than ever.
  - She was on medications and had various physical ailments.
- Years later she was diagnosed with tumors on her lungs.
  - Suffered chronic fatigue, depression, constipation, thyroid problems, and overweight.
  - Decided to be treated naturally and I created a plan for her.
    - I made over her kitchen, taking out the bad food and bringing the healthy food.
    - Physician wanted her to have surgery and radiation, but she said no.
    - After 4 months, the oncologist did a CT scan and the lung tumors had shrunk in half. She was in complete remission nine months later.

Now she is in the best shape of her life. She is cancer-free, thyroid healed, digestion restored, boosted energy, balanced hormones, joy, and at peace.

7-Step plan I gave to my mom:

Step #1 – Remove toxic foods

- GMOs are toxic
- Pork GMOs cause cancer. Pigs store toxins, especially parasites.
  - Avoid pork, then shrimp, and then all conventional meat.
- The average glass of milk has over 21 medications and chemicals in it.
  - 80% of antibiotics are given to livestock.
- Avoid refined sugar.
- Candida and cancer cells thrive in a damp environment. The body can be too dry or too damp, too hot or too cold, too stagnant, or too active. Just as with mold in homes, reduce dampness in body.
  - Dairy is the most dampening food, followed by sugar and then by wheat products.
  - You need a dry body so cancer cells can't thrive.
- Sugar in the whole-food form is okay. Artificial sugars are toxic.
- Hybridized wheat dampens the body and is inflammatory.
  - Don't eat refined grains.
- Hydrogenated oils cause inflammation of the gut lining.
  - Leaky gut occurs when the lining gets holes that are too large. Undigested food leaks through the wall.



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## THE TRUTH ABOUT CANCER

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- Systemic body inflammation leads to autoimmune diseases, if not corrected early on.
- All disease begins in the gut.

### Step #2 – Transform and change diet:

- Chicken broth, bone broth
  - We are getting too much protein from muscle. We need to get protein from marrow and organ meat.
- Vegetables – juicing, cooked, raw
- Budwig protocol – Kefir + flaxseeds
- Salmon – particularly wild caught, sockeye salmon
- Blueberries / raspberries – antioxidants and anticancer properties
- Herbs – cilantro, parsley, turmeric, cinnamon.
  - Herbs are the biggest thing missing in our diets. They are the most powerful cancer fighters in the world hands down.
  - Use herbs and spices generously at every meal.

### Step #3 – Supplements:

- Medicinal mushrooms (reishi, cordyceps, shiitake) can detoxify and modulate the immune system. Mushrooms can cleanse the earth and your body.
- Vitamin D3 – get sun every day and take at least 10,000 IU per day
- Probiotics – You are not what you eat, you are what you digest. Probiotics are the most important supplement.
  - Look for one with resilient strains. Take triple dose of what is on label.
- Green tea extract – There is a new study that shows when combined with hot pepper, the cardiovascular system opens up and allows systemic disbursement. Warming helps to dry the body.
  - There are other warming herbs like ginger. This powerful combination fights cancer.
- Spirulina / chlorella – have protective and detox properties

### Step #4 – Essential oils

- Essential oils are powerful
- Can pass through skin, many can pass through blood-brain barrier
- Frankincense – number 1 for fighting cancer
- Myrrh – Recent study published in *The Oncology Letters Journal* shows that myrrh is more powerful than frankincense in fighting cancer.
  - Suggests using them together
- Lemon – Lemon and other citrus oils come from the peel of citrus. The bitterness helps dry the body so bad microbes can no longer live.
- Thyme – The thymol compound is an antiviral and kills the bad microbes.
- Lavender – Reduces stress and lowers cortisol levels, improves insomnia
  - Your body fights cancer while you sleep

- Ginger – Has anticancer benefits.
  - Can use topically, diffusing, few internally (one drop), take with food.
  - Can find a guide on [www.draxe.com](http://www.draxe.com)

### Step #5 – Cleansing:

- Vegetable juice + bone broth cleanse, milk thistle, bupleurum

### Step #6 – Natural treatments:

- Lymphatic massage with essential oils
- Barefoot walking in sun – You need Vitamin D and there are benefits of planting your feet on the earth.
- More sleep and vacation
- Rebounder – My mom exercised on a mini trampoline which great for lymph drainage
- Deep breathing / yoga

### Step #7 – Spiritual restorations:

- This is the most important step
- Certain emotions cause cancer and disease in certain organs:
  - Fear – reproductive organs, adrenals, kidney
  - Worry – stomach, spleen
  - Grief / depression – colon, lungs
  - Anxiety and nervousness – heart, brain, small intestine
  - Frustration and anger – liver, gallbladder, lymph
  - Unforgiveness – liver

My mom turned to God. This is the best thing you can do to fight cancer. God can heal you. My mom recorded herself saying healing scriptures and would listen to them before and after sleep. It is important to give thanksgiving the first thing each morning.



Josh Axe, Ty, and Jordan Rubin

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**Paul Barattiero**

## “Healing with Hydrogen”

### Presentation Key Insights:

There is so much of life we don't understand, but we have help from the Creator. He wants to love, help, and heal us.

- Twelve years ago, my wife began having thyroid issues and other situations. We had very little information so we relied on God.
- The water helped her and I began to look into it. She is the reason for my work with hydrogen.

### Oxidative stress:

- Oxidative stress is the imbalance between the production of reactive oxygen species (ROS) and the ability to counteract or detoxify the effects. Some causes include ROS free radicals, disturbances in the normal redox state of cells, and oxidative metabolism.
  - Oxidative stress is part of life but must keep it in balance.
- Many diseases are tied to oxidative stress, including cancer. However, ROS can be beneficial unless an imbalance exists.
  - ROS are to help the immune system and kill pathogens. They also may be important in anti-aging.

### Inflammation:

- Inflammation is a biological response to stimuli. You must keep up your immune system so you are not susceptible.
  - In autoimmune diseases such as arthritis, the immune system attacks normal tissues.

### Molecular hydrogen, or the diatomic hydrogen:

- Hydrogen is #1 on periodic table because it is smallest. It is the reference point.
- Hydrogen is a powerful antioxidant with respect to its effects on body. It only reacts with ROS. Be careful when taking it.
- Hydrogen scavenges hydroxyl radical, most cytotoxic.
- Hydrogen creates homeostasis and reduces oxidation.
- Hydrogen regulates over 200 bio molecules.
- Hydrogen stimulates Ghrelin (hunger hormone) secretions. It also stimulates leptin which suppresses hunger.
  - Ghrelin can impact the symptoms of autism, Parkinson's, and Alzheimer's. I have seen a patient with Parkinson's 30 minutes after drinking 3 glasses of water, his tremor stopped.
- Hydrogen has an anti-inflammatory effect.
- Hydrogen reduces depression and anxiety.

Studies showing the therapeutic nature of molecular hydrogen. There are 600 studies showing effects of hydrogen on over 150 disease models and every organ in body.

- The first hydrogen generator was created.
- In 2007, a foundational study showed H<sub>2</sub> acts as therapeutic antioxidant by selectively reducing cytotoxic oxygen radicals. Since then there have been hundreds of studies.

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- In 2015, a study showed hydrogen water inhibited colon cancer. This study was one of few that was paid. The pharmaceutical industry is understanding that hydrogen works.
- T2DM and IGT study – hydrogen water improves lipid and glucose metabolism in type 2 or impaired glucose tolerance patients.
- Hydrogen in elite athletes lessens muscle fatigue and recovery time.
- Hydrogen is beneficial for joint issues – 5 ppm has shown relief for patients with systemic RA and no recurrence once through wash out period.

### Methods of producing:

- H<sub>2</sub> is produced, metabolized, and excreted in the large intestine through diet. We can produce up to 10 liters of hydrogen per day in our gut, depending on the food we eat.
- Bacteria in our gut produce hydrogen from soluble dietary fibers.
- Drinking and breathing hydrogen. Drinking is quicker.
- Electrolysis of water produces hydrogen by separating H<sub>2</sub> and O<sub>2</sub>. Hydrogen will bind with calcium if in the water.
  - I have a patented process that changes the negative and positive electrodes making it impossible for minerals to build up on cathodes and allowing H<sub>2</sub> gas to always dissolve in the water.
    - ECHO NHM 130 H<sub>2</sub> infusion machine produces neutral pH (7) water with 1.3 ppm of molecular hydrogen dissolved in the water. This is 3 times the therapeutic level. You can use the machine with tap water, well water, etc. It doesn't matter the source of water.
    - ECHO 9 H<sub>2</sub> machine makes three types of water: (1) 7 pH with 2 ppm, (2) alkaline enriched (7-11.5 pH), and (3) acid sterilizing water.
    - The machines can be on countertop or attached as a faucet.
    - ECHO H<sub>2</sub> drops are great for travel and to use just before exercise.

### Summary:

- The filtration is robust in these machines. Never drink water if not filtered. If there are too many toxins in water, the body won't hydrate.
- Studies show molecular hydrogen can reduce hydroxyl radicals, oxidative stress, inflammation, muscle fatigue, joint issues, glucose intolerance, LDL levels, and many other pathologies.
- Studies show molecular hydrogen has a tremendous capability in prevention of pathology. The prevention of pathologies is important when considering the cost of care and the quality of life.
- Drinking water with dissolved molecular hydrogen is the most effective method of administration.
- Eat organic natural food to get needed minerals. Let food be your medicine.
- Have loving relationships.
- Accept the fact that your father is God. We are children of a loving Father. No matter abuse suffered, that is still true. God cares for you and misses you if not communicating.

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**Robert Scott Bell**

### “Unlock the Power to Heal: Your Gut Mission”

#### Presentation Key Insights:

Robert Scott Bell Show:

- Weekdays 7-9 PM ET and Sundays 1-3 PM
- The power to heal is yours
- [www.robertscottbell.com](http://www.robertscottbell.com)
- Your gut mission to prevent and reverse cancer!

There are times when the world is aligned against you – you can't heal from cancer, there is only chemo and radiation. Sometimes you have to laugh it off.

What is the most dangerous thing you can have in America?

- Medical insurance!
  - Because it ensures that you will be invaded with every possible treatment available.
  - We do not have a healthcare crisis, we have a disease crisis in America.
  - Medical schools teach patentable medicine.

Rights versus privileges:

- How many rights does the Bill of Rights grant you? Zero. They were only there to limit government. Our rights come from God.
- All rights are derived from property.
- Every right implies a responsibility.
- The only limitation on your rights is the equal rights of others.
- Permission is not required.
- A license is a permission slip to do something that would otherwise be illegal. Healing does not require permission.
- Stop asking for permission when none is needed.

Vaccines:

- “Vaxxed” movie – *From Cover-up to Catastrophe* (about vaccines)
- We are being lied to about HPV creating cervical cancer. Science does not support it. Study by Norma Erikson and Peter H. Duesberg, PhD

Viruses:

- Zika – the virus is a cover story for corporate created toxins. It is a cover story – government says we need to come up with a drug or vaccine to protect you from this. “We are your only hope,” says the CDC.
- Microcephaly and Zika – negative correlation?
  - 854 confirmed cases of microcephaly, and of those, 97 cases show Zika virus
  - Microcephaly can be prevented by selenium
  - In Africa, selenium reversed Ebola

Holistic cancer treatments:

- “A Healthy You” – show on Fox News.

- What are you willing to co-create? When confronted with the impossible, what do you do?
- Do you follow the opportunity or do you say “no” to the gifts that are being given to you every single day?
- When patients say “I can’t...,” it is usually a code word for “I am not worthy.” Eliminate the “I can’t’s” and say, “I can.” Then become open to guidance of the spirit.

### Prescriptions:

- Over 4 billion prescriptions are written each year. This is a nation on drugs.
- \$987 billion by 2020 estimated in expenditures.
- Today, expenditures are at \$374 billion per year, which more than most countries spend on national defense.
- The leading cause of death in America is modern medicine. Vast majority of cancers are brought about by modern medicines.
- Book: Death by Modern Medicine 3<sup>rd</sup> Edition by Dr. Carolyn Dean, MD, ND

### The real medicine:

- Grow a garden – medicine is in your food. Closer you bring it to home, the more medicinal it will be for you.
- What is the Law of the Terrain?
  - The environment determines health or disease, not the pathogen.
  - Germs are not the cause, they are the result of disease.
  - The power to heal is really yours. You are empowered to change that terrain.

### Is your Earth suit (body) damaged? Are they any identifiable causes?

- Vaccines – intestinal destruction
- Antibiotics – the worst thing we are taking because they wipe out good stuff. Antibiotics are actually a form of chemotherapy. They will leave you more vulnerable to overgrowth of harmful bacteria.
- Additives
- Preservatives
- Flavorings
- Pesticides
- Herbicides
- Fungicides
- Mercury
- BPA
- GMO
- Colorings

### Gut inflammation:

- Undigested proteins get in the gut, causing leaky gut.
- Villi are mowed down. Killing everything in there.



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## THE TRUTH ABOUT CANCER

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- Must be repaired. Probiotics added back in does not fix the problem. Healthy terrain must be restored.

Repair mechanisms:

- Colon hydrotherapy is desperately needed. Have you repaired your earth suit? We can't absorb things when there is blockage. Need to put better things in your body.
- Connective tissue integrity – silicon (silica)
- Metabolic integrity – selenium and GTF chromium
  - Whole food form is the difference maker
- Echo water molecular hydrogen is critical

What is the rightful remedy to restore health sovereignty?

- Bio-active silver hydrosol. Safe for children.
- Book: The Body Electric by Dr. Robert O. Becker
- Silver hydrosol – in organic suspension of very pure three-dimensional homo-nuclear or elemental silver.
- Inefficiency of ionic colloidal silver
  - Ionic salt solution (not colloidal suspension) because they have to disassociate from that complex relationship with salt.
  - Biological activity is due to varying rates of dissociation. Caustic combination.
  - 20<sup>th</sup> century abandoned silver and went to antibiotics
- Silvery hydrosol (colloidal suspension) silver content bioactivity is the highest in a hydrosol. Contains the active state of silver and nothing but that. No waste.
- Excretion – the normal physiologic pathway in humans and animals for metabolism and elimination of ingested silver occurs in phase II of liver glutathione conjugation, which leads to normal excretion as solid waste through the colon. Make sure you are getting enough selenium.
- EPA daily reference dose of silver – <https://www.epa.gov/iris>. Search silver.
- Silver does not disrupt the diversity of the microbiome at all. Antibiotic leaves you vulnerable to infection.

Analyzing silver:

- Silver hydrosol is significantly different from colloidal silvers by virtue of nanocluster size and energy resulting in uniform dispersion.
- What can happen if you consume inferior colloidal silver?
  - Argyria is a benign skin condition resulting from the excess ingestion of silver compounds. Rare unless you make your own silver.

Functional nutrition:

- Silver is a normal constituent in the mammalian diet
- As a trace element it is found consistently in food and water including whole grains, edible and medicinal mushrooms, milk (cow, goat, or human)
- Silver is found in spring water, sea water, and even tap water

CBD:

- (cannabidiol) from hemp is neuroprotective, regenerative, thus reduces seizure activity.

- <http://www.pluscbdoil.com/> use code: RSB15 for discount

How does silver work?

- "Resistance is futile – the antibacterial effect of silver nanoparticles is independent of acquisition of resistance by the bacteria against antibiotics," study by M. Singh et al, 2008
- Staph / MRSA – homeopathic hepar sulfur cacarea 15x – Hepar sulfur or Hepar sul
- Anti-fungal – works against yeast
- Anti-viral properties – primary mechanism of action: virostatic
  - Neutralizes the negatively charged zeta-potentials of the glycoproteins within viral envelopes
  - Denaturation of protein capsid structures
  - Permanent binding to DNA and RNA macromolecules preventing host cell injection and replication
- Immune support properties
  - Silver enhances ROS production, facilitating the efficiency of b-lymphocyte activity.
  - Oncolytic properties – silver causes damage to cancer cells.
  - Update of silver nanoparticles occurs mainly through clathrin mediated endocytosis and micropinocytosis.
  - Cancer cells appear to be susceptible to damage with lack of recovery from silver nanoparticle-induced stress.
  - Silver nanoparticles are found to be acting through intracellular calcium transients and chromosomal aberrations, either directly or through activation of catabolic enzymes.
  - The signaling cascade are believed to play key roles in cytoskeleton III.
  - Silver reduces tissue inflammation and accelerates tissue healing.
  - Epithelial tissue regeneration – study – 25 days reversed damage from an injury. Does not scar.
  - Does silver harm healthy mammalian cells? No, they damage epithelial cancer cells.

Gut inflammation – leaky gut. How do we heal it?

- Intestinal protocol – take one to two tablespoons (15 to 30 ml) bio-active silver hydrosol with same amount of pure aloe liquid, 3 times daily for one to two weeks or more if needed.
- Pre / probiotic nightly
- The road to colostomy bags is paved with antibiotics and prednisone.
- The answers are all in nature / creation. This is why aloe works well with silver. We are democratizing healing – you can heal yourself. Origin of the word doctor is "teacher" – doctors are there to help us heal ourselves.

## THE TRUTH ABOUT CANCER

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- Vitamin L – the love, self-love. If you love yourself enough, you will do whatever it takes to support your life. You will accept the gifts with all of the gratitude you have. The love is healing.

Book:

- The Nine Steps to Keep the Doctor Away by Dr. Rashid A. Buttar

Silver uses:

- Nasal
- Optic
- Ocular
- Female health
- Gums
- Liver / colon
- Respiratory
- Food poisoning

Topical uses of silver:

- Wounds
- Burns
- Infections
- Acne
- Fungus
- Rash
- Poison ivy
- Shingles
- Inflammation
- Ulcerations
- Bug bites
- Stings
- Hand sanitization / purification

Sovereign Silver – recommended product



RSB with Andrei Repisevski

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**Stanislaw Burzynski**

### “Cancer Treatment in the Information Age. The Cure is in Sight”

#### Presentation Key Insights:

In the beginning was the Word:

- Word is the information
- Information is primary, the matter is secondary
- To change the way of life is by opening the flow of information

Information Age:

- 1948 – Claude Shannon developed information theory
- 1950s – Vacuum tube computers were constructed
- 1960s – Transistors replaced vacuum tubes
- 1970s – Integrated circuits were introduced
- 1980s – Chips containing tens of millions of transistors were developed

Quantum Computers:

- Permits storage of thousands of times more data than previously

Cancer is the disease of information processing:

- Human genome which consists of three billion components expresses a complete set of instructions for normal and pathological functions of the human body.
- Genetic info is segregated in approximately 23,000 genes.
- Genes are processing info through signaling pathways.
- The system operations like a quantum computer.

For over 160 years, the treatment of cancer is based on microscopic studies by Rudolf Virchow who introduced the principles of microscopic diagrams.

- Fundamental change in the design of treatment plans in oncology is expected in 40 years. Quote by Bernadine Healy, MD, in 2008: “We must treat sick genes which are causing this cancer.”
- “Breaking cancer’s gene code” article in *US News and World Report* (October 23, 2008). We are using these principles today.
- *Journal of The Royal Society of Medicine* – medicine requires revolutionaries. Are you ready to erect the barricades?

Emerging paradigm shift – in cancer treatment:

- Academic science is research based on past scientific achievements.
- Revolutionary science is involved in “paradigm shifts” that open new approaches to science.
- The emerging paradigm shift consists of the treatment of genes which are causing cancer, but not treatment of the name of cancer derived from microscopic diagnosis.

Francis Collins, MD – Director of National institute of Health (2013 article in *The Wall Street Journal*)

- “Our means of defining cancer by what tissue it arose in is going to go by the boards pretty soon. Lung, breast, blood – it almost doesn't matter. What matters are the genes that are mutated.”

One size does not fit all.

Genome and cancer:

- Increased activity of oncogenes and decreased activity of tumor suppressors.
- The reversal of this condition controls cancer.
- Change the flow of information – this is the best way to fight cancer.

Precision cancer treatment:

- The identification of genes involved in cancer in individual patients.
- The treatment with targeted pharmaceuticals that selectively kill cancer cells containing abnormal genes.
- It resembles the treatment of infectious diseases, since it is based on the identification of causative agents.

FDA approved targeted drugs:

- There are currently over 100 targeted therapeutics approved by the FDA and the number of them is growing rapidly.
- They inhibit growth factor signaling, signal transduction pathway intermediates, G1-S phase transition, membrane transport, and induce apoptosis.
- They protect the cells from transportation.

To effectively control cancer:

- requires elimination of malignant stem cells.
- introduce medications that not only affect multiple targets but also multiple pathways.
- some cancers can be effectively treated with antineoplastons.
- the other cancers require antineoplastons and targeted agents.

Antineoplastons:

- I discovered these
- 12 anti-tumor agents
- Chemistry – peptides, amino acid derivatives, carboxylic acids
- Discovery
  - described first in 1968 as peptide fractions in plasma
  - PhD thesis of Stanislaw R. Burzynski, MD
- Synthetic antineoplastons affect approximately 100 genes
  - antineoplaston A10
  - antineoplaston AS2-1
  - phenyl butyrate – Prodrug of AS2-1
- Antineoplastons are natural products. Side effects exist, but are much lower than other medications
- Antineoplastons affect 100 genes involved in cancer
- Antineoplastons are multi-targeted therapies affecting the expression of approximately 100 genes involved in the cell cycle

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Molecular profiling and precision treatment:

- Precision therapy consists of the development of a treatment plan based on:
  - individual clinical data
  - molecular profiling in cancerous tissue
  - blood specimens
  - correlation with weekly updated database of clinical trials

Preparation of treatment plans:

- Intravenous ANP can be used in this treatment plan in clinical trials and under the right to try state laws.

\*Colon cancer is second most common cancer in the world.

Phenylbutyrate (PB)

- Precision treatment at Burzynski Clinic
  - Treatment of patients diagnosed with over 50 different types of malignancies including cancers of lung, breast, prostate, head and neck, ovary, liver, kidney, brain tumor, malignant melanoma, Non-Hodgkin's Lymphoma
  - Results in a group of over 2,000 available patients with difficult to control cancers – objective response 50%, stable disease 33%
- Case Studies of Precision treatment at the Burzynski Clinic
  - Patient 1 – 48 y/o female diagnosed with breast cancer. March 2005. Hopeless. Cancer disappeared after treatment
  - Patient 2 – Before treatment CT scan – tumors involved 70%. After treatment CT scan – cancers disappeared
  - Patient 3 – 58 y/o adenocarcinoma of the cecum and ascending colon. Stage 4 disease. Decided against standard treatment. Burzynski Clinic treated. Cancer disappeared. 8 years later doing fine.
  - Patient 4 – 36 y/o male 3-month life expectancy. Diagnosed with hepatocellular carcinoma HCC. Underwent chemoembolization with cisplatin, Adriamycin, mitomycin, treatment with TACE, and radiofrequency ablation. 7 months of treatment at Burzynski clinic, cancer was gone.
  - Patient 5 – 42 y/o male stomach cancer. Admitted to the Burzynski Clinic. 2.5 months of treatment cancer gone.
  - Patient 6 – 53 y/o diagnosed with malignant brain tumor. Treated at Burzynski Clinic with PB and combination with targeted therapy. MRI of the head after 6 weeks of treatment showed resolution of the right parietal enhancing tumor. He was tumor free for 3 years.

Precision Cancer Treatment Process at the Burzynski Clinic:

- Consultation – identification of oncogenes
- Treatment – begins within a few days due to life expectancy
- Back to Life – re-evaluate in 4 weeks, maintenance treatments, and try to prevent cancer from returning

Conclusions:

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## STANISLAW BURZYNSKI

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- Revolutionary science is involved in paradigm shifts that open new approaches to science.
- Advanced cancers can be treated by a combination of ANP, PB, and targeted agents.



Charlene and Ty with Barbara and Stan



Dr. Stan having fun with the attendees



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**Rashid Buttar**

## “The 7 Toxicities, 3 Foundations of Health and the Single Most Important Thing in Life”

### Presentation Key Insights:

Once you are empowered with knowledge, you can no longer be a victim.

Perceptions:

- Perceptions are very important. But what you sometimes see is not necessarily what you think you are seeing. Sometimes it takes a different perspective to see things clearly. Example is vaccines.
- One single most important thing in life is belief: not money, or power, or influence, or reach, or product, or a service, or education, intelligence, ability, or talent.

What is the most important thing needed to achieve anything?

- It is not taking action (though taking action is important), or visualization, or choice.
- It precedes anything and everything... it is belief
- Example: An atom is comprised of an electron, proton, and neutron. When atom loses its negative charge, it becomes a free radical. It is an oxidant. Rusting process is oxidized stress. This atom, through a simple process called fission, has the power to create atomic bomb type destruction. The atomic bomb was comprised of one atom. If the power is harnessed in the right manner, there are amazing things you can do.
  - Our bodies are designed to heal. But we create a problem when we take medications.

Belief:

- Whatever you believe is possible or not possible – you are correct.
- The most important thing in life is BELIEF!! Belief makes the most difference.
- When diagnosed with cancer and you believe you are going to die, then that is what makes the difference.
  - Case study – 2 patients. Both were told they would die. Autopsy showed one patient did not have cancer. But since he believed that he was going to die, he died.
- Whether you think you can do something or you cannot do something, you are correct. If it enters your brain, it is possible.
- *(showed video of case studies)*

Human body:

- The human body is not being studied in medical school. They are only teaching medicine.
- The problems and the solutions of the body can be found within the body.
- Empower individuals with knowledge. Cancer does not have to be death sentence. It can be the beginning of a journey to a better life.
- Take your health in your own hands. We have to recognize that we are ultimately responsible for everything we do.

[www.MedicalRewind.com](http://www.MedicalRewind.com) for more videos online

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## THE TRUTH ABOUT CANCER

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The 3 foundations of all healing: The Creator is the only healer.

- Foundation 1: Systemic detoxification – if you can effectively detox the body, by definition, chronic disease cannot exist. Must address the 7 toxicities effectively in order to see whole system.
- Foundation 2: Immune modulation – not with drugs
- Foundation 3: Physiological optimization – most effective way of optimizing your physiology – is exercise. Exercise is the cheapest and most effective thing you can do to live a long time.

Cancer volcano – why are we treating cancer patients with the thing that causes cancer? –

Radiation

- Oxidative stress
- DNA repair enzyme
- Gene mutation
- Change in cell cycle
- Cell mitosis
- Production of oncoproteins
- Low level of water-soluble antioxidants
- Low level of fat-soluble antioxidants
- Low natural killer cell function

Current Philosophy in medicine – doctors are not looking at what they should be looking at.

Common characteristics of cancer:

- Uncontrolled Cellular Proliferation
- Suppression of Apoptosis
- Anaerobic Metabolism
- Results from Specific Environment State
- Opportunistic Process
- Inflammatory Process
- Associated with Hyperinsulinemic states during early stages of Cancer
- Associated with high levels of IGF-1
- Obligate Sugar Feeder

The 5 step advanced approach to treating cancer effectively:

- Clean body
  - Systemic detoxification – reconfigure the physiological environment because time is an issue
- Optimize
  - Make the system inhospitable to cancer, systemic pH (alkalize your system by eating stuff that is less acidic), oxygen, nutrition, etc.
- Repair
  - Rebuild and re-stimulate the immune system. People aren't really looking at the immune system when looking at cancer.

- Immune modulating peptide analogs such as ACIS 5-22, ACIS 4-32, etc.
- Identify
  - Target the acquisition of the cancer
  - AARSOTA – autogenous antigen receptor specific oncogenic target acquisition
- Maintain
  - Maintain changes achieved with the first 4 steps

7 Toxicities – Role in chronic disease

- Heavy metals
  - Heavy metal toxicity
  - LD 1 of mercury – enough mercury sufficient to kill 1 out of 100 people exposed to mercury
- Persistent organic pollutants
  - On first day of life, newborns had 287 chemicals present in blood at time of birth
- Opportunistics
  - Bacteria, viruses, yeast, mycoplasma, parasites, etc.
- Energetics
  - Electromagnetic radiation, microwave, cell phones. #1 toxicity is microwave
- Social emotional psychological trauma that people are dealing with
  - Most important
- Foods
  - What we do to food
- Spiritual toxicity
  - More people have died in the name of God than all diseases combined
  - Coercion, forceful religion

Conclusion:

- The ignored premise – what would it be worth to... (fill in the blank)

Book: The 9 Steps to Keep Your Doctor Away by Dr. Rashid Buttar.



Dr. Buttar with Sal Bharwani and special guest Jeff Lioon

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**Bill Cham**

## “Plant derived glycoalkaloids in cancer treatment; from the lab to the clinic”

### Presentation Key Insights:

Humans are now living longer than before. The aging of the population will result in rising incidents of cancer.

We are facing an uphill battle against cancer and we are losing.

We have been able to identify glycoalkaloids and separate them from the plant extracts which we named BEC.

- Separated Solasonine and Solasodine

BEC cured virtually 100% of mice from their terminal cancers.

If you look at human cancer cells we looked at melanoma, colon, bladder, breast:

- It did not affect the normal cells, but killed the cancer cells.

We looked at our drug compared to conventional chemo therapies:

- Chemo is initially effective, but not over a longer period because cancer cells want to live.
- BEC components were effective with high safety margins against cancer cells and also multidrug resistant cancer cells.
- We found that the cancer cells cannot become immune to our treatment.
- Our group and other groups have found this effective to all cancers.

Anti-cancer effects of BEC:

- BEC is much more effective than Taxol, Vinblastine, Camptothecin, Cisplatin, Doxorubicine, Methotrexate, 5-Fluorouracil, Epirubicin, Cyclophosphamide, and Gemcitabine in killing cancer cells.
- BEC specifically kills cancer cells only whether they are dividing or resting. Conventional cytotoxic chemo affects fast growing cells whether these cells are cancerous or normal.
- BEC acutely kills cancer cells, and it expresses lasting immunological effects of treating cancer.
  - Animals that were treated with BEC were able to fight off the cancer the next time they were infected with cancer.

Intralesion injections of BEC:

- Direct intralesion injections of BEC into accessible large tumors in animals are very effective. Just 2 injections over 2 weeks.
  - A melanoma on the chest of a horse before BEC injection and after therapy there was no trace of cancer.
    - After treatment the skin was normal. There was no indication of cancer.

Systemic cancers – IV Administration:

- Patients treated were in very late stage disease and were non-responsive to other antineoplastic therapies:
  - Glioblastoma Multiform

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- Colon Cancer
  - Bladder Cancer
  - Liver Cancer
  - Metastasized melanoma to the lungs
  - Rectal Cancer
  - Other respiratory cancers
- Observed overall benefits showed a reduction in appetite, decrease in pain, decrease in edema, etc.
    - Tumor size reduction
    - Tumor marker reduction
    - Improved appetite
    - Reduction in tumor growth rates
    - Improved quality of life
    - Extended expected life span
    - Reduced use of analgesia
    - Reduction of edema
    - Pain reduction

\*Results are very encouraging, but must be treated with caution. Studies were uncontrolled and patients were often on more than one therapy. There were no serious adverse reactions attributable to Solasodine rhamnosides treatment.

Systemic cancers – Oral Therapy:

- Secondary endometrial cancer to the lung
  - Tumors disappeared (multiple nodules present before treatment)
- Pancreatic cancer
  - Long term remission
- Metastatic melanoma to lungs
  - Total remission

Toxicology:

- 4 toxicology studies – there were no mutagenic effects caused by our drugs, no carcinogenetic effects, no teratogenetic and no reproductive effects.

Pharmacokinetics – what does the body do with the drug? – the half-life of the drug is about 8 hours.

BEC has 2 main features:

- Tumor cells but not normal cells specifically bind with the BEC.
- Must have both the solasodine and solamargine for it to work. Either one by itself will not be effective.

BEC causes apoptosis in cancer cells but not in normal cells.

- Many recent independent studies have confirmed the apoptosis observations found in the 1990s.

Skin Cancers:

- Phase II clinical trials determine whether the drug can have any efficacy – 129 patients.
  - Biopsies were taken before and after treatment with BEC.
- BEC in cream formulations were very effective in treating:
  - Keratoses
  - Keratoacanthomas
  - Basal Cell Carcinoma
  - Squamous Cell Carcinoma

Phase II clinical trials conclusions:

- Very low BEC concentrations (50mg kg<sup>-1</sup> cream, Curaderm<sup>BEC5</sup>)
- Efficacious for premalignant and malignant non melanoma skin cancers
- Skin cancer cell death by apoptosis with Curaderm<sup>BEC5</sup> was similar to those obtained by malignant cell culture and terminal cancer with whole animal studies
- BEC in Curaderm<sup>BEC5</sup> kills cancer cells in their “resting” non-proliferation stages as well as their “dividing” proliferative stages
- Other antineoplastic drugs kill cancer and normal cells only while they are dividing
- Concentration of BEC effective in killing the skin cancer cells were in the same concentration range in cell culture and animal studies
- BEC selectively destroyed the skin cancers without affecting the normal skin cells. Normal cells replace the destroyed skin cancer cells during Curaderm<sup>BEC5</sup> treatment

Twice daily application of Curaderm<sup>BEC5</sup> to Basal Cell Carcinoma skin lesions under occlusive dressing resulted in:

- 78% success rate for 8 weeks treatment
- Over 90% success rate for 12 weeks treatment
  - Success was defined as zero presence of skin cancers after histological examination of samples extracted from the lesion site by punch biopsy. Treated patients were followed-up for over 5 and 10 years post treatment with no recurrences.

Largest side effect – is a burning sensation for a few minutes after application.

Conclusion:

- Curaderm<sup>BEC5</sup> is the end result of extensive research, pre-clinical and clinical studies.
- No experimental shortcuts were taken. The development of Curaderm<sup>BEC5</sup> followed the necessary essential stringent pathways, time requirements, and investments for any new drug, natural or synthetic, can be marketed.
- An ideal skin cancer therapy when applied topically selectively destroys cancer cells without damaging surrounding healthy skin cells. This has long eluded cancer therapy.



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Other anticancer drugs available are neither selective nor penetrative. Curaderm<sup>BEC5</sup> eliminates skin cancer without harming normal cells.

- Health professionals should supervise the treatment but the treatment protocol does not require physician or hospital attendance.
- BEC offers gains in specificity, efficacy, safety, tolerability, non-resistance, and convenience in the treatment of patients with cancer.
- Terminal internal cancers are now the targets for treatment with solasodine rhamnosides.

Book: Inspired by Nature Proven by Science: The new generation cancer treatment that causes cancer cells to commit suicide by Bill E. Cham, PhD



Bill Cham with Tania Chase and Kai Cham



Tabitha and Charity with Ariana Bell

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**R. Ernest Cohn**

### “Directed Immune System Natural Therapies and Diagnostic Testing”

#### Presentation Key Insights:

In Europe and Asia there are therapies that have been shown to activate natural killer cell activity. This lecture will review these models and demonstrate case studies from actual patients showing how it can effect cancer and chronic viral conditions.

Used a number of therapies on my patients. Vitamin C treatments, Infrared, etc.

- Integrated approach to cancer therapy

High levels of vitamin C:

- Produces pro-oxidant effects and damages fast growing cells.
- Low doses protect the cell.

Hyperbaric Oxygen Therapies:

- Oxygen is considered good for the human body. Healing of tissue is commonly accelerated when oxygen is applied.
- The proper application is important since angiogenesis increases blood supply and thereby nutrient supply, including oxygen.

Ozone Therapies:

- The production of an extra oxygen molecule is known as ozone.
- Normally the free radical of ozone would be considered dangerous to cells.
- It is believed that since cancer cells are very fast growing, immature, and poorly differentiated they can more easily be altered by free radicals – including Ozone.
- Ozone dissipates quickly and in small amount does not damage normal cells like chemo does.
- Chemo does not shrink the cells. It destroys the healthy cells.

Dr. Max Gerson, MD, formulated a protocol that was based on detox, diet, and supplementation:

- His treatment included the use of coffee colonics that were done multiple times daily.
- Protocol was so effective it was attacked by the conventional medical establishment.
- It was scrutinized and approved by the FDA as a legit alternative cancer therapy.
- Basic concepts are still sound. But now we know why they work.

There are 2 aspects of cancer – the tumor mass and the re-cancer.

### Amygdalin and Laetrile Therapy:

- 1970s research at a major medical university showed that B17 could kill cancer cells.
- Because you cannot patent a natural substance, it was not produced.
- The effects of this vitamin condemned because of small amount of one constituent – cyanide.
- Cyanide in small amounts has been proven to kill cancer cells.

### Low Infrared Therapies:

- Heat can come from many sources.
- Causes a fever like response to produce white blood cells.
- Moist heat is relaxing to the tissues and can be superficial or deep.
- Dry heat cause hyperemia. It also may burn.
- Low infrared has the effect of limiting the amount of heat it produces and produces it primarily in the subcutaneous but not deep layers of tissue.
- As with a rise in the body's temperature the slight elevation of temperature at and below the skin causes an immune response.
- The immune response is to increase WBC and particularly NK cells

### Acupuncture and Chinese Medicine:

- It is not specifically used as a stand-alone cure or treatment for cancer.
- It is a very effective adjunct treatment.
- Has excellent effects on pain and can reduce the need for toxic narcotics.
- It has excellent effect to stimulate satiation and reduce nausea.
- People don't die from cancer; they die from starvation. They give up and stop eating.

### Herbal Therapies:

- There is extensive evidence that many herbs and natural substances produce anti-cancer effects.
- Most all herbal and natural substances are considered GRAS. The few that are potentially toxic, when used in appropriate dosages, are safe and non-toxic.
- They have been shown to produce anti-angiogenic effects
- Produce anti-coagulate effects
- Anti-inflammatory effects
- Produce tumoricidal effects

### Other Forms of Integrative Cancer Therapies:

## THE TRUTH ABOUT CANCER

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- Lymphatic massage
- Low does naltrexone
- Homeopathic formulations
- Viral and immune system stimulation
- Mushroom therapies
- Insulin Potentiation
- And many more

What do we know about cancer growth patterns?

- Tumors require an adequate blood supply to be nourished and to grow (Angiogenesis).
- Interfering with the blood supply (Anti-Angiogenesis) stops tumor growth.
- There are a number of natural agents that have been shown to limit the growth of angiogenesis.
  - These include Turmeric (Curcumin), Grapeseed Extract, Modified Citrus Pectin, Reishi Mushroom, Resveratrol, Zinc and Vitamin D Binding Proteins... and more.

What are Macrophages?

- Macrophages are a large form of white blood cell.
- They function and engulf and destroy pathological organisms.
- They exist in smaller numbers than other fighting cells.
- They have tentacle like extensions called pseudopods.
- They produce enzymes that punch microscopic holes into the cell walls.
- This is free radical damage associated with cell destruction that can damage things like cancer and viruses.
  - As a result the cellular and nuclear materials spill out
  - The body then reabsorbs the material naturally

Vitamin D Binding Protein:

- Macrophage Activating Factor (VDB maf)
- In other words the Vitamin D receptor exists but when the terminal sugars are cleaved they form activated substances that TURNS ON the Vitamin D receptor.
- The effect is it will increase the activity of the Macrophages.
- These are known as natural killers cells or NK Cells.
- Once the Vitamin D receptor is activated, the Japanese and European research shows the effects that it increases macrophage activity and this kills the cancer. (Only works on existing tumor mass).

- Sometimes surgery is necessary to get the mass out. Sometimes have to integrate conventional medicine with holistic therapies.

The Hero of the Amazing Immune System: The Macrophage

- NAGALASE – an enzyme that blocks GcMAF.
- The higher levels of NAGALASE the more aggressive the disease.
- When macrophages are activated they release Nitric Oxide.

How do we stop the development of new cancer?

- We know that certain agents cause the production of cancer:
  - Lead, Mercury, Cadmium, and many other metals are carcinogenic.
  - Plastics, Pesticides, Environment Pollutants, and Hormones can be carcinogenic as well.

So what about these things cause cancer to start?

- At the cellular level we know these agents stimulate something called Nuclear Factor Kappa Beta (NF-kB)
- This is known to transcribe our nuclear genetic material producing altered cells which then reproduce.

What can be done to control new growth?

- Certain Chemotherapies act by interfering with the transcription of NFkB:
  - Large toxic side effects
  - Insulin Potentiation therapies using LOW DOSE chemo might be an option if using these agents
- Natural alternatives exist without the side effects though and are effective:
  - These include: Oregano, Coffee, Thyme, Clove, Walnut, Curcumin, EGCG, Non-GMO Soy, White Willow Bark, Zinc, Vitamin C, Vitamin E, Lycopene, Garlic, Reishi Mushroom, Indoles and others.
    - Coffee does NOT work taken orally.

How do we effectively manage these patients?

- Every patient seen first needs evaluation to determine their status.
- Need to have immune system status evaluation testing done that can demonstrate their present and future status.
- Need to UNDERSTAND the mechanisms of cancer growth and what inhibits it (or make it worsen).

## THE TRUTH ABOUT CANCER

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- Must use extensive detoxification protocols that create conditions not consistent with metastasis and growth.
- The choice of which immune modulating agents must be chosen based upon the extent of growth and degree of metastasis.

What agents stimulate Natural Killer Cells?

- Echinacea and Astragalus
- Colostrum
- Reshi, Mitake, Cordyceps, and other mushrooms
- Garlic
- Vitamin C
- Compounded Beta Glucans
- Low Infrared
- and MOST important is the foods we eat

Other agents that have an effect on cancer:

- Bromelain to control fibrin / inflammation. This decreases angiogenesis.
- Co-Q 10, Curcumin with bioperine, Ellagic Acid, Grapeseed Extract, Modified Citrus Pectin, Resveratrol, EGCG, and many others reduce the angiogenesis.
- Grape Seed Extract, Saw Palmetto, Pygeum, Dim. I3C, Flaxseed, Melatonin, Milk Thistle, Evening Primrose, Pomegranate, Quercetin, Phytoestrogens, Vitex and others modulate hormonal cancers.
- Vitamin D at optimum levels so to improve the activity of VDR receptor activity. Using VDR testing to identify the genetic defects can help.

Holistic Medical Clinic of the Carolinas: (336) 667-6464



Special Guests Leroy and Susan Jackson

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**Cherie Calbom**



### “Revive! Juice Fast; Juice Detox”

#### Presentation Key Insights:

Book: Sugar Knockout by Cherie Calbom (latest book)

Book: The Juice Lady's Living Food Revolution by Cherie Calbom

- Let juice be your medicine and let medicine be your juice.
- Juicing has been a big part of healing cancer for many years.
- Friend case studies
  - Friend Jarrod was diagnosed with melanoma and was given a 5% chance to live.
  - Jarrod started eating raw foods diet and juicing and is alive today.
  - Friend Dave recovered from colon cancer through eating raw foods and juicing.
- Was diagnosed with chronic fatigue and fibromyalgia. Started juicing and detoxing, then got better.

#### Starve cancer cells:

- Angiogenesis – a hallmark of cancer, the body's process of building new blood vessels.
- Studies have found that when blood cells are stimulated, they begin forming new capillaries providing blood supply to the new tumor.
- Plant flavones like apigen and luteolin block blood vessel formation.
- Eat foods such as citrus, celery, peppers, and all plant foods.
- Fisetin found in strawberries and other fruits and vegetables shrink formation of new blood vessels to tumors.

#### Juicing for cancer cure and prevention:

- Juicing is vitally important for anyone with cancer and for cancer prevention.
- Growth hormone IGF 1 promotes tumors. Juicing turns them off.
- Plant based diet – lowers IGF-1
- Milk from rbGH treated cows contains an increased amount of IGF-1 which is one of the highest risk factors associated with breast and prostate cancer.

#### Cancer killing diet – superfoods:

- Cruciferous vegetables
- Ginseng
- Turmeric
- Red grape and berries
- Flaxseeds
- Nutmeg and ginger
- Garlic and onion
- Mushrooms
- Curcumin (turmeric)
  - targets cancer stem cells
  - disrupts cancer cell communication

- triggers cancer cell death

Laughter is the best medicine!

Food synergy:

- Studies find healing synergy in foods, combining a variety of foods
- They are more powerful together

Fresh juice and healing:

- Vitamins
- Minerals
- Enzymes
- Phytonutrients
- Biophotons
  - help cells communicate better
  - feed the mitochondria of our cells which are the energy
  - produce ATP and we get more life
  - biophotons are destroyed when we cook the food

Why is juice so effective?

- Easy to digest because it is broken down
- Helps your body detox due to its antioxidants

Why is it important to cleanse?

- To get rid of what made you sick in the first place

Who needs to detox?

- Every single person
- A study by the Environmental Working Group (EWG) showed that newborns had more than 200 chemicals in their body (each baby)
- 21 newly detected contaminants were identified

Chemicals and cancer – there is a strong link:

- These chemicals overwhelm the body's immune defenses.
- They cause toxic overload in the body in major organs like the liver.

Cellular toxicity:

- Toxins are stored in cells
- Excess acidity – found in meat in its final breakdown
- Cells lose the ability to effectively release toxins
  - They get choked and cells can't let go of toxins or take in the nutrients that they should
  - That's when they become cancer cells

Chlorine in Water:

- US Council of Environmental Quality – Cancer risk is 93% higher among those drinking chlorinated water than those that do not.

Heavy metal toxicity:

- From environment

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## THE TRUTH ABOUT CANCER

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- Silver amalgam fillings – cilantro will diffuse the effects of mercury from the silver fillings
- Drugs
- Vaccines

### Symptoms of toxicity:

- Food cravings, water retention, trouble losing weights, puffy dark circles under the eyes and more

### What can you do?

- Eat your greens
- Remove all food toxins:
  - No more processed foods, packaged foods, or fast foods
  - No toxic “sugar” in pink, yellow, and blue packets
- Remove all home toxins:
  - Chemicals at home
  - Things we put on our skin
- Give your body support:
  - Juice and eat organic foods
  - Juice fasts will help reduce toxins
  - Take 1-3 days and drink just juices and / or green smoothies
  - Give your body a rest from digestion so it can concentrate on cleansing, killing cancer cells, and repair of damaged cells
- Select the proper foods:
  - Choose organic
  - Go to <https://www.ewg.org/foodnews/summary.php> to retrieve the list of the “Dirty Dozen” and the “Clean 15” foods

### Benefits of detoxification:

- Weight loss
- Cellulite reduction
- Increased energy
- Fewer wrinkles and age spots
- Improved immune function, etc.

### Intestinal tract:

- Responsible for digestion and absorption of food
- 90% of our nutrients are absorbed in the small intestine
- Elimination of waste – do a colon cleanse every season to never get sick

### Overweight and malnourished:

- You can be malnourished when eating plenty of food.
- If the intestinal tract is impacted with waste and toxins, you won't absorb nutrients well.
- Toxic chemicals and gases can damage the mucus lining of the intestines.
- Once damaged, it becomes more permeable, often causing leaky gut.

### Get rid of mucoid plaque:

- The combination of partially digested, putrefying matter, and mucous

- Can be hard like tire rubber and collect in the colon

Cleanse colon with:

- Cucumber
- Spinach
- Parsley
- Celery
- Lemon
- Ginger
- Carrot

Toxic colon contributes to:

- Weight gain
- Protruding tummy
- Poor digestion
- Poor elimination (constipation)

Colon cleanse:

- Takes 7 days to cleanse colon
- More in-depth colon cleanse involves:
  - Liver and gallbladder
  - Parasite cleanse
  - Kidney and bladder
  - Lymphatic system
  - Skin and blood
  - Lungs

Symptoms of congested toxic liver include:

- Headache
- Migraine
- Nausea
- Chronic fatigue
- Hypoglycemia
- Allergies
- Insomnia
- Acid reflux
- Sinus problems
- Dizziness
- High cholesterol
- Skin rashes
- Hives
- Waking at 3:00 AM

7-day liver cleanse includes:

- Beet salad

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- Carrot salad
- Green juice
- Milk thistle
- Potassium

Best juices for liver:

- Beet
- Garlic
- Onion

Gallbladder congestion signs:

- Neck and back pain
- Heartburn
- Intolerant to fatty or greasy foods
- Nausea

7-day gallbladder flush includes:

- Hot water
- Lemon juice and cayenne pepper
- Olive oil
- Gallbladder cleansing juice cocktail
- Beet salad
- Cleansing herbs



Ty and Charlene with Cherie Calbom making some JUICE!!

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**Leigh Erin Connealy**

### “Cancer is Merely a Symptom”

#### Presentation Key Insights:

90% of cancer is caused by lifestyle and environment – this means it is preventable.

If you get diagnosed – stay positive.

- Make a decision to live
- Fight and don't stop fighting
- Make the best life possible

Worldwide Burden of Cancer:

- Number of cancer deaths are going up.
- 1 in 37 of children have autism – so problem is not just resulting in cancer. It is causing other disease as well.

The Key to Curing Cancer Successfully:

- Identify ALL of the imbalances
- Recognize the ROOT CAUSES of the disease
- Treat the problem systemically

The cure for cancer is prevention.

- It takes about 10 years for cancer to show up on a scan or ultrasound
- You have to address all the facets of cancer

What causes cancer? (only 5% are genetic)

- Toxins
  - Including toxins in food, water, air, all drugs
    - Drugs interfere with all the mitochondria in your body
- Bugs
  - Bacteria, parasites, fungi, viruses
- Biological factors
  - Everything you eat, hormones, emotions, thyroid, oxygen, free radicals

Obesity and Cancer – US is full of obesity. It is not a vanity issue it is a medical issue.

Cancer and Emotions – What is the story you are telling yourself each and every day? You have to get the mental feelings in check. 90-95% of patients had a trauma 10 years before diagnosis.

Mitochondria – makes your energy

Discipline is the foundation of progress. If you don't take the time, money, and energy on your wellness, you will spend it on your illness.

Cancer prevention is priceless:

- High intake of:
  - Fruits and vegetables
  - Vitamins B, C, E
  - Zinc
  - Selenium
  - Filtered water
- Moderate:

- Exercise
- Sun
- Alcohol
- Low intakes of:
  - Meat
  - Fat
  - Milk
  - Processed foods
  - Salt
- Limited:
  - Stress
  - Self-denial

Conventional treatments:

- Make you feel horrible
  - Chemo, radiation and surgery are an attack on your body and your body will never be the same.

Integrative treatments – There are natural substances that kill the cancer cells in your body.

- No side effects.
- Positive effects: Increase in energy levels, healthy weight loss, improvement in sleep

The CURE for cancer can actually be the CAUSE of cancer!

Chemo:

- You don't know if chemo will work on you or not.
- Chemo messes up the regulation of inflammation in your body
- When you take chemo it makes you develop chemoresistance – very common

Biopsy:

- Spreads the cancer
  - Puncturing the tumor with a needle can cause “seeding” of cancer cells
- Invading the body with a needle

We know cancer cells have more sugar receptors. You cannot feed your cancer. Cancer patients should be on a low sugar and low carb diet.

Treatment Options offered at Cancer Center for Healing:

- Chemo is only used if tumors are everywhere
- IPT (Low Dose Chemo)
- SOT – disrupts the DNA of the cancer cell
- Hyperthermia – disrupts the protein structure and life cycle of cancer cells – completely non-toxic and no side effects
- Hyperbaric Oxygen Therapy – Oxygen is a drug is that FDA regulates!!
- Nanovated Hydrotherapy baths – delivers oxygen through your skin and it is healing



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- Ozone – helps mitochondria
- Targeted nutritional supplements
- PEMF
- HALO Ultima Light Therapy
- Total Body Ozone
- UVLRx
- IV Vitamin C

Good stress is good for immune system and bad stress is bad for your immune system.

- EVOX – emotional acupuncture – pattern shows up on the computer and it will show your emotional conflict. Very inexpensive.

Detox – everyone should detox – easiest way is to drink purified water. If you detox you feel great. You can detox by fasting also (which is free).

How do I know if I have cancer?

- \$1,500 test tells you if you have cancer – no scan necessary
- You have 10 years to prevent cancer
- ONCOblot – been around for a few years. It identifies a protein by ENOX2 protein
- Biolmmune survey – helps determine the current standing of the body in the Cancer Cascade – can tell you at year one whether or not you have cancer
- Cancer Profile test – measures the biochemical changes your body goes through when cancer may be present in the body
- Check HCG level
- Catching the cancer as early as possible is the key to prevention

The fact that cancer can be treated and reversed and that it can be detected early and prevented are the most important messages.

Book: [The Cancer of Revolution](#) by Dr. Leigh Erin Connealy – releases January 2017. Discusses all of this in greater detail.



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**Gaston Cornu-Labat**

### **“Shifting Paradigms in Health Care. Understanding Our Faulty System, Our Roles in It, and What We Can Do Right Now to Change It.”**

#### Presentation Key Insights:

Elements forming the health care system include: diseases, patients, health practitioners, medications, therapeutic interventions, corporations, pharmaceutical and medical industry, treatment facilities, insurance, regulatory agencies.

- All these elements have one common factor – people.

What motivates people to act?

- Interest or curiosity
- Convenience
- Seeking prosperity
- Need for survival
- Sense of self-realization, transcendence
- Self-satisfaction, acceptance or recognition, prestige, sense of superiority

The pharmaceutical industry is a multibillion dollar industry, monopoly, multi-national corporations producing their products to build more wealth and power.

- They are opposed to real prevention, treatment and reversion of diseases, and products providing real solutions.
- The Hippocratic Oath is not being honored. In its place:
  - Presently, death and suffering do not count
  - Control, power, and more money do
  - Profit from the need, desperation, and suffering of people

Industry and mediators (prescribers, dispensers) are commonly motivated by comfort and security, prosperity and convenience, sense of survival, fear, self-realization.

Not all conventional is immoral and useless, motivated and sustained by principles incompatible with medicine's genuine mission of prevention, attention, and true reversion of diseases.

There are many examples of practitioners being attacked and destroyed after bringing forth more effective, cheaper, genuine cures:

- Medical industry and regulating agencies punish and even destroy all those who legitimately confront them and put in evidence of the corruption that commonly plagues them.
- I have personally been attacked as retaliation for being a whistleblower. My employer put me on leave without pay, I was jailed, and I lost my license. I was blacklisted. I lost my house and my family had to move to Argentina. I have lived in my car and in friends' houses.
- Cover up for the medical industry which profits from people's misfortune.
- Law, justice system, and government agencies are not enough to address such pervasive interests and corruption. These tend to be part of the problem.

In retaliation for whistleblowing, the medical industry and regulatory agencies tend to abuse their power and persecute hundreds and thousands of honorable and courageous people in health care. Some examples:

- Ignaz Semmelweis, MD (1818-1865)
  - Suffered retaliation for the introduction of basic hand washing antisepsis which alienated the medical establishment. He died at the age of 42 in mental asylum.
- Rene Quinton (1866-1925)
  - Cured many diseases with sea water.
- William Coley, MD (1862-1936)
  - Pioneered cancer immunotherapy.
- Dinshah Ghardiali (1873-1966)
  - Pioneered vegetarianism and chromotherapy.
- William F. Koch (1885-1967)
  - Used carbonyl compounds in cancer treatment and was denounced as a quack by the AMA.
- Royal Raymond Rife (1888-1971)
  - Described microbes associated with cancer. All records destroyed in mysterious fire and equipment seized by FDA.
- Harry Hoxsey (1901-1974)
  - Guilty of curing cancer with herbs.
- Rene Caisse, RN (1888-1978)
  - Guilty of curing cancer with herbs.
- Wilhelm Reich (1897-1957)
  - Discovered Orgone energy and microbes associated with cancer. Persecuted in Europe and America.
- Max Gerson, MD (1881-1959)
  - Developed the Gerson therapy that cured cancer with diet and detoxification.
- William Kelley, DDS (1925-2005)
  - Developed the Kelley cancer therapy.
- Johanna Budwig, PhD (1908-2003)
  - Developed the Budwig diet.
- Linus Pauling, PhD (1901-1994)
  - Nobel Prize Laureate. Father of Orthomolecular medicine. His studies on Vitamin C sabotaged to show ineffectiveness.
- Virginia Livingston-Wheeler, MD (1906-1990)
  - Advocated microbes as a cause of cancer and the affect of HCG on tumors.
- Emanuel Revici, MD (1896-1997)
  - Developed a metabolic approach to cancer treatment. The state of New York revoked his license for not adhering to conventional oncology practice.

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## THE TRUTH ABOUT CANCER

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- Josef M. Issels, MD (1907-1998)
  - Effective, non-toxic cancer immunotherapy. Persecuted by Germany and the US.
- Andrew C. Ivy, MD (1893-1978)
  - Refused to sell the distribution rights of Krebiozen cancer therapy and underwent character assassination by AMA.
- John A. Richardson, MD (1922-1988)
  - Harassed and persecuted for treating patients with Laetrile (Vitamin B17)

Recommended books:

- Suppressed Medical Science: the Key to Lower Cost and Higher Quality Medical Care by Jack Phillips
- When Healing Becomes a Crime by Kenny Ausubel

Many others who have also faced challenges with the medical establishment:

- Tullio Siminichi, MD
- Ryke Geerd Hamer, MD
- Evangelos Michelakis, MD
- Gaston Naessens, ND
- Rick Simpson
- Francisco Contreras, MD
- Nicholas Gonzalez, MD
- Stanislaw Burzynski MD
- Bill E Cham, PhD
- Jonathan V. Wright, MD
- Andrew Wakefield, MD
- Bradford Weeks, MD
- Geoffrey Ames, MD

It is likely that doctors here at the symposium have had problems. It is impossible to name all. 1/3 of practitioners in Washington have been persecuted.

Fight and have fought for the truth. Have dedicated life seeking cures.

Practical Applications:

- Despite supposed progress, there is an alarming density and quantity of diseases worldwide.
- Conventional medicine and the pharmaceutical industry have a big conflict of interest:
  - Effective cure = no diseases
  - No diseases = no sick people
  - No sick people = end of multibillion dollar industry
  - The medical industry is not doing its job.

True health practitioners that positively contribute are so many...

- Why does conventional medicine continue having such stronghold?
- We are many and more than plenty. Reason, truth, and real need are on our side.

We are still not united. The reasons for a lack of unity:

- The technical reason is easy to address.
- We need a good plan which is possible.

The personal reason maybe more challenging to address. It may be related to people's motivation.

- Maybe we are not united because we are still victims to some of the more undesirable aspects of self-realization, transcendence, self-satisfaction, acceptance or recognition, prestige, sense of superiority.
- Comfort, security, and personal convenience
- If the other shines, I may not shine or shine less.
- Competition destroys the power of team work, possibility of making room for genuine help, solidarity, and support.

The way forward:

- Intelligent and synergistic team work is only way to put evidence and defeat a corrupted system.
- With a daring and intelligent strategy, setting aside our petty self-limitations.
- We will all shine with the brightness of the Powerful Whole.



Dr. Gaston and Ty taking a "selfie" backstage

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**W. Lee Cowden**

## “Overcoming Advanced Cancer”

### Presentation Key Insights:

Evidence based medicine – The problem is that 23% of randomized trials are later proven to be incorrect.

Is allopathic medicine scientific and safe?

- Only 10 to 20% of the procedures performed in a hospital have good science behind them. This was shown in 1978 and again in 1995.
- Research published in 2003 showed medical treatment was the leading cause of death in the US.

Using the standard of care for cancer, 23 Australian oncologists published an analysis in 2004 that the survival rate was almost the same with or without chemotherapy. That is a lot of suffering and expense for little gain.

History of integrative cancer care. Nixon declared war on cancer 30 yrs ago. We are losing war.

Causes of chronic diseases:

- Under oxygenation (shallow breath, fibrin in capillaries, oxygen shunt)
- Acid base imbalance (allergies, stress, eating wrong food, hypoxia)
- Insufficient nutrients (poor intake / absorption and nutrient wasting)
- Inadequate sleep, relaxation, brain games, stretching, exercise
- Disturbed cell membrane, electromagnetic charge
- Radiation pollution, electromagnetic, and geopathic
- Poor messengers (hormones, neurotransmitters, SNIps)
- Injuries / TBI, skull jamming, scars, jewelry
- Emotional traumas and personal or ancestral “sin”
- Toxic load
- Dysbiosis of the gut and chronic infection

Most effective cancer care:

- Emotional conflict resolution – Recall healing + SAF + Evox
  - Don't believe what you hear. If a doctor tells you that you will die in 90 days and you believe it, you will die in 90 days.
- Diet – organic, raw, ripe, sprouted, fermented
  - Find what's right for one's metabolic type, blood type, and allergy status.
  - Book: Foods that Fit a Unique You by W. Lee Cowden, MD and Connie Strasheim
- Proteolytic enzymes between meals to digest fibrin
- Vitamin C to bowel tolerance (if no G6PD deficiency)
- Clean the environment
  - EMF, geopathic, and chemical
  - Book: Create a Toxin-Free Body and Home Starting Today by W. Lee Cowden, MD and Connie Strasheim
- EDS guided vitamins, minerals, homeopathic herbs (Natura 1-9)



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## THE TRUTH ABOUT CANCER

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- Detoxify bowel, liver, gall bladder, kidney, lymph.
  - If you have less than 3 bowel movements per day, you are a greater risk for cancer.
- Oxygen and/or oxidative treatment
- Resolve dental issues
- EMG frequency therapies (Rife-like) + Earthing (bare foot on ground, hug a tree)
- Miscellaneous specialty treatments
  - Genetics, IPT-chemo w/sensitivities)

How to identify causes of diseases in patients = electro dermal screening (EDS)

- EDS advances and mode of action, quantum lie detector
- Quantum physical effect (Q)

Ketogenic diet for cancer – Cancer cells use only sugar but can't use fat for fuel. Healthy cells, other than RBCs, can use fat.

- If you cut off sugar, cancer cells die.
- Choose foods that fit a unique you. You are chemically and genetically an individual.

Health like a bathtub with dirty water faucets, clean water faucets, and drains. Disease is a tub of dirty water.

- Dirty water = hi total load.
- Open the clean faucets and drains.

Create a toxin free body and home:

- How to open detox drains:
  - Herbs to detox bowel, liver, kidney, lymph (Burbur)
  - Plenty of water orally + Homeopathic drops
  - Far-infrared sauna or clay plasters, then shower
  - Fasting, enzymes, clay, fiber + enemas or colonics
  - Liver / gall bladder flush with OPA, olive oil & lemon
  - Olive oil or other healthy oil for swish-and-spit
  - Rebound, dry skin brush, chi-machine for lymph
    - SunPenTown Healthy Swing Lymph Machine \$99
  - Photomagnetic lymphatic drainage
  - Earthing = ground to earth often (build up slowly)
  - Photonic detox (Laser Energetic Detox or LED) Laser energetic detox (LED)

Electrosmog is the effects from cell towers.

- An electric smart meter needs to be 25 ft from your bed. It is like having a cell tower next to your house.
- Microwave absorption in brain from cell phones is greater in children causing necrosis and inflammation. The effects are adaptive and cumulative.
- One patient couple was diagnosed with cancer. They unplugged their TV and 2 alarm clocks and their cancer went away.

Treatment for EMF-related health problems:

- Sleep in sanctuary, sleep inside German canopy or emergency blanket tent

- No metal in bed, including frames
- Ground to earth
- No microwave
- No cordless phone
- Reduce mobile phone use
- No WIFI no RF smart meters
- Use VitaSet generator for Schumann waves

Book: BioEnergetic Tools For Wellness: How to Heal From Fatigue, Pain, Insomnia, Depression & Anxiety by W. Lee Cowden, MD and Connie Strasheim



Dr Cowden "hanging out" with some of the TTAC special guests at the VIP dinner



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**KC & Monica Craichy (with Mike Adams)**

### “Restoring Hope: an intimate conversation on navigating the land mines of life and health”

#### Presentation Key Insights:

Monica was Miss Florida 1985 and Miss Florida USA 1988. After 2 years of marriage, Monica was diagnosed with clinical depression. She had panic attacks and suicidal thoughts. It was an extremely dark time. There were 2 weeks when she could not get out of bed. We had a 1-year-old and we had to hire someone to care for him.

We all have our pain and we all have our dark moments.

We went to a family doctor who put her on Zoloft and Xanax. She thought the drugs were making her crazier.

KC had the presence of mind to question the official advice from their doctor.

A doctor is a tool to help you with healing, but they are not in charge of your health. You are in charge of your health. KC's background is in performance nutrition, so he started looking for a nutritional answer.

KC and Monica worked with clinical nutritionists and tried to blend all kinds of ingredients together. Started shipping Living Fuel from their home, but now they have a warehouse and it ships all over the world.

7 Golden Keys – they are the keys to your situation and ours. Deficiency in one of these areas can cause a problem. Monica was deficient in all of them. The keys are:

- Hydration
- Nutrition
- Exercise
- Stresses
- Sleep
- Environmental hazards
- Meditation and prayer

Book: [The Super Health Diet](#) by KC Craichy

Mike Adams has tested over 1,000 products and Living Fuel had almost 2x the amount of good minerals, and none of the heavy minerals.

Hydration – We are over 70% water. We lose water in many ways (sweating, tears, breath, etc.), but there is only one way to put water back into our bodies. Organic teas also have a benefit for hydration.

Nutrition – KC really thought he would be able to cure Monica through nutrition. She would make progress, but then would go through regression. If you are eating your weight in sugar per year, you need to know there will be a consequence.

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In *Journal of Medicine* in 2001 – Study took 4 groups of mice:

- 1st group fed bad food. 2nd group fed same food but less of it.
  - They lived longer than group 1
- 3rd group fed the same food, but took fish oil.
  - They lived 200 days longer.
- The 4th group cut calories and took fish oil and they lived 400 days longer.

People with higher levels of protein score better on all marks than those with low protein diets.

Exercise – If it were a pill, people would pay a high amount of money for that pill. Exercise cannot be put aside. It needs to be part of your day.

Stress – Competitive stress is good for you. Stress causes emotions that need to be released. Stress is synonymous with change. Train yourself to respond in a positive way.

Sleep – sleep deprivation is a wartime torture. We give up our sleep for so many reasons. When you get up early to exercise, you are depriving yourself. Sleep is needed for body to restore and revive itself. Guard your time to sleep.

- Make your bedroom a sanctuary – get all the junk out so you feel like you can rest there. Make a nighttime ritual.

Environmental hazards – make-up, pesticides, sludge on vegetables. Usually the environmental hazards are things we have chosen to put on or in our bodies.

Meditation and Prayer – Prayer and meditation has been proven to help the sick through their illness. [www.LivingFuel.com](http://www.LivingFuel.com)



Sarah, Josh, Kyle, Monica, KC, Grace, & Austin Craichy with Johnny Aty's

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**Véronique Desaulniers**

### “Diffusing the Cancer Time Bomb with The 7 Essentials System™”

#### Presentation Key Insights:

Breast cancer is not pretty and is not pink.

We have a shared purpose to attend to our own growth and healing, to take the growth and learning back to the world.

There is a cancer epidemic. 14M people are diagnosed with cancer each year. 8M people die per year.

The incidence of cancer has increased by 75%, with 1 in 3 of women and 1 in 2 men destined to get cancer in their life.

In 1983, my dad was diagnosed with cancer. He was told he had 6 weeks to live. There was no hope during that time. He died 6 weeks to the day. I knew something could have been done for my father. I started doing research and find the answer, but it was too late for dad.

I took that fire in my soul and brought it to my practice. I am attracting people from all over world and getting good results. I am only teaching principles; they are doing they work.

In 1993, my mom was diagnosed with breast cancer. She had radiation but not chemotherapy. She followed protocol and has had no problems.

I have had my own personal experience with breast cancer. I thought I was doing everything right. How could I have cancer? What was I missing?

I created a 7 step program for preventing and healing cancer which is simple and not confusing.

- Cancer is just a symptom.
- Cancer cannot grow in a healthy body.
- If you have cancer, something is out of balance.
  - Even the pharmaceutical industry knows this, but aren't teaching it.

American Cancer Society guidelines prevent cancer with better lifestyle habits.

The leading cause of death in the US for children over 1 year old is cancer. Children are being born toxic.

You don't wake up one day and have cancer.

Healthy cells need oxygen, are alkaline, nerve supply, die – apoptosis, communicate, talk to the immune system.

Cancer cells love sugar, are acidic, no nerve supply, never die, does not communicate, puts immune system to sleep

Cancer is a metabolic “dis-ease.”

If immune system can't handle, things get out of balance.

The 7 Essentials:

Essential #1 – Let Food Be Your Medicine:

- Increasing vegetable intake will decrease risk of cancer by 60-70%.
- Women who consumed 27 different fruits and vegetables decrease their risk of breast cancer.
- Jack Lalanne: “If man made it, don't eat it.”
- Cancer loves acidic food; your body loves alkaline food.
- Monitor and measure pH, sugar, and ketones.
- Top tip: avoid sugar. No sugar of any kind.
- GMO and processed foods are bad.
  - More than 60 countries have bans and serious restrictions on GMOs.
- Commercial dairy product hormones increase hormone production in young girls and risks for cancer.
- Do not drink tap water.
- Hydrogenated fats damage cell walls.
- See [ewg.org](http://ewg.org) for information on staying away from the Dirty Dozen (harmful chemicals).
- Throw away your microwave.
- Barbeque at a low temperature. Charred meat is a carcinogen.
- There is no “one size fits all” diet.
- Measure and test.
- 80% raw alkaline is rule of thumb.
- DNA is not your destiny. We now know genes can be turned off and on with food, chemicals, stress, and sleep. You have hope. You can impact your health.
- Curcumin and broccoli can turn on genes.
- Sulforaphane in broccoli sprouts can kill cancer cells.
- What you eat can affect your breast and health.
- Green leafy vegetables
- Healthy raw oils
- Fish oils with ¼ flax seed
- Matcha green tea – 1 cup equals 10 cups of green tea
- Fermented foods
- Garlic – 1 clove per day helps minimize cancer risk
- Green apples and lemons – use whole fruit in juicing
- Blending vs. juicing – both great
- Delectable dishes are healthy. Recipes on my website.



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## THE TRUTH ABOUT CANCER

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### Essential #2 – Reduce Toxic Exposure:

- 95% of cancers are due to diet and accumulation of toxins
- CDC study showed 212 toxic chemicals were found in individuals. Detoxify.
- Environmental toxins – the US imports or produces 42 billion pounds of chemical per day.
- Avoid environment toxins – vinegar is a good herbicide, eat organic.
- Households have over 1000 chemicals on average.
- Cosmetic toxins – the average individual is exposed to 167 chemicals per day through products.
  - Antiperspirants contain aluminum which can mimic estrogens.
- Internal toxins – parasites, viruses, bacteria. There is a relationship to cancer and infections that suppress immune system.
- Liver cleanse
- Lymphatic drainage
- Detoxify your colon
- EMF – “Electromagnetic pollution may be the most significant form of pollution human activity has produced in this century.” – Dr. Andrew Weil.
  - EMF is classified as Class II toxin by WHO, the same classification as DDT and lead. Read the Bioinitiative 2012 Report at [www.bioinitiative.org](http://www.bioinitiative.org).
  - 9<sup>th</sup> graders in Sweden understand EMF after conducting a study. Seeds in rooms with and without WIFI.
  - [www.antennasearch.com](http://www.antennasearch.com) – a website that will tell you the cell towers and antenna located in your area
  - EMF can go through brick walls. What does it do to the body?
  - Cell phones heat up the brain and may destroy the blood brain barrier. Don't carry cell phones on your body. Use patented technology to protect yourself.
  - Weakens the immune system
    - Thyroid, melatonin
    - Affects hormones

### Essential #3 – Balance Your Energy:

- We are only 1 billionth physical matter. The rest is energy.
- Gentle chiropractic is one of best ways to balance energy. It can boost the immune system to the point that people have 300 times greater immune competence. See a chiropractor. It is imperative.
- Stress can imbalance the body which drives cancer. The sympathetic system is the accelerator and the parasympathetic system is the brake.
- Lack of sleep turns on cancer promoting genes and lowers the level of natural killer cells.
  - Turn off electronics and TV at night. They affect melatonin.
  - Sleep in cool environment.
  - Turn off WIFI at night.

- Walking 30 minutes per day decreases your chances of dying from cancer.
- Balance hormones. People on thyroid medications are more likely to have breast cancer.
- An imbalance in the Estrogen Quotient (EQ) ratio increases breast cancer risk. It is best to test saliva as blood tests a point in time.
- Your hormones do not cause cancer. If that were true, every 20-year-old would get cancer. It is what you are using that mimics estrogen that causes cancer.
  - Birth control pills are in the Group 1 category – carcinogenic to humans.
- How well are you metabolizing your hormones? They should pass through if being properly metabolized.
  - Measure methylation for hormones.

### Essential #4 – Heal the Emotional Wounds:

- You have to take time to heal your heart. Look at the cancer personality profile described by Dr. Douglas Brodie.
- There is a psycho-neuro-immunology connection between the mind and the immune system.
- It has been shown through studies that your DNA responds to your thoughts.
- Recommended Book: Molecules of Emotion by Candace B. Pert, PhD
- What you think about, comes about.
- Your beliefs govern your living experience.
- Happiness is not at the finish line. Happiness develops now.
- Make happy your new normal. Discover your greater purpose. Develop your spiritual connection with God. Choose happiness.
- Cancer is a message of love if you allow it to be.

### Essential #5 – Embrace Biological Dentistry:

- There is a chemical and energy connection between your teeth and your organs.
- A root canal is on a dead tooth and affects the associated organ. The tooth is always infected.

### Essential #6 – Repair With Therapeutic Plants:

- Herbal chemotherapy is efficient. It doesn't kill healthy cells; only kills cancer cells.
- You must target the cancer stem cells.

### Essential #7 – Very Early Detection

- Thermography can detect tumors 5 to 8 years before they are visible on a mammogram.
- There are many blood tests that can detect the development of cancer on a cellular level, before they are detected with conventional tests.
- Are you really cancer free? Just because they don't see it, it doesn't mean it isn't there.
  - Monitor RGCC, Greece test., circulating tumor cells, stem cell markers.

## THE TRUTH ABOUT CANCER

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I have a virtual practice serving 21 countries. You can contact one of our coaches on our website for help.

- Book: [Heal Breast Cancer Naturally](#) by Dr. Véronique Desaulniers



ABOVE - Dr V with Brian Chomniak    BELOW – Dr V having a laugh with Lee Murphy, Birgit Cummings, and Dr Jockers.



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**Erin Elizabeth**

### “The Holistic Doctor Deaths in North America and Beyond”

#### Presentation Key Insights:

“Courage is not the absence of fear, it is acting in spite of it.”

How I began this journey:

- June 19, 2015, Dr. Jeff Bradstreet was found dead. Was so angered by mainstream media reporting that he committed suicide. Felt that something needed to be done.
- Was moved to write an article about the truth. Truth about the people that Dr. Bradstreet had helped. Paige Adams worked closely with Dr. Bradstreet. She was a nurse practitioner. She said two days prior to her death that she wanted to speak with me, but we did not get a chance. She was found dead in her home.

Doctors who have died:

- While writing the article about Dr. Jeff Bradstreet, two other doctors were found dead within miles of each other. Bruce Hedenal was one of them. He had just won a gold medal the day he died, and was in perfect health.
- Dr. Mitchell Gaynor, author of Nurture Nature, Nurture Health. His alleged cause of death was suicide. I contacted the founder of the *Russian Times*, but he was found dead in a Washington, DC hotel room immediately after this happened. Small *New York Times* piece about his death indicated suicide. Otherwise there was no media coverage.
- Dr. Nicolas Gonzales died. His funeral was stacked full. Wife Mary Beth and I became friends. Mary Beth did two autopsies. No cause of death was found. He was not alone. He died in her arms. She wants answers.
- Dr. Abdul Kahmir was only 42 years old. Had a massive heart attack but was in perfect health. Was found dead on the side of the road.
- [www.Cleveland.com](http://www.Cleveland.com) one doctor who was running for President under the Libertarian Party was found dead in a motel for no reason.
- Dr. Marshall, 4<sup>th</sup> generation Marine. He did not fall into a river and not make his way out. They are saying now that it was homicide.
- (Showed collage of photos of 60 doctors who have died in the past year.)

We must have the courage to reach out and share about the truth about cancer, to carry on their legacy.

“A lie gets halfway around the world before the truth gets a chance to get its pants on.” – Winston Churchill

Factors that these doctors had in common:

- GcMAF – Several of the doctors who died used GcMAF
  - GcMAF kills cancer cells
- Cannabis oil

Someone wrote a “Hit List” of doctors, which included my name.

Not long before Dr. Bradstreet died, he had contacted Dr. Mercola’s detailed security, feeling as though he needed some help. Said things like, “if I am hit by a bus, how can I carry on my legacy?”

Two paths you can take: one path of fear. The other path is to “Be Brave!”

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## ERIN ELIZABETH

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Each of us has the power. We can reach many people through social media. Get the message out to the people. So many people in this nation are asleep. Spread the truth.

Trailer: "The Power to Cure"

A full length feature film can bring awareness. Some of the family members of the doctors who died are interested in doing a documentary.

"Our lives begin to end the day we become silent about things that matter." – Martin Luther King  
Have the courage and never be silent. Turn up the volume and speak louder. Don't ever let anyone tell you that you are crazy.

Book: In the Limelight by Erin Elizabeth can be found at [www.HealthNutNews.com](http://www.HealthNutNews.com)



ABOVE - Charlene, Erin, and Dr V looking beautiful at the VIP dinner  
BELOW – Erin's lecture on the mysterious deaths of so many natural doctors



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**Howard Fisher**

## “The Science of Wellness: Restoring Your Health”

### Presentation Key Insights:

People do not grow old at same rate.

What state is your factory in?

You do not come with an expiry date.

We are in control of a number of factors that affect us. The limiting factor is energy. ATP is the energy currency of the body – the Krebs cycle.

Man was meant to be vegetarian:

- Our teeth and jaws are different than carnivores.
- We have no claws to take down prey and have short intestines.

Vegetables boost longevity.

Environment vs. genetics:

- Poor genetics only manifest a very small percentage of diseases.
- 90%-95% of all diseases are due to environmental causes.

Hippocrates said “Let food be their medicine and let medicine be their food.” But, the food chain is broken at best and dangerous at worst.

85% of the soil in the USA is depleted of minerals. The US Senate was made aware of this in 1935 and did not respond.

There are nutritional deficiencies in the food chain.

- 210M people in USA are obese, the numbers are actually higher
- 60M have seasonal allergies
- 45M have chronic headaches
- 44M have osteoporosis
- 40M have heart disease
- 40M have arthritis
- 30M have sinus problems
- 50M have hypertension
- 26M have diabetes
- 79M have pre-diabetes
- 20M have asthma
- 15M have BPH
- 12M have cancer
- 12 M have sleep apnea
- 6.1M have Alzheimer's
- 20M have emphysema

People are acquiring infections from being in the hospital

The battle against diseases is falling miserably.

In the words of Dr. Phil, “How's that working for you?”

- 95% EBV are related to cancers.



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## THE TRUTH ABOUT CANCER

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- 17.8% of cancer burden related to infections.
- There are now 129 autoimmune diseases.
- Obesity has risen from 25% in 1950 to 75% in 2015. Obese people are a burden. It is a pandemic across the world.
  - 23% of all cancers are related to obesity.
- 41% of cancers are due to environment.

There is a relationship between diseases and nutrition. Our nutrition is poor.

Examine the problems – the death of the food chain.

- GMO corn causes cancer. America should pay attention.
  - GMO soy shrinks testicles.
- Supplements don't work according to Harvard.
  - Some supplements stay intact and pass through the body.

Whole foods, such as moringa oleifera, help the body fight diseases.

- Amino acids are important for everything needed by body. There are 8 essential amino acids important for diet. Moringa oleifera has all of them.

Antioxidants supply electrons to free radicals thus eliminating the danger from them. All plants have antioxidants; just make sure you are eating live not dead plants.

Zinc affects immune system. A zinc deficiency leads to immune system decline and cancer.

Flavonoids from plants reduce prostate cancer.

Anti-inflammation foods help you recover faster.

Doctors will tell you to stop taking supplements before surgery so you don't bleed. This is not an issue if you are eating nutritional rich plants.

Omega-3 is an anti-inflammatory. Deficiencies cause 96,000 deaths per year.

Two Russian scientists coined the word adaptogen which is a substance that helps the body return to balanced state. They found plants that were adaptogens.

Kwashiorkor affects malnutrition. Malnutrition is still a cause of death in Africa.

Energy comes from mitochondria:

- You have fewer as you get older.
- Mitochondria are major triggers of cell aging so we need to target mitochondria to counteract aging.
- When mitochondria dysfunction, you have decreased energy. If mitochondria are less efficient, then we have more sugar for cancer cells to use.

You can make changes for your health by eliminating potential feeding factors for cancers. It is how you live.

Magnesium deficiency leads to a decreased number of mitochondria per cell count and increase the size of individual mitochondria in liver and kidney cells.

Zinc and iron also plant based.

How do we get there? Cellular access. There is single opening in a cell that allows hydration.

- Aquaporins are the answer to how water crosses biological membranes. They serve as a channel in the transfer of water across the cell membrane.
- This increases nutritional delivery and toxic expulsion.

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## HOWARD FISHER

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- Cellular permeability is affected if cellular functions are not working.
- There is a relationship between this and cancer.

Moringa oleifera exhibits good hepatoprotective and antioxidant potential against DMBA induced hepatocellular damage in mice that might be due to decreased free radical generation.

- Colon cancer can be adversely affected by this plant, if we can deliver to right area.

The five-year survival rate of cancer patients using chemo and radiation is 2.1%. Most documents suggest a much better survival rate however...

Current treatment for osteoporosis is not working. Try plants.

Self-care and self-love are important.

Cancer takes advantage of you. Your body must fight biggest threat first. Cancer is not the biggest threat. Infection is the biggest threat. Silver is known to kill pathogens.



Dr Wolfe, RSB, and Dr Fisher



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**Edward Group III**

### “The Secret to Health”

#### Presentation Key Insights:

Founded the Global Healing Center in 1999, Houston, Texas

Internally detoxifying the body is the first step to achieving health and maximizing vitality.

What if there was one thing that could eliminate and eradicate any cancer from your body?

- There is and every single person was born with it.
- It is the power that we all have to heal ourselves.
- The self-healing mechanism which is more powerful than any leading medicine out there. Not taught in schools, but the power to heal is within us.

My Story:

Driving down the road, I asked God “what should I do?” Hands came up, ball of light appeared.

Voice said, “heal with your hands.” Ball of light was self-healing mechanism and it was being

attacked by all kinds of toxins from the outside. This was when I knew what my mission was going to be.

What have great doctors found in all of their research?

- All doctors are saying the same thing.
- What is the simple approach? How do we address all of these issues and reactivate the body’s self-healing mechanism?

What is the root cause of disease? If we fix 80% of the list below, then no disease can exist within the body:

We all have self-healing mechanism, is it suppressed?

- Toxic air, food, beverages, heavy metals, electromagnetic radiation, drugs
- Physical and emotional stress
- Microbial infestation – parasites
- Negative belief patterns
- Cellular confusion and malfunction
- Toxic water – most important. Every single communication pathway is concerned with water
- Blocked elimination routes
- Lack of cleansing! Earth, ancient history

Education gives you the faith to believe in what you are doing.

What suppresses the body’s self-healing mechanism? We are getting the following amounts of toxins from the list below:

- 200,000 toxins from air, food, water, beverages
- 500,000 toxins from microbes
- 200,000 toxins from physical and emotional stress
- EMF = cell damage
- 200,000 toxins from heavy metals, drugs, and blocked neurological feedback

Total toxins we are getting from all combined sources is 2,100,000.

How the body eliminates toxins:

- Respiration (aerobic activity)

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- Diaphoresis (Sweat)
- Defecation
- Urination – no night urination
- Menses = post-menopausal

When toxins are not eliminated:

- Majority of toxins enter through intestinal tract. So the gut is the first exposure point.

Secret to health and life:

- Properly functioning self-healing mechanism
- The starting point – starts with the intestines and keeping the liver clean

The most overlooked medical epidemic in the world, and what the medical profession hopes you never learn:

- Problems in the gut
- Gut and liver are the most important for the self-healing mechanism to work properly

How most toxins enter the body:

- The gut is the first exposure point
  - The closely guarded secret of big Pharma
  - The appendix
  - Heal the gut, heal the body
- Liver disease rampant – only 40% healthy functioning liver over age 30
- Liver is the main cleansing / detox organ
- In ancient history – they cleansed the liver if emotional problems were present. If the gut and liver are clean and healthy, you will have a minimum of 80% restoration of the self-healing mechanism. Fatty liver is a problem these days.

Water:

- The real secret to health starts with water
- The only thing we are supposed to drink after breastfeeding is water
- Key to live – clean water surrounding the cell
- We are 90% dehydrated
- Surface tension
- Fluoride, chlorine, arsenic
- Pesticides – endocrine disrupters
- RX med residue
- Parasites
- Bacteria
- Heavy metals
- Energy signatures
- Sound is everything. Clean water without toxins looks like beautiful snowflake under microscope. Toxic water does not.
- Electromagnetic radiation – TV, cell phones, electromagnetic waves
  - water is influenced by this

How to eliminate toxins from water:

- Water purification system – shower filter hose, laundry, dishes, etc.
- Drink purified or distilled water with raw organic apple cider vinegar
- Rain water – naturally distilled – after 15 minutes
- 80-100% daily liquid intake

We must cleanse our external and internal environments.

What is wrong with our air:

- Sources of oxygen depleting rapidly
- We are losing oxygen – gaining toxins
- We take 30,000 breaths each day
- Mold and mildew
- Pet dander
- Home / building sickness syndrome
- Smoke
- Ozone and pollution
- Dirty A/C filters
- Chemtrails and radiation

Shocking fact:

- Playing and crawling on typical floor exposes babies – one day of exposure is equivalent to putting 4 cigarettes into an infant's lungs

Facts about toxic air:

- Respiratory disease has moved from 8<sup>th</sup> to 3<sup>rd</sup> cause of death
- 50% of all illness is caused or aggravated by indoor air pollution

How to eliminate toxins in air:

- Keep live plants in house and office
- Take walks in nature
- Change air filters
- Take oxygen supplement
- Use aromatherapy diffusers, crystal salt lamps

Toxins from foods:

- GMO genetically modified foods
- Pesticides / herbicides
- Hormones and antibiotics in meat and dairy
- Soy

Gluten:

- We must eliminate Gluten – toxic, addictive as cocaine
- 80-90% people are gluten / wheat intolerant and don't even know it
- There are over 250 symptoms associated with gluten intolerance, including gastrointestinal distress, celiac, allergies, fatigue, joint pain, etc.

How to eliminate toxins from food:

- Eat fresh raw fruit, vegetables, and raw seeds

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- Limit meat intake
- Avoid gluten, artificial sweeteners

Body toxins from beverages:

- Colas
- Juices
- Energy drinks
- Bottled beverages
- Refined sugar
- High fructose corn syrup
- Artificial sweeteners, etc.

How to eliminate toxins from beverages:

- Reduce toxic beverages
- Drink purified / distilled water
- Drink herbal teas
- Drink hemp milk, almond milk, coconut milk, goat milk
- Drink fresh vegetable juice, fruit juice

Body toxins from microbes / parasites:

- Definition of parasite – any harmful organism that lives off of a host organism. Takes away your nutrition and goes to the bathroom in your system. Causes fluids to be acidic all the time. Brings body's self-healing mechanism down.
- We are 90% infested
- Epidemic last 15 years
- Viruses, bacteria, parasites
- Fungus, yeast, candida
- Mycoplasmas
- BSEs
- Acid waste
- Louis Pasteur – Germ Theory
- 4 of 5 people have parasites in their bodies and don't even know it.
- Tapeworms in sushi and other raw fish attach to the wall of the intestine and can lay up one million eggs a day.

How to eliminate toxins from microbes / parasites:

- Probiotics
- Ph regulation
- Silver

Body toxins from physical / emotional / spiritual stress:

- Fear
- Anger
- Depression
- Anxiety

- Stress
- Jealousy
- Resentment
- Negativity
- Lack of exercise
- Lack of sleep
- Negative emotions cause constipation

Body toxins from electromagnetic and microwave radiation:

- Big screen TVs
- Computers
- Digital clocks
- Power lines
- Smart meters

Body toxins from heavy metals:

- Arsenic, cadmium, lead

How to eliminate toxins from heavy metals:

- Avoid cookware and drinking from aluminum cans
- Avoid vaccination and flu shots
- Drink clean water
- Perform chemical and toxic metal cleansing
- Avoid fish containing mercury
- Near and far infrared therapy
- Cilantro, nettles, humic acid

Body toxins from blocked neurological feedback:

- Spinal malfunction
- Auto accident
- Trauma-surgery
- Obesity
- Chronic tooth infection

How to eliminate toxins from blocked neurological feedback:

- Chiropractic
- Massage, stretching
- Chi-machine
- Inversion table
- Weight loss
- Rebounding
- Yoga-Pilates
- Acupuncture



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## THE TRUTH ABOUT CANCER

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8 steps to reactivate your self-healing mechanism:

- Education first
- Gut and liver cleansing and repair
- Parasite, chemical and toxic metal cleansing
- Changing your environment – avoiding toxins
- Supplementation – organic clean supplements
- External support – chiropractic, massage, emotional
- Healthy eating and drinking
- Opening up elimination routes

Liver Cleansing:

- “Oxypower” product I created that oxidizes and cleanses the bowels
- One liver cleanse only cleanses the liver by 15%. Everyone over the age of 30 has a liver that is functioning under 50%.
- Do multiple liver cleanses. Ancient times, drank olive oil, which sucks toxins out of the liver.

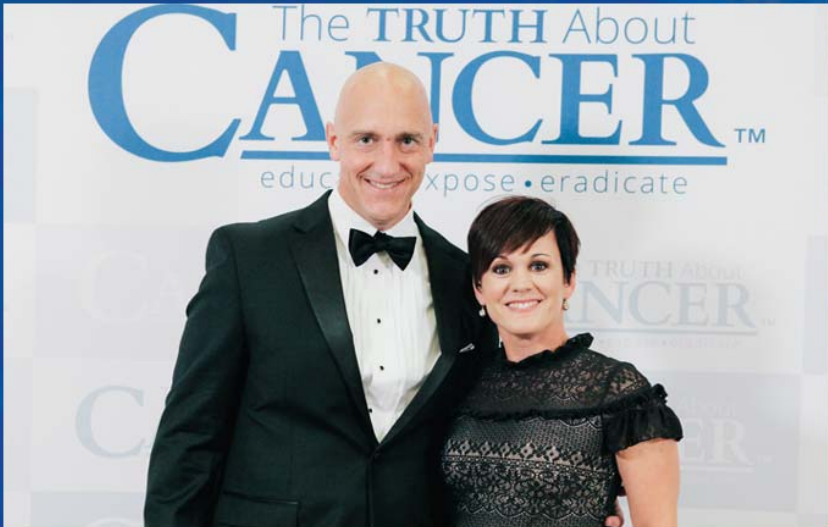
<http://www.globalhealingcenter.com/>



The Groups and the Bollingers – hanging out before the party begins....

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**Terry Harmon**

### “The Autonomic Nervous System’s Role in Cancer”

#### Presentation Key Insights:

What really “causes” cancer?

What really “cures” cancer?

As a child growing up, my mother had cancer and I believed the cure for cancer would be discovered through a pharmaceutical. In 2016, there are still people suffering and dying. D.D. Palmer, the discoverer of chiropractic, said “Disease is a disturbed condition, not a thing or entity.”

Principled chiropractic includes the nervous system, tone / balance, innate intelligence, thoughts, trauma, and toxins.

- When patients get adjusted properly, they live.

Our medical monopoly is an assault on Psalm 139:13-14 – We are fearfully and wonderfully made. Your soul should know very well.

- The greatest doctor in world resides within you. You need to work with that power in your body to heal. Have faith in the doctor inside you, not outside you. That is what Palmer was saying.

The vagus nerve informs the brain about multiple signals and returns the body to homeostasis.

- When vagal nerve activity is high, as indexed by heart rate variability, the stage of cancer no longer predicts tumor burden. If you have an active vagus nerve, cancer stage may no longer be important.

The autonomic nervous system has two branches – sympathetic and parasympathetic systems:

- The sympathetic system deals with stress, creating the fight or flight responses. This is a great response for short periods of time.
- The parasympathetic system repairs and rebuilds. It acts in digestion, secretion of hydrochloric acid, enzymes from the pancreas, and bile salts from the liver.
- The autonomic nervous system controls all endocrine organs that secrete hormones, cardiovascular function, and all digestion.

[The late] Nicolas Gonzalez, MD: “People with a dominant sympathetic system are prone to cancer of breast, lungs, stomach, pancreas, colon, liver, prostate, uterus, and ovaries. People with a dominant parasympathetic system tend to get immunological cancers such as leukemia, lymphoma, myeloma, and sarcoma.”

Endur, et al: Overall mortality is related to autonomic imbalance with sympathetic dominance shortening lifespan and health span, a measure of how long a person will remain healthy.

Understanding Design:

- The brain and immune system are two major adaptive systems of the body.
  - The nerve and immune systems are linked and work together.
  - The central nervous system modulates immune function by signaling target cells of the immune system through autonomic and neuroendocrine pathways.
  - The latest research shows the nervous system regulates biochemical and mechanical properties of tumor cells, immune cells, and the ECM (extracellular matrix).

Assessing nervous system health / state / adaptability:

- The answer is not how you feel.
  - Optimal level of Heart rate variability (HRV)
    - Heart rate variability – Heartmath, Sweetbeatlife App
  - Key desire autonomic nervous system adaptability (allostasis)
  - Get to really know yourself and your choice HRV (autonomic adaptability).  
Check on regular basis.
- Exercise is good for you. The type of exercise depends on you. You have the opportunity to live life with clarity and courage.
- Autonomic imbalance – shortens life and health span
- Stressed – how do you know? Autonomic awareness has been lost for most adults.
  - Test to know where you are at so you can know how you are impacted by life.
  - Healthy longevity depends on preservation of autonomic function; in particular, parasympathetic function which represents a marker of predictive longevity.
- LF (sympathetic) / HF (parasympathetic) Ratio – 0.5 to 2.
  - The goal is balance. Check throughout the day.
  - Discover you; make educated decision based on what is helping your body work the way it should.
- Nervous system function is to perceive environment and coordinate behavior of all cells.
- Quality of healing is directly proportional to the functional capacity of nervous system to send and receive nerve messages.

Self-care – health care – self-care:

- You are fearfully and wonderfully made
- Innate intelligence is greater than educated intelligence
- Interference
- Self-care
- Remove interference from thought life

Keys to taking care of you:

- Mindset / attitude / words – Pray, mediate, journal
- Knowledge – Read books, newsletters
- Soul – mind, will, emotions
- Check HRV daily
- Get your spine checked – Adjusting spine changes way the nervous system works.
  - The hidden key to being healthy is structure.
- Walk barefoot
- Unplug technology
- Sleep
- Exercise
- Nutrition
- Supplements – through good doctors

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- Hobbies, activities, relationships, sports
- Get cold on purpose – cold shower, cold bath, cold swim, cryotherapy
- Parasympathetic reset (Tahiti pose) – insight, Denneroll every day for 2 weeks
- Functional labs – toxicity, hormones / adrenals

Preventing and reversing cancer:

- Understand the autonomic system
- Know yourself



Amazing crowd!



Bryce Bollinger with Andrei Repisevski

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**Sayer Ji**

### “Practical Implications of the Informational Revolution in Medicine”

#### Presentation Key Insights:

The Information Revolution – What It Means for Medicine:

- Science is a religion. The belief that something can only be real if it goes through the proper trials and obtains the necessary approval. Science however, begins with experience.
- There is a revolution occurring using the technology we have available to us.
- The Miracle of the Global Brain (reference to the Internet)
- Information is the Currency of Democracy – attributed to Thomas Jefferson. Founding father’s vision of access to information.

The way that information is available to us today:

- 1983 – the 1200 baud modem was created, 1200 bits per second
- Advanced to the fiber optic – up to 100 billion bits per second
- 2016 – instantaneously receive information

PubMed Mobile:

- Comprises more than 26 million citations for biomedical literature from MEDLINE, life science journals, and online books.
- Citations may include links to full-text content from PubMed and publisher websites.
- The Explosion of CAM Research:
  - Hundreds of thousands of years of research can be found at PubMed.
  - One study represents a year of scientific labor.
  - This is funded through taxpayer money and drug companies trying to develop synthetic compound to treat disease.
  - Companies have poured billions of dollars into inadvertently validating research supporting natural remedies, such as pepper extract or turmeric extract, versus chemotherapy.
  - There is an epidemic of over diagnosis and over treatment.
- Explore, Discover and Share:
  - the motto of PubMed
  - Goal is to take all of this information and help people find the information they need quickly
  - Alternative to pharma funded propaganda

Information Medicine – the Doctor as a Drug:

- The clinical ritual of visiting your doctor.
- We outsource our agency and our healing power.
- We project our own self-healing into someone else or some other thing.
- The relationship between patient and physician is not really what we think it is.
- If you detach yourself from that system and activate your own miraculous self-healing tendencies, healing can occur.

- Study – New England Journal of Medicine:
  - When a doctor reads you your report from your test of cancer: Within one week you have up to 29% increase of death from heart attack than if you hadn't found out – it becomes a death sentence.
  - Informational medicine – the doctor is the drug. The doctor's compartment has direct outcomes to the patient.
- Medical industrial establishment – not telling the truth. Over diagnosis is far more detrimental than the cancer itself.

What is cancer? What is the body? Has cancer been completely misunderstood?

Case Study: The Microbiome as Event Horizon

- Microbiome Information Explosion
  - Microbiome – fungus is essential for our health.
  - Virome – viruses are fundamental for our health. Viruses allow for horizontal gene transfer.
  - Mycome
  - Helminths – little worms that are essential for the health of the microbiome.

Transitioning to the Informational Ontology; Relativization the object of medicine

- The 3 phase perceptual shift (Microbiome vs Human Body)
  - Weight (scale) – 3-4 lbs. versus 150 lb. adult
  - Cell count (microscopy) – 40-100 trillion cells in number
  - By information (DNA microarray chip) – 1,826 protein coding genes in microbiome for every 1 human gene protein coding gene

The amazing way microbes give us super powers:

- Degrade toxicants
- Produce enzymes
- Produce vitamins

Microbiome:

- Japanese Gut Flora Study – environmental genes were transferred to our gut to help us fight disease

21<sup>st</sup> century event horizon – rapidly shifting paradigms

Case Study: Understanding Food as Information

- An explosion of nutritional data. Almost a million citations with the word “nutrients.”
- Nutrigenomics – post genomic era after the completion of the human genome project.
- Vitamins can turn off / silence certain genes. Starting to see more focus on this.
- Nutrition information on products.
- Calorie content fixation is disturbing. Calories are just a measurement of when you burn something, how much heat it gives off. If you look at the complexity of food, there is a huge disconnect.
- Matter / Energy Duality – caloric content and macro / micro nutrients. What is missing is the informational qualities of food.



Complexity = Information:

- Water coats all bio polymers.
- Water contains information that will determine protein folding.
- To get a protein in food to assume its native tertiary folding state is practically infinite. It does choose one state:
  - Level one – primary structure – amino acids fold into more complex protein structures
  - Level two – secondary structure
  - Level three – tertiary structure
  - Level four – quaternary structure

Central Dogma Overturned:

- You start from the gene which is transcribed into RNA which is transcribed into proteins.
- Prions exemplify how information can be transformed through proteins without nucleic acids.
- The info for explaining that life is encoded in the DNA is no longer valid.

Micro RNA

- Exogenous plant MIR168a specifically targets mammalian LDLRAP1: evidence of cross-kingdom regulation by micro RNA

Another study – Cross talk between food and the animals who are eating them:

- Food does actually talk to our genes and orchestrates expression of those genes in a very meaningful way. This is hard science demonstrated on a molecular level.

Cells:

- No Sex Required: body cells transfer genetic info directly into sperm cells.
- Soma cells (body cells) are able to communicate directly and actually alter the expression of those genetic patterns. Implications of this are profound. Means that what happens to us here and now can directly affect the fate of our offspring.

Genetic “Dark Matter” and the Gaia Hypothesis

- RNA are believed to be inter-kingdom regulators.

The Promiscuous and Permeable new biology

Horizontal and bi-directional information transfer:

- nucleic acid based (ERVS)
- non-coding RNAs
- somatic to germline information transfer (exosome)
- prionic

Time-scale collapse: eonic to “real time” info transfer

Waking from the dream:

- What happens NOW is just as important as 3.5 billion years ago.
- What happens now affects each of our destinies.
- How do we decide what we do to ourselves, each other, and our planet?

Food as alive, intelligent, compassionate:

- Whole food vs USP isolate

- Vitamin C activity is not reducible to its chemical structure. Intelligent information is encoded into Vitamin C.
- Whole food is bound to lipids, sugars and proteins, and WATER! All bio molecules have water around them. The role of water in nutrition and healing and medicine will continue to evolve.
- UPS isolates may cause cannibalism of cofactors.

Definitions:

- Information – to shape, give form to, delineate
- Intelligence – choose, pick out, read meaningful information
- Compassion – to suffer with

Closing points:

- Pomegranate: the fruiting ovary of the plant, contains bioidentical estrone, testosterone.
- 70% of the nutrients we need come from plants.
- Turmeric – over 813 diseases can be prevented or treated by Turmeric (curcumin).

Turmeric is associated with the goddess of light. Turmeric does need us and we need it.



Sayer, Ty, and the Health Ranger

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**Tony Jimenez**

## “The Present and Future of Non-Toxic Cancer Reversing Therapies”

### Presentation Key Insights:

The lifestyle choices we make play a great significance in the making and healing of cancer.

Now is the time to create a new paradigm in liberty.

Laughter is the best medicine for mind and body:

- Strengthens immune system
- Releases stress
- Triggers release of endorphins
- Helps our heart move blood throughout the body

Get plenty of sleep:

- The body heals, repair, and regenerates between 10:00 PM and 2:00 AM.

One journey, one movement, one mission – to save lives

- Cancer is the second largest killer
- In Scandinavia, cancer is the number one cause of death.

The toxic journey:

- 1882 – radical mastectomy
- 1903 – skin cancer was treated with radiation in Russia
- 1937 – breast-sparing surgery
- 1941 – hormonal manipulation therapy
- 1949 – chemotherapy (nitrogen mustard a WWII poison)
- 1958 – combination chemotherapy
- 1971 – National Cancer Act
- 1978 – Tamoxifen introduced
- 1985 – Lumpectomy
- 1997 – Monoclonal Antibody
- 2001 – Gleevec
- 2014 – Immunotherapy (Keytruda, Opdivo)

Immunotherapy – is it truly the post-chemo breakthrough?

- Study by Larkin et al – 3 groups showed severe side effects from each medicine used. Survival rates were of no real benefit.

Why has the system failed?

- Focus has been on patentable drugs rather than curing illness
- Cancer is intelligent and resistant
- 2013 University of Iowa study found that cancer cells release a lasso to recruit healthy cells to grow into cancer cells. Exhibiting social behavior, learning and adapting, cancer cells are becoming more aggressive after chemo and radiation.

Ten Hallmarks of Cancer (per D. Hanahan):

- Uncontrolled growth signals
- Bypass body's checks and balances

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## THE TRUTH ABOUT CANCER

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- Immortality: resists cell death
- Indefinite ability to multiply
- Create own feeder blood supply
- Ability to invade and spread
- Ability to cause inflammation
- Evasion of immune system
- Changes metabolic behavior
- Destabilizes genetic core – DNA

### 7 Key Principles of Cancer Therapy at Hope4Cancer Clinics:

- Non-toxic cancer therapies
- Enhance immunity
- Detoxify
- Nutrition
  - Processed sugar feeds cancer
  - Rotate your diet
    - It is now known that every 3-4 months we need to rotate our diets.
    - There is evidence that cancer can adapt to a particular diet.
  - Product called Baseline Nutrition
- Eliminate pathogens
- Oxygenate
  - Breathing is easiest way to oxygenate. Breathe deeply.
  - Eat green foods
  - Move, move, move! A body in motion is a body that can heal.
- Spiritual and emotional health
  - The most important of the 7 Key Principles

### Medicine is an art:

- To physicians in the audience: Trust your inner wisdom.
- We don't practice medicine, we do medicine.
- No two cases are exactly alike. Treatments are inspired from inner wisdom, unexplainable sometimes by science.

### Signature therapies at Hope4Cancer Clinics:

- Sono-photo dynamic therapy
  - Use of sound and light, patient takes a synthesizer, triggers immune system, reduces blood supply to tumor
- Rigvir Virotherapy
  - Hope4Cancer is the only approved certified clinic in this part of the world.
  - A non-pathogenic, non-engineered treatment.
  - Rigvir Virus is found in the healthy gut of children between the ages of 7 and 11. This virus is discussed in the melanoma research manual. 400 to 600 times greater results than conventional treatment for melanoma.

- Rigvir Virotherapy is not an alternative medicine. It is an approved, mainstream medicine.
- Hypothermia therapy
- Immune Power Plus supplement formula
- Product called Baseline Nutrition
  - Easily absorbed combination of best plant based ingredient substances.
  - 118 ingredients in this product.

Cancer is multi factorial disease:

- We cannot treat cancer with one modality.
- Must be multi factor approach, including the 7 key principles.
- Cancer patients have as bad of an immune system as HIV Aids patient.
- Immune Power Plus product was used in South Africa, and actually reversed HIV diagnosis in several individuals.
- Healing is within each of us. We can heal ourselves with the right tools, resources, and the right mindset.

If you or someone you love has cancer:

- Don't accept that you have a life sentence
- Do not panic – get educated
- Cancer is not a death sentence
- Develop a plan and write your own story
- Healing is within you
- Attitude of victory
- Explore where you are today – your emotions, decisions, and thoughts define your destiny

Gift to the audience – free video book

- Text “hopeforcancer” 1-587-317-6099 to receive a link to this free video book

Products:

- Immune Power Plus
- Baseline Nutrition

For info on these products, text the same number (1-587-317-6099) and information will be sent to you.

Hope4Cancer Baja

Hope4Cancer Cancun

Happiness Factors – when you are happy, you have a better chance of healing

Why Hope4Cancer?

- Mission: The light of knowledge cuts through darkness, fear and ignorance.
  - God first, living life, faithful to our tribe, having an environment of hope, love and like being at home, medical freedom, choice, cutting edge science, community, combining of the spirit, the mind, and the body, giving you the very best that we know, this is how you can be healed from any disease.

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## THE TRUTH ABOUT CANCER

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[www.hope4cancer.com](http://www.hope4cancer.com)

Complete the brief questionnaire to schedule an appointment with Admissions Counselor.



Lee Murphy, Dr Tony, and Ty



Dr Tony speaks to a full house!



Dr Tony and his wife, Marcy – having a blast ... as usual!



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**David Jockers**

## “Fasting to Beat Cancer and Metabolic Disease”

### Presentation Key Insights:

#### Fasting to Beat Cancer and Metabolic Disease:

- Fasting is liberation of mind, body, and emotions. Over history wise men, prophets, and other key leaders fasted.
- Metabolic Flexibility – the ability to change our metabolism to meet the demands of our environment.
- Cancer cells run on sugar – they are metabolically inflexible.
- Energy Efficiency – body can repair itself to a much higher level.
- Being overweight is a sign of metabolic inflexibility and energy inefficiency.
- Ketogenic diet – increases your metabolic flexibility and energy efficiency.
  - Mitochondria – nutrients can enhance this function.
  - Hypocrites and Plato both fasted for better mental and physical efficiency.
  - When the body is not cleansed, it causes disease.

#### Benefits of Intermittent Fasting:

- Helps to heal your gut – the rest of your system frees up time and energy – reduces inflammation
- Improves insulin sensitivity
- Increases growth hormone
- Improves hormone sensitivity
- You become a fat burner
- We want clean metabolic fuel

#### Energy Conservation in the Body:

- We need energy for digestion. Especially with the way we are taught to consume food. Fasting Increases Immune Regulation.
- Flushes microbes from the system. When we have too many microbes it causes stress on the system.
- Bowel movement in the morning clears out the microbes.

#### We don't want to “boost” our immune system, we want to strengthen it and balance it:

- Autophagy processes Protects the Body
- Protects the genome
- Reduces viral infections
- Refines the cell lines
- Reduces cancer cell development
- Fasting improves insulin sensitivity

Cancer cells – the faster the cancer grows the more insulin receptors it has.

Food abundance makes us inefficient:

- During times of too much food (esp. carbs) makes cells insulin resistant in an effort to avoid the stress of heavy calorie intake.

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## THE TRUTH ABOUT CANCER

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- When insulin is high, our body stores fat and autophagy (breakdown of old, damaged cells) processes go down. Increases cell division which makes cancer grow faster.

HGH (Human Growth Hormone):

- About tissue repair – you want high HGH.
- Intermittent Fasting and HGH (fasting for 24 hours)
  - Intermittent fasting increases HGH
- When blood sugar stabilized after fasting

5 Types of Fasting:

- Simple fast – 12 hours between last meal and first meal
  - e.g. 8PM to 8AM – gives you 4 hours to do the major part of digestion, and then 8 hours for the liver to do a full cycle of the blood stream.
- Cycle fast – 16 hours between last meal and first meal 3x per week
  - E.g. 8PM to 12PM – 3x/week
  - Move towards a 2-1 cleansing ratio. You will see better and better results.
- Strong Fast – 16-18 daily hours daily
- Warrior Fast – 19-21 hours daily
  - Start with a simple fast. Do not jump into this level.
- 1-Day Fast – Full 24 hour fast each week

Benefits of Fasting:

- You will see tremendous results physically, mentally, emotionally.
- Your body is smart enough to know how much fat it needs to survive.
- In cancer patients – usually told to eat as much as possible and given calorie boosting foods. Doing this feeds the cancer and causes metabolic inflexibility.

Super Hydration During Fasting Period:

- Add more and more water daily to get to a gallon of water.
  - 8-12 ounces of water per hour while fasting.
- Balance salt intake with water intake.
  - Use pink salt
  - ¼ tsp per gallon
- We eat food for adaptation recovery – to produce more enzymes.
- Water and electrolytes will reduce pain in your body.
- Can also use anti-oxidant extracts, herbal teas, or juice green veggies (only lemon & lime for fruit) in place of water.
- Bone broth is another option.
  - Use a thin broth for best IF results.
- Magnesium to the body is like oil to a car. Our body uses it constantly.

Challenges with Fasting:

- Adrenal Fatigue – body crashes because it needs water with minerals.
- Super hydration helps with constipation (which causes toxic buildup and adrenal stress).
  - Magnesium and Vitamin C relieve the constipation.

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## DAVID JOCKERS

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- Probiotics and soil based minerals are necessary during fasting.

### Who Shouldn't Fast?

- Most children and adults will benefit from a Simple Fast (12 Hours).
- Longer fasting periods not recommended for:
  - Pregnant and nursing women
  - Children
- Lot of liquid nutrition such as bone broth and protein shakes for these individuals takes stress off of the digestive system without fasting.



Dr Zielinski, Charlene, Ty, and Dr J



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**Ben Johnson**

## “Targeted Individual Treatment”

### Presentation Key Insights:

Life of a cancer cell

- 1 day, 1 cell
- 90 days, 2 cells
- 7-8 years until can be detected by standard imaging, 4 billion cells
- Too late many times

Lab Testing:

- Cancer antigen testing
- anti-malignant antibody
- ONCOblot (23 cancer types)
- RGCC genetic testing
- piezoelectric color change analysis (patent pending)
- HCG tests on urine

Imaging:

- US – diagnostic and therapeutic uses
- MRI
- CT – lots of radiation in CT, only use on moving objects such as lung or heart
- PET – nuclear, radioactivity less than CT
- Microscopy – looks at dead tissue, blood is live tissue

Physiology: thermography – inflammation, lymphatic congestion, pain

EAV Acupuncture – also known as electrodermal screening (EDS)

Cancer in early forms is reversible.

Treatment options:

- Standard options (SAD = Standard American Doctor)
- Water – hydration, treatment.
  - Humans are typically 66% water. Drink water without fluoride, chlorine, pharmaceutical drugs
- Diet – vegetables, fruits, nuts, wild harvest, free range, non-GMO meat
  - There is not a one size fits all diet. Individualize.
- Eliminate emotional issues
  - Anger and fear affects the pH in urine. You can see a 2 point change after being angry or feeling fear.
  - The flight or flight response shuts down the immune system during survival mode. This response is a great response when survival is threatened, but it is bad if you are living in this mode.
- Eliminate spiritual issues – Especially unforgiveness

## THE TRUTH ABOUT CANCER

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- We are to forgive others as God forgives us. Forgiveness is most important word in language. It would be argued that love is, but they are really like two sides of a coin. Forgiveness for you. Cut the rope and get that energy out of your field.
- Energy Medicine – The Healing Codes, EFT, NLP, Inner Child Healing, Reiki, Homeopathy
- Sound healing – US, crystal bowls, chanting, music at 432 Hz
- Acupuncture
- Hyperthermia – sauna, heat lamps, US, microwaves.
  - Improves response rates when used as a combined therapy in rectal cancer. FDA approved.
- Cancer vaccines – dendritic, ISSELS, BCG (bladder cancer), neoantigen.
  - Vaccines cause cancer. But therapeutic vaccines do exist.
- Chemotherapy high dose – Damages immune system. Does not kill cancer stem cells.
  - You will die if immune system is damaged due to infections.
  - There is no chemotherapy that will kill 100% of cancer cells.
  - A great question to ask your oncologist is how many cells will be killed?
- Low dose chemotherapy (LDC) using insulin potentiated therapy selective for cancer cells.
  - Does not damage immune system, no hair loss, no nausea or vomiting.
  - Receptor insulin reduces sugar so there is nothing for cancer to eat and the chemo goes into cancer cell.
  - The pharmaceutical companies will not approve because it takes 1/20<sup>th</sup> of the dose, requires lots of staff, and lasts for 2 hours. It will never become the standard of care.
- Transition pore inhibitors – The use of inhibitors such as bromopyruvate and Ionidamine to alter the energy of cancer cells.
- Anti-angiogenesis agents – Was the latest and greatest 15 years ago.
- Anti-mitochondrial agents – Damages the energy production of cancer cells (antifungals, antibiotics, transition pore inhibitors, methylglyoxal)
- Rapamycin (antifungal, antibiotic, immune suppressant, anticancer)
- Tetracyclines
- Mitomycin
- Erythromycins
- Chlorophenol
- Glycylcyclines
- Anti-parasitic drugs

- Cell division inhibitors (progesterone, estriol – doesn't cause ovarian cancer, chemo agents)
- Viruses (IMP, Rigvir)
- Monoclonal antibodies
- Genetic modifiers (DNA MTase, supportive oligonucleotide technique SOT)
- Fatty acid synthesis inhibitors
  - Cancer cells love sugar. The inhibitors block pathway (cerulenin, herbals)
- Pancreatic enzymes (Beard, Kelley, Gonzalez) – amylase, protease, trypsin, chymotrypsin
- Cell membrane voltage regulation – poly MVA, Tennant device, Bemer, Cancell / Cantron protocol
- Herbs/Extracts – cannabis, Hoxsey, green tea, turmeric / curcumin, fruit pectin, honokiol, garlic, carrot juice, n-acetyl cysteine, melatonin, resveratrol, and hundreds more.
  - Herbs are critical in healing. Many have cured cancer.
- Anti-inflammatory – turmeric / curcumin, pepper (cayenne & black) ginger, cinnamon, cloves, garlic, and others
- Vitamins – A, B, B17, C
  - Need central line for high doses as Vitamin C as can cook the veins
  - D (number one vitamin to take)
  - K (especially K2)
- Minerals – Iodine should be first on list
  - Selenium, chromium, zinc, manganese, magnesium, sodium bicarbonate (Get thyroid testing)
- Immune stimulus – GcMAF, Interlikin-2
  - GcMAF is dangerous, several doctors have died who promoted its use
- Glycolysis – Embden-Myerhof Pathway
- Oxygen Therapies
- UV Blood Irradiation
- Light Frequency – Dr. Royal Raymond Rife
- Immune Senescence – fasting with quercetin
- Surgery, chemo, radiation (SAD)



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**AJ Lanigan**

## **“The Human Immune System from Infancy to Old Age”**

### Presentation Key Insights:

#### History:

- Immunology is the study of the immune system.
- It is a relatively new science compared to biology.
- Its study began to take traction 50 to 60 years ago. Cellular properties of microorganisms couldn't be identified or measured previously.
  - We didn't know even what a B cell was. (B cells are found in bursa of chicken, so they were named B cells.)
  - The experts of the day were injecting unknown components into people to try to find an immune response.
- The plague of Athens (430 BCE) was the first attempt to define an acquired immune response. The disease was killing soldiers on both sides, so they had to call a time out of the Peloponnesian War.
  - This is the first recorded pandemic in history.
- The first precursor to vaccines was in China, known as variolation:
  - Scabs from small pox were dried and crushed into a powder to be breathed into the nose through a pipe.
  - Lady Montagu wrote on this topic and physicians in West decided to test on prisoners. She had her children variolated while in the East. The royal family then tried it.
- Jenner Cowpox:
  - Jenner tested the inoculation of cowpox into both arms of his gardener's son. The boy did not get sick.
  - There had been other medical folks and farmers that had suspected inoculation might give immunity against cowpox.
- Pasteur's test of spontaneous generation showed that boiled broth when covered had no microorganisms. When uncovered, microbes grew in the broth.

#### Innate and Adapted Immune System:

- There are 1,600 genes involved in the innate and adaptive immune systems. It is a complex system.
- As immunology and genome studies progress, it will be the medicine of future.
- People will laugh at chemotherapy and radiation as we laugh at bloodletting.
- A fully functional immune system is comprised of tonsils and adenoids, thymus, lymph nodes, spleen, Peyer's Patches, appendix, lymphatic vessels, and bone marrow. There is decreased performance when parts are removed.
- Hematopoietic is a condition with not enough WBCs, RBCs, and platelets. The bone marrow will produce them when signaled by growth factors which type of cell is needed.
- Neutrophils have a half-life of 6 to 8 hours.

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## THE TRUTH ABOUT CANCER

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Innate immune cells – neutrophils (50-70% of immune army but don't recognize cancer as something that needs to be eliminated), eosinophils, basophils, monocytes, macrophages, and dendritic cells.

Adaptive immune cells – T and B lymphocytes see something new and prepare you if seen again. The gut is important to the immune system. 20% of lymphocytes live in the gut.

Natural killer cells look at each cell to see if it is okay. The natural killer cell will destroy what appears to be normal cell that may be hiding something like herpes, mononucleosis, roseola, AIDS, sarcoma, or chicken pox.

- If you have had these viruses, they are still there and will come back if your immune system fails you.
- Stress can stimulate failure. Failure of the immune system is not always caused by environmental substances.

Staph, strep, and E.coli all are around us. Their number is more than the number of cells in our body. The immune system protects us from them.

- If the immune system is turned off, the flesh will leave the bones in about 72 hours. If chemotherapy only kills some cancer cells, what kills the rest? The immune system.

Macrophages last days, weeks, long time. They patrol organs and tissues to eliminate infections or destroy and repair damaged tissue.

Dendritic cells – Langerhans cells are part of the dendritic cell family. Dendritic cells have tentacles and help activate the immune system. They are useful in overcoming cancer.

Natural Killer Cells pound into their target, release chemicals, and rupture the lining of the target. They are great for virus, cancer, and pre-cancer cells. The better they work, the better chance you have of not getting cancer.

The humoral immune response involves T and B cells and plasma cells that produce antibodies. Antibodies don't kill stuff. They just light things up for other cells to come kill the stuff.

Gut and GALT – Peyer's Patches are part of this lymphoid system. They trap foreign particles, survey them, and determine their response.

Complement is naturally manufactured by the liver. The complement system has nine components and three different pathways.

- Complement works in tandem with antibodies.
  - If an antibody tags a target, complement sticks to the target so the immune cells, especially those in the innate system, can destroy the target.
- Neutrophils are the most abundant white blood cell, but they can't find or identify cancer cells. The glucan molecule binds to the CR3 receptor making it possible for the neutrophil to identify and attack cancer cells.
- Complement is also important in the healing process. You cannot heal without a proper complement immune response.

Later in life, the immune system winds down. This is when you start getting shingles, cancer.

- Physiological condition
- Pathological condition
- The goal is to have a cancer-free population who never gets the disease.

The immune system of a baby in the womb is slowly developing and relies on mom's immune system to protect it.

## AJ LANIGAN

- The baby will give up its stem cells to protect mom if she gets sick.
- The immune system isn't fully developed at birth. It is suppressed on purpose but inflammation in mom is not wanted. The baby has better chance to live.
- The baby is highly susceptible when born. Responds to proteins, glycoproteins, and then carbohydrates in this order.

Pandemic flu death rates go up and down. The immune response to flu goes up and down with age.

- Babies and elderly are affected the same.

You can win thru numbers. Tweak your immune system to increase the number of your cells.



ABOVE - AJ with his typical smile    BELOW - RSB interviews Jeffrey Jaxen on the Robert Scott Bell Show



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**Thomas Lodi**

## “Cancer is the Response, NOT the Cause”

### Presentation Key Insights:

It is not that your immune system is not working when you have cancer. The cancer cells are fighting to survive.

Faith – is the knowing, it is not a belief. When you know something is going to happen that has not happened yet. It is this level of knowing that needs to be brought to the processes.

There is a physiology of fear that suppresses what you need to be healed.

Food, diet, activity level, sleep, quality of relationships all have been discussed.

- Sleep – sets the entire program of our physiology.
  - When we go to bed early that is when hormones are secreted at the optimal time. Sleep has 90 minute cycles.
  - Non-REM sleep – the body is restoring itself (usually around 2AM). After that it is predominately REM sleep.
  - One of the blessings of going to sleep is we will stop eating!
  - When you are not eating (stop eating 3 hours before bed), your cells are taking out the trash.
  - Most of our behavior and responses are on a train (they are part of our subconscious).
  - Go to bed early and get up early to set your cells on the right train.

Why is humanity still living defying the laws of nature? We have built artificial things called civilization. We are subject to nature. We need to stop fighting it.

- We are perverting our instincts, and it starts when we are children. Get back to nature.

### Cellular Anatomy:

- Membrane
- Plasma or organelle membranes
- Nucleus
- Organelles – products & energy
- Nucleus contains 23 pairs of chromosomes
- Chromosomes 50% DNA 50% “junk DNA” – proteins

### Up and Down Regulation

- Up and Down regulation (glucose, hormones, etc.). It is a reflex.

## THE TRUTH ABOUT CANCER

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- Embryonic differentiation – Selective DNA
- Clones depend on medium
- Cancer is mitochondria dysfunction

Genes – DNA – does not activate itself

- Wraps around histones (proteins)
- Regulatory properties.
- The nucleus is not the brain
- Enucleated cells live for >2 months

Remove receptors on membranes and all activity stops. Cell dies.

The cascade comes from outward not inward. Cancer is consequence of the environment and its' interpretation.

Thomas Seyfried, PhD – Metabolic vs Bad luck

- Cancer is a defect in cellular respiration
- Cybrids
- Mitochondria

Oncogenes – Activation is the consequence

- Cardiolipin = only lipid synthesized almost exclusively in the mitochondria
- Mitochondrial membrane integrity – necessary for oxidative phosphorylation
- Mutagens, carcinogens, radiation, hypoxia, viruses, inflammation – all of them affect mitochondrial function
- P53 gene in some cancers and can't create cancer in mice

Cells either die or activate oncogenes.

Every macronutrient comes from plants.

Therapeutic Implications:

- Remove the fuel and it cannot survive (Ketogenic diet).
- Target the common defects... not all genetic anomalies.

Nutrients:

- 90 essential nutrients
- 60 minerals

- 16 vitamins (plants)
- 12 amino acids (plants)
- 2 essential fatty acids (plants)

### Minerals:

- Are igniters ... Triggers
- Nutrients cannot work without minerals
- Elemental minerals are positive
- Walls of intestine are positively charged
- Elemental vs plant derived
  - Plants are the only way to convert earth minerals
  - Plant makes them negatively charged
- Colloidal mineral source is important
  - Colloids should be plant derived
- Negative charge
- Small.... Colloidal 0.001 micron
- During sleep is when we utilize minerals

### Cancer Therapy:

- Enhance mitochondrial function in normal cells
- Maximum metabolic stress on cancer cells
  - Change biochemistry (ECF)
  - Diet-cleanse-sleep-meditation-relationships
  - Fast & change to high fat diet to maintain glucose ketone index at least 1 or less
  - Fasting reduces systemic inflammation – tumor growth so fasting even while receiving chemo helps
  - Systemic hyperthermia
  - Hyperbaric oxygen EWOT, ozone, pranayama, UBI
  - 2 deoxyglucose, Oxaloacetate, 3 bromopyruvate, DCA and other metabolic therapies
  - Fats to build mitochondrial and plasma membranes
  - READ ... Knowledge ... Faith



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**Charles Majors**

## “Cancer Killers - Getting to the Cause is the Only ‘Cure!’”

### Presentation Key Insights:

When Nixon signed the National Cancer Act (12/23/71) they thought there was a cancer epidemic. The number of cancer cases has multiplied since 1971.

Once you are diagnosed, you really have had cancer for 10 years. It means you have been sick for 10 years.

You can treat the cancer, but you only treat the cancer. You are not treating the disease you had before the cancer.

You have to believe a cure is possible in order to be able to heal yourself.

Your genes do not cause cancer. Dr. Stein found that the environment around the cell is what causes cancer. He took the DNA from a cancer cell and put it in a healthy cell and nothing happened. He also took DNA from a healthy cell and put it in the cancer cell and nothing happened.

The Germ Theory – Why doesn't everyone at a school get sick when 5 kids get sick?

- The ones that don't get sick – they are healthier.
- We cannot assume that one thing causes an illness. It comes down to our environment.

Clean up the environment. Did the cancer make me sick or did my sickness cause my cancer?

The normal healthy cell brings in sugar and oxygen. Energy production in cancer cells is abnormally dependent on aerobic glycolysis. Cancer is a mitochondrial disease.

- Every cancer cell has damaged mitochondria.
- Cancer cells do not need oxygen – only sugar is its fuel.
  - It only needs a little bit of sugar for the cancer to survive and thrive.

Low carb diet and getting more ketones:

- When you take ketones it will kill the cancer because the mitochondria cannot survive.
- Cancer cells produce 2 ATP for every 1 molecule of glucose.
- Normal cells produce 36-38 ATP from 1 molecule of glucose.
- Cancer cells need 19 molecules of glucose to produce the same energy as a normal cell.

Cancer is a Survival Mechanism:

- Your body knows to change its cells to protect us (e.g. callus).
- Damaged cell that is repeatedly damaged is what causes the cancer.
- Cancer is a natural wound healing related process. If the cause of the wound or if the wound persists, the continuous natural process will lead to a clinical cancer mass.  
(\*Source: Cancer Metastasis review)

Blood flow – when you move it around by exercising this causes oxygen to go to the organs. If you don't move, your blood pressure increases to get the oxygen to the organs.

Take responsibility for the things in your life. Change your environment.

- Bad fats surround the cell (e.g. hydrogenated, vegetable, canola) – When it surrounds the cell it cuts off the oxygen, and this causes cancer.
- Common allergens like casein and gluten cause inflammation, ignites cancer.
- Toxicity causes inflammation that ignites cancer.
- Food sensitivities – causes inflammation
- Psychological stress (cortisol) – destroys the gut and causes inflammation

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### 3 Steps to Preventing or Reversing Cancer:

- Stop making cancer by getting to the cause.
- Specifically and safely kill the cancer by determining the cause.
  - Chemo destroys your immune system
  - Starve it
    - Ketogenic Diet
  - High end treatments:
    - Poly MVA
      - Hyperthermia
    - Ozone (IV, Rectal, ears)
    - PEMF
    - IV Vitamin C
    - IV h2o2 (hydrogen peroxide)
    - UV blood cleaning & UV blood laser
    - Proteolytic Enzyme treatment
    - Hyperbaric oxygen chamber w/ ketogenic diet
    - Budwig
    - Rigvir vaccine
- Rebuild and strengthen the immune system
  - Beta Glucans
  - Medicinal mushrooms
  - PNC-27
  - MGN3
  - GcMAF
  - Many more...

### Test don't guess:

- If I have a hormone based cancer – should be running a hormone panel every 30-60 days.
- Immune Cancers – run environmental panel
- Brain – not too many things will pass the brain blood barrier – usually toxins – whatever goes on in the gut affects the brain.
- Pancreas – when the pancreas overworks itself and produces more pancreatic enzymes. Usually the meat and potato eaters get pancreatic cancers. Give the pancreas a rest so it can heal.
- Prostate – inflammation of the hormones – Doctors will say that testosterone gets too high. Lower DHT to decrease risk of prostate cancer.

When doctor says, "There is no cure." It is time for you to go somewhere else.

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**Joseph Mercola**

### “The Ideal Diet for Cancer - Mitochondrial Metabolic Therapy”

#### Presentation Key Insights:

You can take control of your cancer

1,600 people die daily from cancer

Dr. Mercola has spent the past 25 years studying natural medicine

Book:

- Cancer as a Metabolic Disease by Thomas N. Seyfried
  - Cancer is not a medical disease, it is a metabolic disease
  - Sunshine and exercise with nutrition. Sunshine is a very powerful biological circuit.

Book:

- Tripping Over the Truth by Travis Christofferson
- Encourage anyone who has cancer, or knows someone who does, to read this book
- Disease rates:
  - 2/3 people are overweight (what works to treat cancer works to treat obesity)
  - 1/3 are obese
  - 1/3 have heart disease
  - 1/4 adults are on statins
  - 1/3 people have Alzheimer's
  - 1/2 births have autism (our society will collapse if this occurs)

Food for Fuel:

- Fat for Fuel – book by Dr. Mercola publishing soon. Interviews with two dozen leading scientists and researchers in the world.
- Fat versus carb stores:
  - Carb stores 5%
  - Fat stores 95%
- This ratio is reversed. 90% of people are not burning fat as fuel.
- IMPORTANT: Your health and your lifespan will likely be determined by the proportion of fat versus sugar you burn over a lifetime.
  - Powerful motivation to regain ability to burn fat as our primary fuel.
- Atkins diet – Are ketones bad?
  - No. Dietetic ketosis is different than nutritional ketosis. It is really a foundational core, integral to the treatment protocol for any cancer program that you are on.
- How do we obtain dietetic ketosis?
  - Peak fasting – intermittent fasting
    - No food for 3 hours before bedtime
    - Not eating for 13-18 hours
    - Eat only for 6-11 hours
  - This will improve the regeneration, recovery, and repair of mitochondria, which are important for signaling pathways that dictate how healthy you are.

- Book:
  - The Complete Guide to Fasting: Heal Your Body Through Intermittent, Alternate-Day, and Extended Fasting by Jimmy Moore and Dr. Jason Fung (Nephrologist out of Toronto).
  - For the average person, this is a quick start to improving your body's ability to get into nutritional ketosis.
- Ketones:
  - Are not dangerous
  - They are produced in liver, and pass easily
  - They burn far cleaner:
    - It is important to burn fat because carbs are a dirty fuel. They increase free radicals.
    - Reduce free radicals not by taking antioxidants, but by burning fats.
    - Statins:
      - 25% adults take statins
      - Statins reduce production of cholesterol, but stop production of co-Q10 and ketones

How do you determine ketosis?

- Urine strips, blood strips, Ketonix device
- Net carbs:
  - Less than 40 grams
  - No grains
  - No starchy vegetables
  - Very limited fruit
  - Unlimited green vegetables
- mTor:
  - Universal pathway, may be one of the most profound metabolic signaling mechanisms in your entire body
  - How do you optimize this?
    - Avoid high protein:
      - Accelerates aging
      - Increases cancer
      - Reducing protein extends life
- What is the best drug to reduce mTor signaling and beat cancer?
  - AVOID high protein
    - 1 gram per kilogram lean body mass
    - ½ gram per pound lean body mass
    - Most people need 30-70 grams of protein per day
    - This does not mean 30-70 grams of eggs or chicken

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- Big mistake Atkins made was that he didn't understand that quality of food is important.
- How do we figure out what to eat?
  - Go to [www.cronometer.com/mercola](http://www.cronometer.com/mercola) (enroll in a study that will use your data to write publications to help other people)
  - This is an online tool – a nutrient tracker. Most accurate data, free, vital to implement program, best interface. Will take two minutes a day after set up.

### Feast or famine?

- Nutritional Ketosis is not the best diet for everyone.
- Cycling – days when you have more carbs and more protein, depending on daily activity
- If restricting carbs and protein, what does that leave? Fat
  - High QUALITY fat diet
  - Flax seed oil – not good, get rid of it, dangerous, it is oxidized, do not use it
  - Can use flax seed, organic, Dr. Mercola uses in smoothies
- What is the right fat to use? Good fats:
  - Avocados
    - 3 per day
    - Buy in bulk when very firm and store in refrigerator where they will stay fresh for 3 weeks.
    - Remove from refrigerator 2 or 3 days before you plan on eating them.
    - Incredibly valuable food
  - Coconut oil has all the three major necessary fats.
  - MCT Oil:
    - Two types – combination and just C8.
    - Can be used in transition period when body is getting used to burning fat. Use sparingly – only a teaspoon is needed
  - Raw cacao butter – used in production of many chocolates
  - Macadamias
  - Pecans – low in protein, high in quality fat
  - Seeds:
    - Where you get your omega 6 fats
    - Omega 6 fats are essential. Stay away from processed omega 6 oils. Only a tablespoon a day. Black sesame and black cumin are good choices. Soak for 8 hours prior to eating.
  - Olive Oil?? See explanation below
  - Animal fats for fuel:
    - Pastured animals are the best
    - Pastured, organic butter is the best – use locally produced or Kerry Gold (available in grocery stores)

- DHA
  - THE most important Fat!!
  - Omega 3 fat
  - ALA conversion minimal
  - It is the only fat that when you eat it, your body stores in your membranes.
  - It converts sunshine when you are outside into DC electric current. There is no other fat that does this.
  - If you don't have enough of this in your diet, you are sabotaging your health.
  - Seafood, NOT supplements, is the way to get DHA. Most of your nutrients should come from food. We have contaminated the world's seafood. So these small fish are the safest to eat:
    - Sardines
    - Anchovies
    - Roe (one or two ounces a day)
    - Alaskan salmon
    - Mackerel
    - Caution: avoid shrimp:
      - This is the most loved seafood in America. But most of it is from Indonesia and grown under horrible human conditions / slavery.
      - They are feeding the shrimp contaminated grains. It is a toxic food. If you are able to identify the source, like the Gulf of Mexico, you are ok, but otherwise avoid it.
      - Most seafood in restaurants – also avoid. NO federal regulation on this whatsoever.
  - Olive oil:
    - Watch *60 minutes* (TV show) story about olive oil
    - Often adulterated with inferior oils
    - Over 80% of olive oil sold in the USA is not good
    - Olives need to be picked within a day of harvesting, and then converted into olive oil within one hour, which is why quality olive oil is so expensive.

Book: Real Food / Fake Food: Why You Don't Know What You're Eating and What You Can Do About It by Larry Olmsted.

Exercise:

- Exercise increases mitochondria, decreases cancer risk
- "Sitting is the new smoking," Dr. James Levine of Mayo Clinic. One minute of sitting is worse than one minute of smoking for your health.



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- Walk about 7,000 steps per day.
- Posture – making sure you are moving.
- Books:
  - Deskbound: Standing Up to a Sitting World by Dr. Kelly Starrett, PhD in physical therapy.  
Our bodies are not designed to sit.
  - Effortless Healing: 9 Simple Ways to Sidestep Illness, Shed Excess Weight, and Help Your Body Fix Yourself by Dr. Joseph Mercola
  - Dumping Iron: How to Ditch This Secret Killer and Reclaim Your Health by P.D. Mangan
    - If your iron is too high, you can develop super oxide.
    - Excess iron is an anti-antioxidant.
    - When you donate your blood twice a year, you have healthier levels of iron.
    - Serum Ferritin – blood test.
      - 40-60 nanograms per mil – iron should be at this level.
      - Menstruating is like self-donating your blood.

### Light:

- Avoid artificial blue light, a pernicious toxin.
- Alexander Bush, world expert on microbiology, “We are being exposed to excessive blue light.”
  - This which will damage our biological health, increase risk for cataracts.
  - UVEX glasses cost \$8. Wear inside or as soon as the sun goes down. This builds melatonin secretion in morning, but not at night.
- Spectrums of the different lights:
  - Incandescent halogen is best for low blue light
  - Cool white LED has excessive blue light
  - LED is worst
  - Fluorescent is second worst
  - Incandescent bulbs are not sold on Amazon, but can find on eBay – 27-degree caliber is healthy one
- Vitamin D
  - Is absolutely critical and vital to your health level should be 40 to 60 ng/ml
  - There is some danger when you get it by swallowing it. Vitamin D is steroid hormone. When you fake out your body you mess up other things in your body.

### Grounding:

- Another important principle: powerful illustration of something you need to do.
- Get outside in nature without your shoes, wear minimal clothes in the morning facing east looking at the sun.

- This cements the circadian rhythm in the best biological format. Create a powerful healing energy to recharge your system. This is real, authentic grounding that will heal your body

Fluoride:

- Short circuits your body's ability to store energy in your body's water.
- Do not drink water straight from the tap!

FULL spectrum infrared sauna:

- One of the things that almost everyone needs
- Best natural detox device
- Under \$1,000
- Small, can fit under your bed
- Full spectrum – best
- 40% of sunshine is near infrared. Value is that your mitochondria. That protein will absorb that light and generate your body's ability to create DTT. Your head pops out of this sauna.

Erin Elizabeth [www.healthnutnews.com](http://www.healthnutnews.com) is producing a movie about the dead alternative / natural doctors, why they died, and what they were trying to teach others.

If applying these basics discussed in today's presentation, 80% of cancers can be prevented.

Mammography

- They say it reduces your risk of dying by 20%, but they don't tell you the details.
- Mammograms produce false positives – those people are likely to die from treatments.
- Massive fraud and deception. People who do share this information are typically taken away from us.



Charlene with Dr Mercola

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**Galina Migalko**

## “Thermography, Ultrasound, 3D Bio-Electro Scanning and Other Diagnostic Modalities”

### Presentation Key Insights:

Early detection saves lives.

Prevention is the cure for cancer:

- Spiritual
- Emotional health – if you are resentful at someone, you are not in sync with mind, body, and spirit
- Stress reduction – physical health declines 2-3 points with stress
- Hydration
- Healthy diet
  - You are what you eat, drink, and how you act.
  - Drink pure, clean water. Eat plant-based organic foods.
- Supplements – very important, especially magnesium and Vitamin D
- Detox
  - Must detox the acid from our bodies.
  - Detoxification occurs through breathing, perspiration, defecation, and urination.
- Exercise
  - Important, but do not over do
  - Simple 15 minutes a day is fine
- Environment – internal and external
- No mammograms
  - Use other testing methods:
    - Thermography
    - Ultrasound
    - Bioscan
- Doctors
  - Find a doctor you can trust, who will listen to you and help you in a good way
  - Look for a doctor who is open minded to discuss nutrition and detoxification

Tests of physiology:

- Thermography
- Mammography
  - The painful compression of breast tissue can increase the possibility of metastasis (spreading of cancer)
  - Exposes your body to very high levels of radiation – as much as 150 times the amount of radiation as a chest x ray. Radiation is a known cause of cancer.
  - Scientific basis for mammography screening is very uncertain.
    - Several studies – mammograms caused 4% increase in breast cancer

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- Cancers divide every 90 days. Process of 8 to 10 years for tumor to be detected.
- Mammograms are not early detection. Avoid mammograms – radiation exposure.
- False positive results
  - Radiologists decide mammograms are abnormal but no cancer is actually present. Leads to biopsy, surgery, over diagnosis, and overtreatment.
- False negative results – when mammogram is normal but actually there is cancer present.

### CT scan:

- Do not over prescribe CT scan
  - Using ionized radiation
- Ultrasound is zero radiation
- CT scan exposes human body to dangerous radiation and may cause from 24-35% increase in any cancerous situation
  - Study – increase risk of developing cancer to 24%

### MRI:

- Pros – sensitive and does not involve the use of ionizing radiation
- Cons – very expensive, new, not enough trained for quality interpretation
- Case study – severe lymphedema from lymph node biopsy – patient died 2 months after
- Case study – woman 30 weeks pregnant came for thermogram. When she was 20 weeks pregnant, she had a tiny lump. Dr. biopsied her breast and then cancer spread all over her breast and her body. Then the doctor told her to do chemo and said it was safe. Mother and baby died several weeks later.

“Health education instead of radiation and medication” by Dr. Galina Migalko

[www.universalmedicalimaging.com](http://www.universalmedicalimaging.com)

### Full body scan:

- Test of physiology is thermography:
  - Adjunctive test which can detect physiological abnormalities by measuring temperature changes. Great aide.
  - This is the only imaging test to show inflammation, pain, lymphatic issues
- Thermography is not new. Used by Hippocrates 400 BC. “Should one part of the body be hotter than the other. There is sickness in that area.”
- Thermography can pick up on cancer that mammogram cannot see.
- Case study:
  - Treatment progress – showed patient reduction of breast cancer using thermography over 8 weeks.
  - Followed 100% the program – plant-based diet supervised by licensed physicians.

- Book: The pH Miracle by Dr. Robert Young
- Case study:
  - Patient had lumpectomy, chemo, and radiation. Did thermography. But then she changed her lifestyle and diet and 10 weeks later, she changed her paradigm and cancer decreased.
- Thermography is for any age, including babies

Ultrasound:

- Ultrasound imaging does not use radiation and is very safe
- "The stethoscope of the future"
- Pocket ultrasound is available now. Every doctor needs to learn this skill in medical school and use in their offices and the ER
- Obstetric ultrasound
- Thyroid cancer - Link between thyroid cancer and breast cancer
- Every patient with thyroid cancer is iodine deficient
- Can scan liver, gallbladder stones, kidney stones, kidney mass, spleen, ovaries, uterus, prostate, breast cysts, tumors, or tumors with calcifications
- Mammography is about 52-76% sensitive with radiation
- Ultrasound is 95% sensitive without radiation
- Ultrasound with thermography is 99% sensitive without using ionizing radiation

Just say no to mammograms:

Book:

- No Mammograms! by Dr. Ben Johnson

BioScan:

- Check interstitial fluid – fluid around the cell.
  - Unique, accurate test. Use electrodes 3D full body bio-electro scan.
  - Can check all systems – brain function, nervous system, everything.
  - Can determine what is giving the most problems, can see if cells are hydrated or not hydrated.
- Can detect severe metabolic acidosis.
  - If you are in metabolic acidosis, body is very acidic, body will try to maintain delicate pH of the blood.
  - Body will go to muscles and take magnesium. Will go to your bones and take calcium and use it.
- Medical diagnostic non-invasive blood analysis – will not take your blood, but will get more than 130 parameters of the blood.
  - Safe with no harmful influence to patient.
  - Can check blood chemistry, blood and stomach pH, can see cell mitosis, liver functions, and can tell if animal protein is good for you as they can see those numbers too.

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- After full body scan, sit down and look at every number with patient to give understanding and education to empower patient. Send patient 50 pages of information to study. Then they come back for more thermography to see what is working.

Message:

Learn, use health education instead of medication. Don't wait until it is too late. Because cancer is curable if detected early. Early detection may save your life.



Dr Galina with Marko Mijat, Dr Ben, and Claudia Salerno

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**Judy Mikovits**



### “Plague: Lessons Learned from 4 Decades of Retroviral Research and Immune Therapy”

#### Presentation Key Insights:

Retroviruses and the immune system go hand in hand.

Human Disease Causing Retroviral Research:

- In 1970s, three human retroviruses associated with human diseases were published. None of these papers were ever retracted.
- Dr. John Coffin has pronounced that no human disease-causing retroviruses and retroviral materials found in human cells were contaminants.
- HTLV-1 was discovered in 1980. It is asymptomatic in most people but there is a lifetime 5% risk of developing either adult T cell leukemia or inflammatory syndromes which are not realized until decades later.
- One such inflammatory syndrome is tropical spastic paraparesis, now called HTLV-1 associated myelopathy.
  - The virus needed to be suppressed by suppressing the immune system in order to get these people out of their wheelchair. The latency period of the disease is 25 years, if ever diagnosed. However, a rapid progression of the disease was seen in Brazil with no difference in the viral load. So, it must be something else.
  - Early recognition and immune suppression therapy is critical. As soon as the immune system was suppressed, the patients were put in lifelong remission or even cured.

There are many important factors in the development of chronic diseases associated with retroviruses.

- HIV-1 was isolated in 1982. Political influence on scientific research impacts us all. Magic Johnson announced his HIV conversion to AIDS in 1991. The question of the day was “Will you die of AIDS?”
  - Magic Johnson needed to suppress his immune system and start retroviral therapy. However, at the time, this treatment was considered toxic and experts were saying to wait.
  - Many deaths occurred before the establishment believed in retroviral cause.
  - We need functioning immune system. As some point, it is impossible to stop the damage.
  - We are in a political war with the mandate to inject with vaccines. We are not creating immunity, but are creating inflammatory storms. At the time of Magic Johnson, there was a group called ACT UP who threw condoms at scientists at baseball games saying scientists are murders. I was protesting at CDC yesterday regarding mandate to vaccinate.

Chronic diseases:

- It is all about the family, not at all hidden.

- Our immune system should be able to clear toxins.
- Food can alter methylation.
- Cancer, autoimmune disease, and CNS diseases are associated with different human retroviruses. Retroviruses play a role in spinning the immune system out of control.

Censorship inhibits discovery. Contributes to spread of autoimmune diseases and cancer. Clusters of detection of reverse transcriptase activity in ALS patients and unaffected blood relatives.

- Why aren't they sick?

Lessons learned from 36 years of human retrovirus study:

- Retroviruses have RNA genomes which first be reverse transcribed then integrate into the genome – forever part of DNA of host.
- As much as 15% of human genome is made of endogenous retroviruses that have been crippled by the immune system. That is they cannot produce infectious particles which can be transmitted to others.
- Or can they? It has been found that they can.

Pathways of retrovirus elicited pathogenesis:

- Inflammation / hormone regulation
- Highly elevated ROS / RNS
- Immune deficiency – cancer is an acquired immune deficiency
- Epigenetics – change in gene expression without a DNA change. It is not a mutation, it is not our fault that our DNA is bad.
- Insertional mutagenesis
- RVs can be vertically transmitted – XMRV affects every cell of the body including the sperm and egg so the next generation can be affected. When we say cancer runs in families perhaps we inherited some of these retroviruses.
- RVs can recombine with aberrantly expressed endogenous RVs creating RCRs

The appearance of chronic fatigue syndrome and autism in the medical literature:

- The first outbreak of chronic fatigue syndrome was among 198 doctors and nurses at the Los Angeles County Hospital in 1934-1935 during a polio epidemic.
- The first child to develop autism was born in 1931, six months after a yellow fever vaccine was developed.
- A science paper on chronic fatigue syndrome and autism sent me to jail and ended my career. Who ever thought a scientific paper would put you in jail?

There has been a conspiracy to hide the origins of chronic fatigue syndrome as shown in additional examples of other researchers.

Xenotropic murine leukemia virus-related virus (XMRV) – An infectious clone was constructed and sequenced and found to be a novel gammaretrovirus. It was the first virus to be cloned before it was isolated. The clone didn't exactly exist in nature.

First Isolation of XMRVs from Humans:

- In 2009, there was an invitation-only meeting during which Dr. John Coffin stated, "Oh my God! You mean all those sequences we saw in the 1980s were real?"

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- One month after the paper is published, the “name and claim it” game began. Our results are confirmed and extended by isolation and characterization of “XMRV-2”. Published 2013 as B4rv. The envelop protein of the virus alone can cause cellulitis.
- Lo / Alter confirmed and extended the findings: family of XMRV. He found that 86% of patients with a neuroimmune disease and 6.6 of health blood donors to have XMRV.
- Phylogenetic tree of MLV-related viruses found in neuroimmune diseases and blood supply. The response from the establishment was “Just contaminates; don’t you know only T cells can be infected with HIV?”
- Contamination of blood supply, additional strains, disease associations infections in the worldwide. XMRV / MRVs detected in cancer and blood diseases in addition to prostate cancer and chronic fatigue syndrome. ITP is a side effect of MMR.

The blood supply is contaminated with MLV-related viruses. CDDC / HHS response to threat for more than 20M Americans? They find what they want to find and that is the real plague.

- Many health care workers have died from working with these retroviruses.
- There are lots of infectious retroviruses.

In 2014, the FDA approved the Intercept Blood System to rid blood donations of all pathogens. HHS cannot disprove, so they debunk.

- HPV does not cause cervical cancer. Should not vaccinate.

Infectious virus is not necessary to cause disease. Envelope proteins can cause the disease. The vaccine contamination risk from injecting mouse tissue in humans has been known from 1953. The risk continues today creating how many new diseases.

It has been reported that xenotransplantation carries the risk of injecting a live virus into a patient by implanting an organ carrying a dormant endogenous retrovirus. Isn’t injecting babies and elderly with mouse viruses capable of infecting humans the same thing?

There has been a paper on how to remove XMLV. If vaccines and recombinant therapies are not contaminated with XMRVs, then why clean them up? You can’t take them out of vaccines or the blood supply.

The current vaccine schedules result in damaged immune systems.  
GMOs result in retroviruses.

Future – Focus on public health not wealth of public officials.  
[www.plaguethebook.com](http://www.plaguethebook.com)

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**Roby Mitchell ("Dr. Fitt")**

### “The Fire Next Time” – Inflammation: The Common Denominator in Most Medical Conditions”

#### Presentation Key Insights:

- Exposure to Chinese medicine. Rebalancing with diet, reducing stress, exercise.
- Inflammation – Latin – “on fire.” Early researchers – reminded them of something being on fire.
- Any chronic disease has a connection with inflammation. Inflammation is the underlying factor to almost every Western disease that we encounter.
- Chronic and Systemic – protecting your neurons against inflammatory damage. We are all fighting inflammation.
- Publication: *Scientific American* (May 2002) – “A Fire Within - Inflammation's Link to Heart Attacks”

#### Weapons of Mass Destruction – How Ebola virus kills you:

- It's not the virus. What kills you is your immune system's reaction to the virus. That reaction can cause disease.

#### Humoral and Cellular Immunity – What does your immune system have the power to produce?

- Escalating production of these outcomes due to inflammation

#### The importance of the microbiome by the numbers:

- Healthy people have trillions of good bacteria. Walking ecosystem on a daily basis. There is something inside of us that allows us to survive this external and internal environment.
- “Don't bring a gun to a nail fight.” When people get Rheumatoid arthritis (RA) or Alzheimer's, etc., we want to knock it out with a prescription medication. RA is characterized by synovial inflammation and hyperplasia (“swelling”), autoantibody production, protein antibody, cartilage and bone destruction.

#### How do we keep inflammation under control?

- Fungus is among us. Keep body temperature at 98.6 degrees, the magic number. Body temperature lowers, and “critters” (bacteria) are going to begin to grow.

#### Energy equation:

- Fuel, oxygen, and a spark. Same with human body. Eat something that turns into glucose for fuel, get oxygen through exercise, and spark is the thyroid. When immune system is weakened, inflammation can occur.

#### Why do buzzards circle?

- FLIR – gadget <http://www.flir.com/> – infrared camera attached to iPhone to see inflammation. Hands and feet are most typical.
- Snoring / OSA – sinusitis can be seen through the FLIR gadget.

#### Why do 70% of people never know they have the polio / zika virus?

- Because bacteria are transmitted in water and lives in the human intestine.
- The “Passover” molecule. High stomach acidity can fight off the bacteria.

#### What factor allows for creation of Hydrochloric acid (HCl)?

- The pH of this acid is about 0.8, demonstrating its extreme acidity.

- At this pH, the hydrogen ion concentration is about 3 million times that of the arterial blood.
- To concentrate the hydrogen ions this tremendous amount requires more than 1,500 calories of energy per day.
- Thyroid hormones start to go down, energy level goes down. When energy level goes down, the pH level is thrown off balance.

How do Statins work?

- Food
- Influence between outcomes with aspirin and statin drugs, and other drugs.
- Statins inhibit enzymes that are used to create cholesterol. Aspirin is an anti-fungal drug.
- Plants produce chemicals that drug companies turned into drugs.
- Medcore, Lipitor, Crestor – Study conducted in which candida was placed in each drug. Reason these drugs work is because their anti-inflammatory properties reduce the amount of fungus, particularly in the liver. Problem is that these drugs have side effects, like diabetes and other diseases.

Intelligent Design Medicine:

- Kale (dark vegetable)
- Keeps body temperature regulated

The Color Purple:

- Kohl Rabe (eat dark purple vegetables)

Government Intelligence:

- Bali Eating Plan. Bio chemicals that the plants are using to defeat critters, we can eat these plants.
- Book: Simply Bali: A Complete Guide to a Healthy, Whole Foods Lifestyle by Dawn M. Corridore and Jenn W. Harris
  - Recipes for lifestyle change plan as opposed to “diet.”

Inflammation by Any Other Name: (showed Before & After pics of several patients)

- Babies born not producing as much hydrochloric acid as they should, which causes things such as eczema, even autism.
- Add hydrochloric acid to the skin to eliminate rashes.
- Connection between A.D., Diabetes, Vascular Disease.
- Connection between thyroid and insulin. Around age 27, we start producing more insulin, which creates more weight around the waist. Change diet and correct the thyroid to lose the added weight.
- We are a nation of Type 2 diabetic children. Prior to age 13. We are aborting a nation of children by the food we are giving them.
- Epidemic of HCl deficiency. Rashes grow in the places where there is sweat.
- SCC – skin carcinoma. Change the environment where the cancer is growing, the cancer will stop growing.
  - Example – skin cancer on ear was treated with a compound of HCl, kale, and other nutrients and the skin cancer disappeared.

## THE TRUTH ABOUT CANCER

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- Stretch marks can be eliminated by HCl formula.
  - Rashes and skin discoloration are the immune system's responses to fungus overgrowth.
- Must understand how the body works. How does the body keep things under control?
- We all need to be educated as to how the body works by reading books about physiology.



Dr Roby having a blast with Dr Sahni, Dr Group, and Alan Ray



Ty, Charlene, Kaci Roach, and Dr Fitt

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**Daniel Nuzum**



### “Nature’s Medicine Chest, Plant Medicine, and Detoxification”

#### Presentation Key Insights:

Youngest licensed doctor in the US in 1996 – 20 years old

Oldest of 33 children

Parents both naturopaths

Doctor of:

- Osteopathy
- Natural medicine
- Naturopathic medicine
- Naprapathic medicine
- Oriental medicine
- Mechanotherapy

Epigenetic Labs Core Products / Formulas:

- FulviMax – Fulvic acid comes from dirt
  - 36 organic fruits, vegetables, medicinal mushrooms. Fermentation process to unlock all the phytochemicals in those fruits and vegetables. Feed them to mushrooms. Mushrooms grow absorbing this matrix, creating a new species: a mushroom that is also a plant.
  - Fulvic and Humic Acid Carbonic delivery system – carbon-based spheres that the body absorbs just like it would absorb sugar. Other things can be injected into these spheres. Deleted minerals from these two acids, leaving it with its carbon, hydrogen and oxygen forms, which is the same thing as sugar. Sugar is the most easily absorbed, so they created this to mimic the absorption of sugar.
- Turmeric 3D
  - 3 different spectrums of Turmeric root:
    - Ginger root, ashwagandha root, fermented Vitamin D, Reishi, Turkey Tail Mushrooms
    - Ginger root has all of the anti-inflammatory capacity as turmeric, but does not have the same effect on the brain
    - Vitamin D can naturally reboot the endocrine system. Anti-carcinogenic enzymes are dependent on the surplus of Vitamin D in the body.
    - Reishi and Turkey Tail Mushroom are grown off the root of the Turmeric. Start with an acidic acid extract.
  - Fulvic and Humic Acid Carbonic delivery system

- Take 1 kilo of 3 different types of Turmeric, 1 kilo ginger root extract, ashwagandha root, and 1 kilo of mushroom to total about 15 pounds. 240 ounces put into 36 ounces of Fulvic Acid liquid. Ended up with 57 ounces of liquid. Fulvic Acid absorbs things into its matrix. Fulvic Acid is a nanoparticle. Pulls molecules in and makes it tighter. When exposed to water in the presence of carbon, that matrix unlocks and Fulvic will release its content.
- Made into capsule form called Turmeric 3D
- 7M+
  - One of the oldest and most loved formulas
  - 7 powerful medicinal mushrooms
    - Turkey Tail, Chaga, Shiitake, Lentinan from Shiitake, Cordyceps, Hericium (lion's mane), Reishi, fermented Kelp.
    - Kelp is inexpensive, clean (from the North Atlantic).
  - Fulvic and Humic Carbonic Delivery system
  - Mushrooms increase the information that the immune system has in order to defend itself. Consuming mushrooms transfers their immunity.

### Healing is a Process:

- Healing and treatment of disease are paths that do not cross
- At my clinic we do not treat disease. If the disease is treated, the patient is still sick. Instead, act as a guide to take people through the healing process.

### Healing Process:

- Stabilization:
  - Conventional medicine is good at keeping people from dying, but not good at making people healthy. Must have proper nutrients. Stabilize by using these two products:
    - Bone broth protein – 1 to 2 months
    - FulviMax – 1 to 2 months
- Detoxification:
  - All toxins are a roadblock to healing. Filtration through liver and kidneys.
  - Continue the Stabilization products listed above, then add:
    - Optimox program to eliminate waste
- Fortification:
  - Chiropractic care, taking the borders of the joints and realigning them for better healing.
    - FulviMax
    - Turmeric 3D – designed to reduce swelling
    - Blood flow has to improve. Healing is proportionate to blood flow
    - 7M+

## THE TRUTH ABOUT CANCER

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When we are nutritionally deficient, we are "toxic sponges."

[www.epigeneticlabs.com](http://www.epigeneticlabs.com)



ABOVE - Doc Nuzum with his baby girl and Mike Adams      BELOW – Doc with his wife Gina



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**Sunil Pai**

### **“An Inflammation Nation: The Definitive 10 Step Guide to Preventing and Treating All Diseases Through Diet, Lifestyle and the Use of Anti-Inflammatories”**

#### Presentation Key Insights:

Suffered from food allergies and eczema as a child. Treated with acute medical approaches which worked. But if I stopped the eczema treatment, it would come back.

After reading a book in 2009, began to eat a more plant-based diet. Within 2 weeks, my chronic eczema disappeared.

Diet is powerful to reverse chronic disease.

We need to investigate the variety of causes of why we are still unhealthy. The current health system is designed to manage – not heal – disease. If diseases are cured, the industry dies. We are leaving our health to the industry.

What does system provide us?:

- Affordable health care has not controlled costs.
- The cost of treating cancer for a patient can be \$300,000. Cancer treatment is the second cause of bankruptcy in America.
- The US ranks in the bottom 16 in death from all causes.
- We rank 34 out of 35 of industrial nations in mortality.
- We rank 43 out of 45 in health outcomes.
- Why unhealthy? We are an inflammation nation.

Chronic inflammation triggers and makes every disease worse. There are over 200 “itis’s” (colitis, arthritis, etc.). We are only treating symptoms and not getting to underlying cause, which is inflammation. We need to fight, fix, and repair.

There should be a balance to the amount of inflammation in our body. Acute inflammation is good. Chronic inflammation is a problem. Flame fire inflammation leads to an “itis.”

There are various causes of inflammation: smoking, too much sun, alcohol, obesity, infections, chemicals, stress.

10 Steps to Prevent, Treat, and Reverse Disease:

- Step #1 – Eating an organic, non-GMO, plant-based, anti-inflammatory based diet
  - Animal vs. plant protein: Animal products have cholesterol. You need to stop eating animal products if you have high cholesterol.
  - The best diet is a 100% plant-based diet. Animal products are missing antioxidants, phytonutrients, and fiber.
    - Fiber is important for more than constipation. It lowers cholesterol and sugar among other benefits. We excrete less hormones due to a poor diet. Animal protein is high in omega-6 fatty acids which cause inflammation. Plant protein is high in omega-3 fatty acids.
  - People, particularly those with cancer, should not consume dairy products because they promote the growth of cancer. They do not cause cancer. There

is relationship in the level insulin-like growth factor and the intake of dairy products. A calf will drink milk from mom and then go on to eat grass.

- Step #2 – Test what is triggering an inflammatory response in your body
  - Individuals should test which foods trigger inflammation in them
  - There are 2 types of reactions: IgE is an immediate reaction and IgG is a 4-day reaction.
- Step #3 – Detoxification – cleansing the toxins
- Step #4 – Avoid smoking
  - e-cigarettes are not safer
- Step #5 – Avoiding NSAIDs
  - Every drug has common and serious reactions. Serious reactions are considered rare. When a serious reaction becomes less common, it is then put in the black-box warning label.
  - NSAIDs can cause death, heart attack, GI bleed. It is not a matter of how many you take; one can cause these serious side effects. (The #1 cause of death is medical errors. It is more than next 3 causes combined.)
- Step #6 – Decrease inflammation through the use of Bosmeric – SR
  - We need to provide evidence based outcome. I am going to be presenting evidence based reviews on YouTube. Of course, the first will be on bone broth.
  - Ingredients in Sanjevai Bosmeric-SR:
    - Curcumin C3 Complex turmeric extract.
    - Turmeric and curcumin are not the same. Many manufacturers have great claims, but where is the evidence of what is marketed about the products? We need to look at data. Many suppliers of turmeric have heavy metals.
    - Boswellin PS – boswellin is frankincense.
    - Ginger Extract BioPerine Black Pepper Extract
  - Synergy 1+1=3
- Step #7 – Strengthen your immune system
  - Vitamin D3
  - Beta glucans
  - CBD cannabis
  - PMF device
- Step #8 – Lowering the amount of glucose and salt in diet
  - Increased sugar affects child behavior and learning
  - The sugar addiction is better than drugs.
  - Sugar is disproportionally marketed to inner city, minorities, children
- Step #9 – Stress reduction through yoga and meditation
  - Reduces heart disease, diabetes, stress

## THE TRUTH ABOUT CANCER

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- Step #10 – Love, happiness, social relationships, faith, spiritual practices
  - Can't separate health and spiritual life.
  - Volunteer, help others, let go of anger and resentment.
  - Watch positive media.
  - Stress triggers inflammation by itself.
  - Co-exist

Book: An Inflammation Nation by Sunil Pai, MD



ABOVE – Dr Sahni and Dr Pai stimulating their immune systems with some laughter  
BELOW – Dr Pai & Maureen Sutton before the VIP dinner



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**Patrick Quillin**



### “Beating Cancer with Nutrition”

#### Presentation Key Insights:

Bad news is:

- we have lost the war on cancer.
- 33% to 50% chance of getting cancer in lifetime.
- 1.5 million will be diagnosed this year. Poor prognosis.

Good news is:

- nutrition can make a huge difference.
- nutrition is the essential component of everyone's comprehensive cancer treatment.

A well-nourished cancer patient can better manage the disease and its therapies.

- A healthy human body is self-regulating and self-repairing.
- If you are healthy, you are constantly beating cancer.
- The average adult gets cancer about 6 times in their lifetime, but is unaffected by it because the immune system fights it.

You can have an impact on your cancer:

- Empowerment
- Control
- Knowledge

Have organized three international symposiums regarding adjuvant nutrition in cancer treatment.

Nutrition should be an aggressive part of everyone's cancer modalities.

Beating cancer with nutrition – Diet therapies for cancer:

- Gerson
- Budwig
- Vegan
- Fasting
- Raw Food
- Paleolithic
- Ketogenic

Carcinostatic - beating cancer with nutrition

Tale of two cancer patients

- 49 y/o male
  - Advanced multiple myeloma, double bone marrow transplant, extensive nutrition, food supplements
  - Lived 14 years after diagnosis
- 40 y/o male
  - Cancer treated with chemo
  - Lived only 18 months after diagnosis

A healthy human body is self-regulating:

- Genetics
- Exercise

- Toxin avoidance
- Mindfulness

Time for paradigm shift in cancer treatment.

- What we have thought is that we have to poison cancer out of the body.
- No, for the most part we can re-regulate the body to find and destroy the cancer.

Failures on war on cancer.

- Richard Nixon said in 1971 we would have a cure. We do not.

Book: The War on Cancer by Guy Faguet, MD

- Chemotherapy is curative in about 2% of advanced cancer.

Shifting the cancer paradigm:

- Change strategy from chemo to re-regulation
- Mind as healer
- Books:
  - Mind Over Medicine by Lissa Rankin, MD
  - You Are the Placebo by Dr. Joe Dispenza
  - Radical Remission by Kelly A. Turner, PhD

Meditation or medication?

- 18,000+ studies have been conducted regarding the benefits of meditation.

Publication: "The Exercise Cure" – *Time Magazine* (Sept 2016)

Is Disease from dis-use of the body?

- Hippocrates 2,400 years ago said "eating alone will not keep a man well. He must also take exercise."
- Regular exercise reduces the risk of cancer and disease by 60%.

How does nutrition influence carcinogenesis?

- Books:
  - Nutritional Medicine by Alan R. Gaby, MD
  - Nutritional Influences on Illness by Melvin Werbach, MD
  - The Encyclopedia of Natural Medicine, 3rd Edition by Michael T. Murray, ND and Joseph Pizzorno, ND
  - Disease Prevention and Treatment, 5<sup>th</sup> Edition by Life Extension
- Nutrition re-regulates cancer cells, change cause of disease.
- A, C, E regulators of cell differentiation, membrane biogenesis, and DNA syntheses.

Immune stimulation:

- Regulates gene expression
- Upregulates DNA repair
- Augments programmed cell death
- Inhibits angiogenesis

What is nutritional status of the people?

- 2 million years ago, diet was insects and fruit
- 1 million years ago, animals
- 8,000 years ago, agriculture with the onset of cities

## THE TRUTH ABOUT CANCER

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- Now – we eat what we can find, fast food, processed food

Paleolithic versus modern diet:

- Huge contrast between ancestors' diet and our diet
- Modern diet is low protein
- Statistics of food in America:
  - Catsup, French fries, and onion rings are most common vegetables eaten.
  - 130 pounds refined sugar consumed per person per year.
  - 700 million pancakes are eaten each year at iHop alone.
  - We are 73% deficient in calcium.
  - We are 75% deficient in folate.
  - There is lower mineral content in our vegetables.
  - We are harvesting vegetables, but not putting nutrients back into the soil.
  - Minerals in human metabolism – There are 118 elements total in periodic table. Only 3 elements are used in commercial farming.
  - 2/3 of the American population is obese.

Book:

- Anti-Cancer – A New Way of Life by David Servan-Schreiber, MD, PhD

Statistics:

- 14 million Americans currently living with cancer.
- 33-50% chance of developing cancer in our lifetimes.

Why should nutrition therapy be part of our treatment?

- To prevent / reverse common malnutrition.
- To minimize host damage from chemo and radiation.
- To bolster immune functions, starve obligate glucose.
- To metabolize nutrients as biological response modality.

Two good studies – nutrients can improve outcome in patients with chemo and radiation.

Bolster immune functions:

- Immune system consists of "cops" of the body.
- Organs of the immune system find cancer infections, which are all driven by nutrition.
- Nutrition is enhanced by nutrients:
  - Vitamins – A, C, E, and B6
  - Minerals – Zn, Cr, Se
  - Amino Acids – Arg, Gluta
  - Herbs – Astragalus, Cat's Claw, Pau D'arco
  - Foods – yogurt, cartilage, garlic, enzymes, green leafy vegetables, shark oil, colostrum
  - Positive Emotions – Love

"PET" scans are used to find cancer – "Position Emission Tomography" uses radioactively labeled glucose to find extent of cancer in the body.

Regulate blood glucose

Book:

- Cancer as a Metabolic Disease by Thomas Seyfried, PhD
  - Healthy cells begin to use glucose to fight cancer.

Ketogenic diet:

- Low carb is good
- We eat way too much sugar
- Poorly controlled blood glucose poisons the body

Does blood sugar impact breast cancer survival?

- Higher blood glucose yields shorter survival time

Does fruit sugar intake lower immune competence?

- Yes

Does fruit cause cancer since there is sugar in it?

- No. It can lower the risk of prostate cancer.
- For example, 2013 study showed that a higher intake of peaches & berries was associated with a lower ER- breast cancer risk in post-menopausal women.

Ways to improve defective DNA:

- Plant based diet
- Whole food diet
- Low fat diet
- Exercise
- Stress Management

Case Study:

- Patient diagnosed with breast cancer, stage 4
- Lived 11 more years with proper nutrition

Facts about nutrition:

- Nutrient intake is crucial for all plants and animals on earth.
- Weston price, DDS noticed the mouths of his patients getting worse in 1930s and believed that poor nutrition had something to do with it. He traveled the world. He noticed that as long as people adhere to their native indigenous diet, they are healthier.
- Synergism of whole foods. Total effect is greater than sum of individual elements.

Can diet improve outcome in cancer treatment?

- Gerson diet as sole treatment for melanoma vs standard treatment and outcome. More successful.
- Whole foods and vitamins are helpful, especially Vitamin E.
- Sampling of cancer antagonists have been found in various foods (e.g. inhibitors of tumor production found in various fruit and vegetables).
- Study showed 57% increase colon cancer with eating overcooked grilled meat two times a week. Do not eat burnt / overcooked food.
- Eat organic – the “Clean 15” identified by the Environmental Working Group has the lowest in toxic pesticides.
- Eicosanoids are all derived from diet.
- Stress, insulin, and what you eat create a very powerful pathway.

## THE TRUTH ABOUT CANCER

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Reasons for omnivorous diet:

- CLA
- EPA
- Carnitine – nutrient only found in animals is very useful

Microbiota:

- Valuable functions in body.
- What we eat influences microbiota, which influence immune system which fights off cancer.

All disease begins in the intestine.

Medicinal spices that help reduce cancer. Liberally use these spices:

- Ginger
- Saffron
- Curry
- Turmeric
- Thyme
- Allspice
- Sage
- Garlic
- Cumin
- Clove
- Coriander

Other things that help reduce cancer:

- Whole grains – can increase life span and lower risk of cancer.
- Legumes are most important dietary predictor of survival of elderly with cancer.
- Tomatoes; pigmented potatoes are good versus white potatoes – reduce inflammation
- Avoid deadly dozen – white sugar, high fructose corn syrup, artificial sweeteners, white flour, white potatoes, overcooked anything, hydrogenated oils, processed meats, commercial milk, soft drinks, hard liquor, potato or corn chips.
- Eat the healing dozen – colorful fruits (raw), colorful vegetables (cooked & raw), grass-fed ruminants (cow, sheep, deer, buffalo), green tea, sea vegetables, cold water fish (salmon, sardine), medicinal spices, cruciferous vegetables, fermented foods, sprouted black beans, nuts (walnuts, pecans, cashews), appropriate nutrition supplements.
- Short-term fasting
- Healthy meal plate:
  - 1/3 raw foods
  - 1/3 high quality protein
  - 1/3 cooked whole plant food

Book:

- Feeding Cancer with Nutrition by Patrick Quillin, PhD, RD, CNS

Helpful supplements against cancer:

- Broad spectrum vitamin / mineral supplement

- Extra vitamin C (1-12 g buffered)
- Extra vitamin E (400 iu)
- Cod liver oil (1 T/day)
- Curcumin (turmeric)

### Effects of supplements:

- Bladder cancer patients had 50% reduction in cancer with supplements.
- People who take vitamins live four times longer than those who don't after cancer diagnosis.
- People who take vitamins without a cancer diagnosis live longer.

### Other Secrets:

- Big part of life and health is a good sense of humor.
- Indulge often in healthy pleasures.

### Individual Stories

- Galen Clark (1814-1910) was diagnosed to die. He accepted his death, and went to the mountains of Yosemite Valley, eating the available diet of fish and fruit. He lived 54 years after eating that diet.
- Ruth Stout (1884-1980) – “look out the right window” story about perspective – if you aren't happy, look out a better window.

### Garden Song by David Mallet, ASCAP

- “Plant your rows straight and long. Temper them with prayer and song.”
- “Nourish soil, grow your garden.”
- Healing ourselves is much like growing a garden.



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**Ocean Robbins**

### “Your Food Revolution”

#### Presentation Key Insights:

The word “revolution” in regards to food: we are recognizing that the status quo, the norm today, has become toxic and it is killing us.

Food:

- Food 1.0 is about survival – what do we need to simply survive?
- Food 2.0 is about commerce – where the buying and selling of goods has become the most important factor in our food. But it is leading to epidemic rates of cancer, heart disease, cancer, obesity
- Food 3.0 is about health – making health the centralized factor in our food system. Health for our bodies and health for our whole planet.

We don't have to wait. We can claim our food revolution. We can say “yes” to the life we want and the life we deserve. People are sick of being sick. We are tired of toxic foods.

One of the realities with food today is that it is a global economy. The practices and policies of producers and farmers all over the world is directly affecting us and our food.

What people eat has a huge impact all over the world. McDonalds, etc. causing increased obesity and diabetes.

- Over 100 million people in the US are on a diet right now.
- 2/3 of our population is overweight.
- Less than 1% of obese people are successful at taking and keeping off the weight.

Cancer rates are on the rise, illnesses are rising from the toxicities we are exposed to. Want to focus on the food realm because what we eat is so important.

Angiogenesis:

- Blood vessels in your body are 600,000 miles long; enough to circle the earth twice.
- Angiogenesis makes new blood vessels.
- Anti-angiogenesis clears out these blood vessels. These don't always grow or proliferate because they don't always have the flow of blood.
- There are certain foods that have antiangiogenic properties, which regulate the body.
- Certain foods are powerful in these effects. Same foods we are seeing in study after study. Same foods help fight cancer, diabetes, Alzheimer's. etc.
  - Foods – vegetables
    - Mushrooms – study researchers in Australia. 2,000 Chinese women in 20 years ate 1/3 ounce mushrooms a day had 64% drop in risk of breast cancer.
    - Cooked tomatoes – Harvard study of 70,000 men in 20 years who consumed cooked tomato products had 40% reduction in risk of prostate cancer.
    - Green tea, turmeric, a lot of them come from the plant kingdom.

Confusion on what to eat:

- Should we eat paleo, low carb, low fat, high protein?



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## THE TRUTH ABOUT CANCER

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- There are hundreds of diets. Medical research suggests what we see today is that we need to eat less sugar, processed foods, white flour, processed oils, processed animal products, need to eat more fruits and berries, legumes, nuts and seeds, vegetables. This is true with the vast majority of people.

It is so much easier to prevent illness than to cure it.

The University of Washington – researchers conducted the largest study of disease cause in history at a global level over 20 years. The Global Burden of Disease Study published Oct 2013 in *The Lancet*.

672,000 deaths per year caused by diet in America – more than all the wars combined.

The food revolution is about organic food, natural food, saying no to processed food, sense of liberation to say yes to the good foods.

How can you be an agent of change to the people you love? Have to be compassionate.

Top Principles for Influencing People:

- Speak up, organize, tell people
- Ask questions, listen, learn what people care about
- Love people, care about them, demonstrate that you are on their side
- Lead by example. When you are thriving, and you are well, people will gravitate toward you. “We must be the change we wish to see in the world” – Ghandi

Food is personal and political:

- When we buy something, we shape the course of our food economy.
- Explosion in organic foods because we are purchasing it.
- Personal Story: my great uncle was co-founder of Baskin-Robbins. Great Uncle died from poor health at age 54. What we eat matters. Diet for a New America by John Robbins (book written by my father). Grandfather changed his diet, ate more vegetables. He lost 30 pounds, got off diabetic medication, and lived another 20 healthy years.
- Sometimes it is too late to change if we wait until we get a cancer diagnosis. Make the best choices we can from this point forward.
- Habits can be really compelling. Change is difficult. Convenience foods, fast foods, comfort foods are all junk foods. In that context, eating real, healthy life-giving food is a revolution.

Animal Treatment:

- One of the things particularly disturbing about our toxic food today is the animal treatment.
- Cows and chickens are treated very poorly – we have normalized cruelty. Some animals never see the sunshine.
- Animals who are raised for food for human consumption should be treated with respect.
- Because everything is connected, there is no escaping the consequences of our actions.
- Therefore, we are creating a product which is unlike anything our ancestors ever consumed.
  - 80% of the antibiotics are used in livestock production versus humans.Rampant overuse of antibiotics.

- 23,000 Americans died last year from antibiotic resistant bacteria.
  - Within a generation or two we could be living in a post-antibiotic world.
- Industry is resistant to stopping because antibiotics are good for weight gain which makes animals bigger, and would have to spread out the farms to give better quality of life to the animals so they would get sick less often.

We can make an impact with teaching nutrition in medical school:

- Most doctors are not totally trained in nutrition.
- Average doctor only receives 17 hours of nutritional education.
- Food is the foundation of health. What would happen if doctors were better trained in nutrition?
  - Would like to see a food future where doctors cannot graduate medical school without test for whole food nutrition knowledge.

We can make an impact by exposing the truth about GMOs:

- What's a GMO? Genetically modified organism.
- 25 years into it, 99% of crops have two traits – herbicide tolerant, and crops that are pesticide producing.
- Since GMOs we have had more than 400 million pounds sprayed on our plants. More than 250,000 farmers commit suicide after drinking their own pesticides. The circle of destruction is immense. More people are realizing something isn't right.
- Super weeds – weeds that are resistant.
- Another bunch of herbicides being sprayed on our crops – 24D, one of the chemicals in Agent Orange.
- What we are up against are some industries that are making a lot of money on the status quo.
- We don't have to eat it or feed it to our kids. The major crops that are genetically modified are corn, canola, sugar beets, soy. Corn and soy are widespread and are used in almost all of our processed foods.
- We are seeing an epic shift by the consumer. Cultivation of GM crops has declined in the last 3 years. We are seeing other changes. Gestational crates for mother pigs – 10 states have banned this practice.

The Food Revolution:

- We all have a stake in the food revolution. It starts with what we eat. More than 7 billion parts to play in the food revolution. Be an agent of change.
- Humans have incredible resilience. If we can change habits, we can change this world.

The Power of Gratitude:

- When you make your food choices into an act of integrity into your values and conscience, there is a congruency that makes you more alive.
- When you take food into your body, you are sending your body a message. When that message is one of love and integrity, you are sending the message to your body of love.
- There is a wisdom in your body. Take the time to have a relationship with your food.

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## THE TRUTH ABOUT CANCER

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- Take the time to experience gratitude. Food is such a sacred, important way to take part of the wonderful gift of food.

Food can heal us, transform us. Let us give thanks to each other for the people who are shifting the course of history and creating a real food revolution.



ABOVE – Ocean and Robert Scott Bell doing a live radio broadcast  
BELOW – Charlene with Mary Beth Gonzalez



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**Jordan Rubin**

### “Planet Heal Thyself”

#### Presentation Key Insights:

Book: Planet Heal Thyself: The Revolution of Regeneration in Body, Mind, and Planet by Jordan Rubin

Regeneration – Take something that was dead and give it life.

Cancer is taking the lives of those we love too frequently and too soon. Cancer is a degenerative force. Our planet also has terminal cancer. Planet is sick. Our bodies are a reflection.

For years, environmentalism has sat on one side. Many people who are more conservative have avoided topics such as climate change. If we will practice these simple strategies, the transformation we are hoping for will take place.

Simple strategies that will have a profound impact:

- Hebrews 11:1 – Faith is the substance of things hoped for, the evidence of things not seen.
  - Faith without action is dead.

- A Story of Ecological Regeneration – took trash and created a garden of super foods

10 Strategies to Transform Your Body, Mind and Planet:

- Eat real foods
  - Food that has ingredients you understand that was grown or raised.
  - Real foods set a good foundation. Eat like ancestors. Avoid processed foods.
- Eat organic diet
  - More nutrition and less toxins.
  - Preserve soil instead of robbing it
- Say NO to GMO
  - We won't beat the weeds or the germs by trying to kill them. We are just giving them ammunition to kill us.
  - GMO is in every state and park. We can end GMOs. Read labels on food.
  - The power is in the people. We must make better choices. Vote with your money. What we buy determines what is produced. Support brands that support organic farms. Big companies will take notice and buy those companies.
- Go Gluten-Free
  - Weed out wheat, barley, and rye
  - In sprouted and sourdough grains, the gluten is less likely to cause problems because it is pre-digested
  - Lessening gluten will improve body functioning
- Power of Plants
  - Fruits are amazing. Vegetables are better. Spices are great.
  - Plants have phytonutrients – substances plants make to defend themselves against their enemies.

- Also known as metabolites – these are what arm our bodies' defenses. This is what we are missing in our diets today. Metabolites – colored plant foods and wide variety of tastes – salty and bitter
- Eat Sprouted Foods
  - Anti-inflammatory
  - Alfalfa sprouts
  - Unleash the power of nature
  - Sprouting is germination. Germination is activation. Activating your health.
- Focus on Fermented Foods
  - Fermentation accentuates the positive and eliminates the negative
  - Gluten-free wheat bread, from fermentation
  - Cabbage x 4 is sauerkraut, which has 4 x the immune building properties than the cabbage it came from
  - The "power of sour" cures the craving for sweets. Raw organic fermented olives, cultured dairy products, yogurt, apple cider vinegar
- Avoid the 8 common allergens
  - Dairy, wheat, soy, eggs, peanuts, tree nuts, fish and shell fish
  - If you can't eliminate, consume the best quality of each category
- Artisanal Eating
  - Eat local foods
  - Go heirloom – eat ugly
- Practice Eco-Regeneration
  - Composting
  - Recycling
  - Purchase products that have a story and a mission to be a positive influence on our planet

Heal the Planet Farm – Grow, Teach, and Give



Jordan with Cherith Moore (Ty's sister)

### Jordan Rubin and Daniel Nuzum “The Truth About Nutritional Supplements”

#### Presentation Key Insights:

7 Supplement Secrets to Help Your Body:

Secret #1 – Build Your Body with Bone Broth Protein:

- Convenient bone broth powder can be used as a substitute for the bone broth you make at home.
  - Dr. Nuzum has asked people to do a juice cleanse in the past for inflammatory problems and the result has been an increase in inflammation.
- Biggest challenge for bone broth consumption is the time it takes to make it and making enough of it.
- Bone broth has collagen, chondroitin, glucosamine, hyaluronic acid and more.
- You have to be stable in order to heal:
  - E.g. If you have a broken leg, you have to stabilize it for it to heal.
- Bone broth helps the liver detoxify itself and it decreases inflammation.
  - When the filters (liver, kidneys, and lymph nodes) in the body don't work right, your body uses water to dilute the toxins, which goes through the bowels.
- The colon can swell up to 4x its natural size. Bone broth reduces that inflammation.
- Every tissue in your body has fascia (connective tissue).
  - The ingredients for fascia are collagen, chondroitin, glucosamine, and hyaluronic.
- The gentlest animal-based product for vegans is bone broth.
- The cause of body breakdown and joint issues is a lack of the ingredients found in bone broth.
- Need to consume 4-6 cups per day of bone broth.

Secret #2 – Experience the Power of Fermentation:

- Fermented foods have good probiotics – the good bugs for your body.
- Without fermented foods, our diet only supports the bad bugs.
- Monastic medicine used Apple Cider Vinegar for everything.
- Eat more fermented goods – pickles, cabbage, etc.
- Critical for foundational health

Secret #3 – Help your body adapt to the stress of life with Tumeric & Optimox:

- Cortisol causes sleep problems, heart problems.
  - As cortisol goes up, so does estrogen. Thyroid goes down.
- Adaptogenic substances (herbs) balance our body. Makes us feel more energetic and younger.
- Adaptogens bring everything back to normal. Puts everyone back in tune. Balances the body. Regulates the hormone and endocrine systems.

Secret #4 – Transform your immunity with Medicinal Mushrooms:

- Mushrooms are fungi – share characteristics with plants and animals.
- Have components and compounds that no other substance we consume have.
- Carry a group of compounds of polysaccharides. These compounds build and program the immune system.
- Every continent and every indigenous people has medicinal mushrooms. US consumes the least amount of medicinal mushrooms.
- Best for you if eaten raw. Some are more medicinal than others.
- You cannot increase the amount of fungus by eating mushrooms. They actually decrease the amount of fungus (yeast) in the body.

Secret #5 – Organic Acids are necessary for Delivery and Detoxification:

- We have deficient soil in our land. So, we are missing organic acids and minerals.
  - These pull waste out of us.
- Amino acids seal a leaky gut – coats the wall of the intestine.
- Folic acid is smaller than amino acid and it can carry 60 times its weight and size. Super acid.

Secret #6 – Pure Plant Power – Organic Essential Oils:

- Certified organic
- No chemicals, pesticides, or fungicides
- Topically and internally have healing powers
- Find the ones used as dietary supplements
- They have an anti-inflammatory effect

Secret #7 – Soil based probiotics:

- Create enzymes
- Eat up the bad bugs in your system





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**Irvin Sahni**

## “Near Infrared Sauna Therapy: Natural, Low-Cost, and Effective Detoxification”

### Presentation Key Insights:

Did research on detoxifying compounds.

Leverage your own physiology through infrared sauna.

Near Infrared sauna – is relatively inexpensive:

- Can make your own with \$150 at Home Depot

Use your own sweat to detoxify.

Sauna has been around for many, many years:

- Native Americans had the sweat lodge.
- Egyptians used it to treat tumors.

Raise your body's temperature and body sweats naturally and this detoxifies you.

Ways to utilize Sauna – focus mainly on detoxing.

Organic Chemical Toxins – cannot escape them. They are everywhere. Impossible to avoid.

- These toxins are responsible for 80% of cancer deaths.
- Toxic metals are only second to herbicides and pesticides (which also contain heavy metals).

Toxic Metals:

- Lead is bad and affects your nervous system. Causes more than 100 conditions.
  - When eliminated via sauna has a sweet odor.
- Cadmium associated with heart disease, cancer, fatigue, arthritis, violence, infection, back pain, and other conditions.
  - Rapid elimination may cause fatigue.
- Mercury is in almost everyone. Linked with hypothyroidism, immune issues, digestive problems, learning disabilities, autism, ADHD, and others.
  - Fishy odor with elimination.
- Other toxic metals include aluminum, fluoride, chlorine, arsenic, copper
  - Even physiological metals we need can be toxic if there is too much. E.g. magnesium, iron, etc.

Radiation Toxicity – radiation is carried on mineral particles into cell, causing cell damage.

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## THE TRUTH ABOUT CANCER

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How does Sauna therapy work?

- Nervous System is composed of a voluntary system and autonomic nervous system (autopilot)
- Sympathetic Nervous System – Fight or Flight, energy is used for defense, directs blood to muscles and brain, heart rate and blood pressure increase, blood flow to digestive and elimination organs decrease, activates the thyroid and adrenal glands, body enters a state of catabolism – this is where Sauna Therapy can be very helpful.
- Parasympathetic nervous system – this is for nourishing and healing is anabolic, in a state of rebuilding. It is activated through rest, relaxation, and happy thoughts.

Phase 1 of Sauna Therapy (it is true of all saunas – any sauna therapy is better than no sauna therapy)

- Temperature remains at basal level
- Sweating is light, but is induced
- Inhibits the sympathetic nervous system
- Reduced heat production
- Improved oxygenation
- Dilation of peripheral vessels
- Decreased internal organ congestion
- Relaxing of the muscles
- Increased flexibility of tendons and ligaments

Phase 2 of Sauna Therapy – where the magic happens

- Starts at 10 to 30 minutes
- Body temperature rises (abruptly)
- Blood shunted to surface (skin)
- Heart rate and sweating increase
- Greatest benefits occur during phase 2
- Weaker cells die more quickly
- Pathogenic organisms are disabled
- Resolution of infiltrates and exudates

Common to all forms of Sauna:

- Body will get better at sweating the more you do it.
- Improves oxygenation
  - More blood flow to lungs and skin
- Dilation of peripheral vessels
- Relieving internal congestion
- Relaxing of muscles and tendons
- Reduces heat production – reduces the need of the body to produce its own heat
- Increase alkalinity of the system – many bacteria and viruses secrete acid

### Common to all forms of Sauna Phase 2:

- Body temp rises
- Cancer cells do not do well with heat – no way to dissipate heat
- Promotes death of weaker cells – cancer cells, bacteria, fungi, parasites, cells infected with viruses
- Heat shocks proteins – heating suspends production of normal proteins – can prevent cancer and heart attack
- Improve Genetics by improving circulation and removing radioactive particles
- Increases heart rate, enhancing circulation
- Resolve infiltrates, edema, exudates
- Normalizing enzymatic activity when body temp is too low – makes enzymes work more effectively

### Far Infrared Sauna:

- Newer type of sauna
- Usually uses ceramic heating
- Deep tissue heating and it penetrates in the tissue
- Allows sweating to begin sooner than hot air saunas
- Allow sweating at a lower temperature
- Enhancing the activity of water molecules
  - Resonates with water molecules
- Downside of infrared saunas is emission of EMFs
- Infrared lamps
  - Can buy at Home Depot
  - Shortens cluster chains of bad molecules
  - Removes heavy metals
  - This does not occur in other types of sauna
  - Accelerates the healing response
  - Reduces lipid peroxidation and enhance O<sub>2</sub> production
  - Relieves pain – reduces muscle spasms, improves oxygenation, removing irritants and toxins
  - Color therapy – nourishes adrenal glands, liver and kidneys
  - Ability to focus energy on one area – (stiff back). Proven to work with people that have fibromyalgia, diabetic neuropathy
  - Enhanced effects on DNA
  - Can penetrate as much as 3 inches with a lamp or 1.5 inches with infrared sauna
  - Lamp sauna – need to rotate every 15 minutes
  - Dr. Lawrence Wilson is a guru on Infrared Sauna Therapy. He has references to all these claims.

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- Book: [Sauna Therapy for Detoxification and Healing](#) by Lawrence Wilson, MD

Slide of a 88 y/o diabetic female with vascular disease (damage to ankle area). Usually limbs need to be amputated. Vascular disease healed after 81 days of lamp therapy 3x per week.



ABOVE – Ty, Irvin, and Charlene

BELOW – Irvin, Stephen Moore, Ty, Mario Guajardo, and Todd Powell (Baylor reunion anyone?)



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**Keith Scott-Mumby**

### “Homeopathy: The Scientific Proofs”

#### Presentation Key Insights:

“Less than one billionth of the universe is matter... the rest is energy and information.” – Carlo Rubbia (Nobel Laureate for Physics)

It follows therefore that the problem with disease is not the physical manifestation, which is merely the result, but the information-energy process surrounding it, which is where the cause lies.

#### Important Emergent Paradigm:

- Matter is really energy and information in disguise, not “stuff.”

#### The “Problem” with Homeopathy:

- It cannot work because there is “nothing there.”
- Critics ONLY look at the material nature of the disease.
- The idea of a cure is only more “stuff” to vanquish the disease.
- Homeopathy is a “system” of information and energy, which can modulate the course of a disease.
- This attacks the whole foundation of modern medicine!

Homeopathy founder Samuel Hahneman didn't like the dangerous medical system of the day.

- Evolved the principle of “like cures like.”

Homeopathy – means the same as the disease – you mimic the symptom pattern = simillimum:

- Diluted many times: 10x10x10 etc.
- Succussion – make a dilution and shake it each dilution
- The more you dilute it the stronger it gets (potentizing). Extra dilutions are called potencies.

Dilutions beyond the Avogadro number  $1 \times 10^{23}$

- Ergo no weighable “substance” present

In 3 different studies it was proven the Homeopathic solution outperformed the placebo.

In a double blind, random, crossover, placebo controlled study.

A spectroscopic analysis of potentized belladonna shows that the water has energy.

The memory of water – the scientist diluted substances – as he dilutes the substance the effect of it goes down, until he increases the dilution and then the effectiveness goes up.

A study of the effectiveness of minerals on a leaf through dilution had similar results. The effectiveness increased with increased dilution.

- This has been replicated numerous times.

Luc Montagnier, Nobel Laureate 2008 – 2 entirely separate solutions in intertwined glass tubes.

One tube contains DNA, and the other contains diluted DNA fragments.

- DNA developed overnight in the tube with the fragments. (This goes vs. the laws of physics).

Homeopathy is an information system:

- Although (often) no physical substance remains in the remedy, an energetic imprint is retained which is capable of transmitting comprehensive, healing information.
- Dilution does not block this process because it does not require physical substance to take place.

The Modalities:

- Nosodes: potentized pathogens and diseased tissue
- Sarcodes: potentized healthy tissues and organs
- Isodes: the same that caused the trouble
  - e.g. Milk for a milk allergy
- Miasms: chronic disease “shadows,” down through the generations
- So-called Imponderables: moonlight, gravity, colors
- Intermediate Catalysts: all enzymes of the Krebs cycle potentized and taken in turn
- Flower Remedies: Bach, Recue remedy
- First Aid Remedies: Calendula (burns), Arnica (bruising), Aconite (shock), Traumeel (tissue injury), Mulla-Mulla (good for radiation burns)
- Special: Funiculus umbicalis suis, Placenta comp.

Homotoxicology – self-intoxication

- Uses mixtures of remedies (compositum)
- Uses mixtures of potencies (chords)
- Remedies relate to organs and diseases, not the constitution of the patient.

Classic Homeopathy is a single remedy, on specific potency, typically in very high dilutions: 1M, 2M, etc. Often causes a “healing crisis.” Constitutional prescribing (types) e.g. Pulsitilla Complex Homeopathy (aka German homeopathy or homotoxicology). It follows Pischinger’s matrix. Cancer: Mistletoe (Viscum) – In Germany and other European countries, mistletoe is one of the prescribed drugs for patients with cancer. Mistletoe extract has been shown to kill cancer cells in the lab to affect the immune system.

- Mistletoe extracts are usually given by injection (no mention of homeopathy).
- Mistletoe contains cytotoxic lectin, viscumin. It also contains cytotoxic proteins and polypeptides.
- Mistletoe presentations – Biscum copositum – (HEEL) usually provokes a fever which means the immune system is working.
  - Abnoba series: supposedly depends on the host tree – different trees work better with different types of drugs.

The Banerji Brothers – 6 out of 7 patients with incurable glioma taking Ruta 6x and Calc Phos 3X had complete regression.

- In an accompanying lab test, scientists reported these remedies induced apoptosis (programmed cell death).
- Banerji Foundations: 21,888 people with malignant tumors, 19% recovery without chemo or radiotherapy and stabilized a further 21%. That’s over 40% benefit!

MD Anderson Cancer Center, Houston – 2 remedies tested: Carcinisin and Phytolacca were found to be as effective as chemo Taxol.

- Were tested against 2 human breast cancer lines. There was an 80% response vs. placebo.
- The more they were diluted – the more effective they were.

Miasms go to the core of all diseases.

Benefits of Homeopathy:



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- Inexpensive (little substrate!)
- Gentle mode of action (few or no side-effects)
- Can be used in conjunction with most other treatment modalities for cancer or any other disease
- Treats many layers of the disease, emotional, etheric and spiritual, as well as the physical.

Homeopathic supplies:

- HEEL (Germany) – [www.heel.com](http://www.heel.com)
- Dr. Reckeweg (Germany) – [www.reckeweg.de](http://www.reckeweg.de)
- Guna (Italy) – [www.gunainc.com](http://www.gunainc.com)
- Deseret Biologicals (Utah) – [www.desbio.com](http://www.desbio.com)
- Ainsworth's (London, UK)
- Laboratoire Boiron (France) – [www.boiron.fr](http://www.boiron.fr)

Book: Medicine Beyond: Startling New Dimensions Of Health and Healing For The Future by Keith Scott-Mumby, MD



Dr Keith and Vivien Scott-Mumby

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**Jeffrey Smith**

### “Why Avoiding GMOs and Roundup Residues is FUNDAMENTAL to Your Health”

#### Presentation Key Insights:

UK doctor discovered GMOs were unsafe in 1999, but he was put under a gag order. When gag order was lifted, major companies eliminated GMOs in Europe. The same companies continued to send products with GMOs to the US.

The tipping point in the US is coming now. Companies are starting to eliminate GMOs in our food. We helped redefine the debate on GMO. Companies are doing volunteer labeling and consumers are demanding non-GMO products.

Major GMO crops – Soy, Corn, Cotton, Canola, Sugar beets, Alfalfa

Two primary traits: herbicide tolerance, Roundup Ready, pesticide production (Bt toxin)

Minor GMO crops – Papaya, Zucchini, Crookneck Squash, Apples that don't brown when sliced

FDA declares GMO are not different in 1992. Agency scientists warned of:

- Allergens
- Toxins
- New diseases
- Nutritional problems
- Overruled by Michael Taylor – in charge of FDA policy
  - Former Monsanto attorney and later Monsanto VP
  - Now US Food Safety Czar

People that eliminate GMO foods:

- Notice an increase in memory and decrease in brain fog
- Improved asthma and allergies
- Reduction in weight
- Improved digestive function
- Improved sleep

Repeating patterns in lab animals, humans, livestock, pets, disease patterns.

Animal Feeding Studies showed:

- Increased aggression
- Hormonal imbalance
- Sugar imbalance
- Gastrointestinal problems.
- Reproductive
- Organ damage in skin disorders, weight, intestinal and liver damage, death rate

Doctors told me “GMOs cause inflammation, more allergies, etc. When I prescribe a non-GMO diet to my patients, they all get better.” 5,000 patients improved their health.

When you switch to organic pet food – pets have more energy, fewer gastrointestinal issues.

Improvements in people – reduced pain, headaches, diabetes, hormonal problems, autism, blood pressure, etc.

#1 improvement is digestion, increased energy, reduced weight, etc. (Study coming out)

Chart shows correlating data between Roundup uses and various diseases:

- ADHD, Crohn's, diabetes, blood pressure, metabolism, dementia, Alzheimer's, suicide by overdose, anxiety, etc.

Families that switch to organic:

- 77 infertile couples switched to organic and all 77 now have children
- 3 kids with autism – 2 no longer have autism and 1 has switched to a mainstream classroom

Movie: [www.secretingredientsmovie.com](http://www.secretingredientsmovie.com) by Jeffrey Smith & Amy Hart

Convert people to be vigilant about eating non-GMO foods.

Movie: [www.geneticrouletemovie.com](http://www.geneticrouletemovie.com)

3 possible causes of problems with GM crops:

- The process of creating a GM crop creates unpredicted changes in DNA and plant composition.
- Bt toxin in corn and cotton may be harmful
  - Causes holes in the gut
- More herbicide residues
  - GM crops increased herbicide use by 527 million pounds over the first 16 years (1996-2011)

Glyphosate (Roundup):

- Binds with minerals and depletes them
- Antibiotic kills bacteria which kills the good bacteria in our gut
- Blocks the production of aromatic amino acids
  - Depletes serotonin, melatonin, and dopamine – all of these regulate sleep, mood, etc.
- Depletes Vitamin D
- Disrupts liver function – body cannot filter out toxins
- Class 2 carcinogen
- Mitochondrial toxin – explains fatigue and brain fog
- Endocrine disruptor – hormonal imbalance
- Promote birth defects
- FDA does not test levels of GMOs – that is why we recommend eating organic
- Hamsters fed GM soy for 3 years were infertile and had a 50% death rate of babies and a defect where hair grew in their mouth.
- GMO mosquitos – people want to make GMO trees, livestock, everything.

The tipping point for rejection of GMOs is happening. Tipping point against rBGH.

When given a choice between piles of GMO feed and non-GMO feed – some animals will avoid GMO food and some will not eat at all if only given GMO food.

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5 Year Master Plan:

- To stop GMO food and feed in the US and most nations.
  - Food within 3 years
  - Feed within 5 years

[www.NonGMOShopping.com](http://www.NonGMOShopping.com) has a list of non-GMO foods, but you should really look for both non-GMO and Organic foods (this is the gold standard).



The Bell family and the Bollinger family



Getting ready for the Ultimate LIVE Symposium to begin

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**Sherri Tenpenny**

### “VACCINES and CANCER – Is there a Connection? What’s Coming Through That Needle Could Be Deadly!”

#### Presentation Key Insights:

Stop cancer before it starts.

In 1985, there were 3 childhood vaccines (MMR, Polio, DPT). The current vaccine schedule calls for 46 doses of 14 vaccines for children up to 6 years old and 49 doses of 16 vaccines for children up to 18 years old.

There is a pending schedule that is coming out with 13 vaccines approved for adults.

Childhood chronic diseases are increasing in the US, caused in part by vaccines plus other factors found in the environment.

- A fully vaccinated mom and dad can cause corruption of the DNA in their child.

Today's lecture will focus on the influenza vaccine.

- The flu vaccine schedule starts at 6 months of age.

Steps for processing the flu vaccine:

- Step 1 – Select viral strain to inject into an egg. There are 100s of strains and sub-strains. The WHO selects new strain based on what was the most prevalent strain in SE Asia last year. It is just an educational guess.
- Step 2 – Process the virus for use. The WHO seed virus is mixed with a virus that grows well in eggs.
- Step 3 – Selected eggs go through a process called candling to identify a fertilized chick embryo which is then inoculated.
- Step 4 – After 11 days of incubation, forceps are used to open the shell and the viral suspension is removed. The extraction is then centrifuged to separate the virus from egg, but the separation isn't entirely complete. Residual egg protein remains.

Do flu shots work?

- It depends on how prevalent the flu viruses are during flu season.
- The CDC has 120 testing stations that collect nasal and throat swabs to be sent to the CDC to identify viruses. Data from 1998 to 2008 shows only 14% of the samples were positive for flu over this 11-year period. The other 86% were identified as another type of virus.

How many people actually die each year from flu?

- It has been reported that 36,000 people die each year from the flu.
- Data from the American Lung Association showed an average of 1,375 deaths per year from 2005 to 2013 – less than 5%.
  - The difference between the two reports is that most people with the flu actually died from other conditions than the flu.
  - The association's data also showed that as the number of flu vaccines increased, so did number of influenza cases.
  - Is the vaccine increasing the susceptibility of getting the flu? Pneumonia vaccines showed similar results.

What if you have a severe egg allergy?

- New recommendations as of 2016 state that people who experience hives after exposure to egg should not receive any type of flu shot.
  - People with other reactions to eggs should receive the vaccine, as long as the injection is supervised by a health care provider.
  - Why risk it if only 14% of viruses are identified as influenza?
- Eggs are tested for a list of specific pathogens and, if none are found, the eggs are considered safe.
  - What about the pathogens that are not being testing for?
- Manufacturers only get one crop of flu shots per year using eggs, which is very expensive and time consuming. So they are moving to a new technique called a cell line technique that will allow them to harvest the flu vaccine every 6 to 8 weeks.
  - African green monkey kidney cells, insect cells, dog kidneys, and human retina cells are being used to make the vaccine. Who wants that?

### Problematic ingredients:

- Post production, flu vaccines have problematic ingredients added:
  - including chicken, dog antibiotics, chemicals and buffers, detergents, hydrocortisone, MSG, polysorbate 80, sucrose, sodium deoxycholate, synthetic Vitamin E, gelatin, formaldehyde, mercury, and more.
- There is a relationship between gelatin in vaccines and allergic reactions including anaphylaxis.
  - Recently vaccines made with gelatin were tested and found to contain glyphosate. The researchers are currently in the process of double checking their data. This is the same herbicide in Monsanto's Roundup.
  - There are a large number of vaccines that contain gelatin.
- Mercury is still in vaccines.
- Formaldehyde has been known since 1981 to be carcinogenic. It was added to list of carcinogens in 2011.
  - The FDA says that formaldehyde toxicity should be less than 0.052 ppm. The EPA says that formaldehyde should be less than 0.06 ppm in the air in a building. Symptoms of toxicity start at 3 ppm. Formaldehyde is dangerous to life at 20 ppm. OSHA says there is no known threshold below which cancer risk does not exist.
  - There is 50 to 200 ppm of formaldehyde in several vaccines.
- Stray viruses are found in vaccines, including the Avian Virus.
  - Government agencies and the medical industry meet twice year to discuss problems with vaccine contaminants.
  - Embedded in DNA so can't be tested by lab and invisible to immune system.
  - The MMR, flu, and yellow fever vaccines are made with eggs.



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- The EAV and ALV retroviruses are eggs. EAV cannot be eliminated. ALV is similar to the sarcoma virus which is known to be associated with cancer.

Retroviruses can activate cancer:

- Drug companies are given money for research, so why haven't they solved this problem?
- Judy Mikovits, PhD, reported in her book, Plague, that retroviruses are in 6% of healthy Americans. That is 20 million people. Seeds of cancer lie within us.
  - Activated, uncontrolled cell growth can occur. Insertion of viral DNA or RNA into a host genome can activate proto-oncogene.
- FDA scientists have said that multiple exposures to retroviruses have not increased childhood cancer. They should really be looking at whether a vaccine can cause cancer.
  - No vaccine has ever been tested to see if it can cause cancer. You can't find something if you are not looking for. This is no answer that a drug company wants to have.

Bovine serum is in vaccines.

Why are stray viruses a concern?

- A study on mice showed that when 100 particles of benign herpes A were injected, the mouse did not die. When 100 particles of benign herpes B were injected, the mouse did not die. However if the mouse received only one particle of both A and B, 62% of the mice died.
- In addition, 11 new recombinant viruses were isolated from the dead mice.
- Two avirulent viruses can interact in vivo to produce a virulent recombinant that can be lethal.

There are close to 300 vaccines and 140 have been added to the vaccine schedule.

CDC held three town halls to discuss if revaccination was needed for small pox.

- I attended one meeting where it was said, "They need to be vaccinated for more, you know."

The adult vaccine implementation plan is coming down the line and is modeled after the children schedule.

- Vaccinations will be tracked through your electronic medical record.
  - In Australia, senior citizens could be denied access to their form of Medicare if not vaccinated. It is also being discussed that they will not be able to get a tax refund.
  - Where does it go from there? Will you be denied access to the grocery store, travel, driver's license? Is that in our future?

Everyone needs to get involved. Many resources exist for education on vaccines.

- Exceptions to vaccines exist. Ask questions.

What can be done if already vaccinated?

- Can't be un-vaccinated
- Just say no to future vaccines
- Clear / cleanse immune system
- Cleanse organs regularly
- Pump lymph system
- Ensure getting antioxidants and vital nutrients
- Homeopathy to normalize dissonant energy patterns
- Change way of thinking

Vaccines are not safe, don't protect, and are not necessary.

- Stop calling an infection a disease.
  - Infections cause fever, cough, rash, and diarrhea. They come and go for vast majority of population.
  - Instead, we are crashing the immune system of the vast majority of people.

Model legislation is coming for every state in country forcing vaccinations on children.



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**Mary Tocco**

## “Vaccine Risks, Rights and Responsibility”

### Presentation Key Insights:

I raised my children with no doctor visits, no shots, no medication.

Vaccinations are not healthy.

I am an independent researcher. I am not a licensed physician.

We are in a childhood health crisis.

The percentage of pediatric chronic illness has increased from 1960 (3%) to 2011 (50%). Also an increase in SIDS rates. US is #29 out of 33 countries.

- 2 in 4 children have a chronic illness: asthma, diabetes, learning problems, food allergies, ADHD, depression, autism, obesity, seizures.
- Top 7 nations with lowest SIDS rates only recommended 12 vaccines in first year compared to 26 in US.
- Infant mortality rates remain high in nations that cannot supply clean water, sanitation and good nutrition.

“The purpose of the pediatrician is to indoctrinate your child into a life-long dependency on drugs...the well-baby visit is worthless.” – Dr. Robert S. Mendelsohn

- Book: How to Raise a Healthy Child in Spite of Your Doctor by Robert S. Mendelsohn, MD

I am not against medication. I believe it is necessary in emergency situation.

Tylenol (acetaminophen) – there is a free study on my website that shows a link to autism and other diseases.

- #1 reason for liver failure in the US

If vaccinations are working so well, why are our kids so sick?

- Autism, Asthma and Diabetes are not going away until think about the problem differently.

People that choose not to vaccinate usually come from higher income, educated homes. It is a choice not to vaccinate.

The immune system starts to develop at 5 weeks gestation, but the baby's immune system is suppressed so it does not fight with the mother.

- Normal vaginal delivery helps the immune system kick start.
- Breastfeeding boosts that immune system even further.
- Millions of times daily in newborn babies their body is responding to foreign things in environment. Infants get exposed to all bacteria, fungi, spores, viruses, and infection illnesses by their mouth, nose, ears, and lungs.

Runny noses, fevers, swollen glands, body rashes and the immune system filters out toxins and learns about the environment.

- At 102 degrees – activates T-cells, which produces interferon, a protein that prevents viral growth.
- 103 degrees all nutrition sent to the spleen to starve bacteria, bring body into balance. Attempting to avoid febrile seizures by suppressing the fever is not effective.
- A swollen gland – acute inflammation – is the immune system working to filter out the things it does not want.

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- The body gets stronger by overcoming a challenge
- The immune system learns by being in combat.
- C-section babies are at a disadvantage. No kick-start of the immune system. Causes gut issues.
- If the baby is not breastfed, they are at a huge disadvantage.
- Blood-brain barrier – the body's way to protect the brain. Some infants may not have a fully developed blood brain barrier at birth.

Vaccines – bypasses the mucus membrane because it is injected. (It does not go through the nose or mouth or lungs).

- Goes completely against how nature intended us to build immunity.

No double blind vs. placebo studies on vaccines.

Every human is unique – vaccines are a One-Size-Fits-All. We all have different genetic strengths and weaknesses.

Herd Immunity – it is a theory – never been proven.

- Dr. Russell Blaylock says we should all be sick because vaccines only work for 5-10 years.
- There is no evidence of Herd Immunity

Mumps, Pertussis, Chicken pox outbreaks in various areas – high percentages of the kids that got sick were vaccinated.

What exactly are we injecting?

- The Adjuvant – turbo charges your immune system – most are toxic and carcinogenic:
  - Aluminum phosphate, peanut oil, oil emulsions, glycerol monostearate, mineral oil.
- We are injecting things in the body that belong in the gut.
  - Causes peanut allergy, gluten allergy.
- Aluminum – anything over 10-20 micrograms is toxic.
  - The first injection given to babies in the hospital has over 250 micrograms of aluminum.
  - Aluminum also given to preemies in neonatal care as nutrition thru an IV.
  - By 18 months a fully vaccinated child will get 4,925 micrograms of aluminum.
- ASIA – Autoimmune Syndrome Induced by Adjuvants – The adjuvant is aluminum.
- Ethylmercury (in vaccines) is more toxic than methylmercury (in fish) because it crossed the brain barrier faster and takes longer for body to process.
- Thimerosal – toxic. 2ppb is the mandated limit in drinking water.
  - There is 25,000 ppb in infant flu vaccine.
  - 50K ppb in regular adult flu vaccine.

[www.ChildhoodShots.com](http://www.ChildhoodShots.com)

Find vaccine ingredients at [www.novaccines.com](http://www.novaccines.com)

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**Andrew Wakefield**

### “A Crisis in Public Health”

#### Presentation Key Insights:

“Vaxxed” – from cover up to catastrophe

- Historians will document that this period of time will mark the end of the first republic of America. Government has given control to corporations. When you lose free press, you lose democracy. The pharmaceutical industry is the most powerful and dangerous corporations in my opinion.
- There are cases of children dying within hours or days of receiving a vaccine. But you don't see dead children. There is no clinic for dead children.
- The system won't admit wrong. Science has failed us because the system is corrupted.

Writing a screenplay:

Movies can be catalysts for change. Film for 20<sup>th</sup> Century is more than art. It is the world seen from inside. Where will it end? – Shakespeare.

Aristotle studied under Plato who defined story, the play.

What we deal with is either a tragedy or comedy.

- If the protagonist fails to overcome the flaw, it is a tragedy.
- Comedy where the protagonist is able to overcome the flaw. The protagonist learns, improves, become better. There is usually a happy ending.

Who is the protagonist? You could choose family members, pediatricians, general practitioners, someone in the pharmaceutical industry. Would they take us where we need to be at ending? They don't. It is too big to see through their eyes.

The protagonist has to have a flaw. At the Simpsonwood Conference, the CDC discusses a study finding of a seven-fold increase of autism if exposed to mercury.

- The data was massaged repeatedly until the significance was removed. It was fraud but no insider admitted to fraud.
- Dr. Richard Johnson: “As an aside, we found a cultural difference between vaccinologist and environmental health people in that many of us in the vaccine arena have never thought about uncertainty factors before. We tend to be relatively concrete in our thinking.”

The protagonist is Public Health embodied by Dr. Johnson

In Jurassic Park, you see eggs hatch which turn out to be all female so they can't reproduce. You don't understand, nature will find a way. This defines the film. Nature found a way.

#### Act 1

Dr. Johnson is certain of vaccines.

- We have a setup want that drives the character forward and that is universal vaccinations but there is an impediment in form of complications following vaccines, such as Guillain-Barre syndrome.
- We don't disclose that we know about the potential danger but we pull out of vaccine production because it was not profitable.
  - This is bad for Dr. Johnson's dream.

A law was signed by President Reagan that withdrew the responsibility from doctors who administered the vaccines. A tax was put on each vaccine to pay for compensation.

- If vaccines effective, why is this money paid at all?
- Now impediment is dealt with and we can move forward.
- There is a catch...
  - The catch is it is a lie.

Uncertainty as it applies to the interaction between host and infection.

- The uncertainty is far greater in biological systems than in quantum mechanics.
- Virulence – dose, strain, route, age, health, competing and synergistic variable(s)
  - The only certainty is uncertainty.

Example: MMR immune interference when combined with chicken pox vaccine added the risk of febrile seizures and thus autistic regression. All about assumption.

Example: What would be a reasonable safety study for giving the Hepatitis B vaccine on first day of life? The study lasted 4 days and not tested in neonates.

Example: Rotaviruses contains remnants of pig virus. The long term risks or benefits are not known.

The crusade to immunize the world's children was lead by the Gabby Foundation which is headed by Bill Gates. The dangers of vaccines were never discussed.

End of Act 1 and we have reached the point of no return. Will this story be a tragedy or comedy?

Introduction of new character:

- A parasite that sucks the blood of the protagonist. This is not a mutually beneficial relationship.
- This amoral character will suck the blood until the victim destroyed.
  - The parasite is the pharmaceutical industry.

### Act 2 – Tragedy:

There is a dramatic expansion of the vaccine schedule.

With the law signed by Reagan, there is no liability of damage done, mandates are made across country, and most people don't know about religious exemptions.

- Injuries and deaths occur.
- New disease syndromes are seen.
- There is public unrest and professional concerns.
- There is vaccine rejection.

The protagonist is at peak of power at the end of Act 2.

### Act 3 – Reversal:

Johnson forced to confront the flaw and makes a climactic choice, one that worsens his flaw.

- He was forced to make decision because he discovered his certainty was based on a lie.
- Someone came forward from the CDC and said we committed medical fraud.
  - There was a relationship between MMR and autism in different age groups.
  - Documents destroyed to hide it. Ten thousand documents were given by him.
  - These people were charged with the health and welfare of children.

So, we made a movie: Vaxxed.



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- The movie was withdrawn from Tribeca due to pressure.
- In California, children can't go to public school unless vaccinated. In Virginia, vaccines are required even for home schooled children.
- 19 states introduced bills in 2015 to remove exemptions.

Control slips through the hands of the protagonist even more. Contain individuals until they agree to vaccinate. If there is an outbreak, sign an executive order.

Develop a drive through point of dispensing plan guided by NACCHO. Route all problematic individuals to onsite law enforcement even if they are not a physical threat.

Take revenge on doctors who offer exemptions. They will lose their license.

Censorship in Tribeca, Houston Team WorldFest, and Austratia. There was blackmail, threatening, and no free press. If the movie was shown, one would have seen. Now a million will see it.

- It had an 8-week run in Toronto, has high ratings on Amazon, and is the 4<sup>th</sup> highest revenue grossing film this year.
- Do not tell the American people what they will think, read, and see.
- When the movie was pulled from the film festival in Australia it made national news.
- The Italian senate wanted to see the film before showing it.
  - A senator said no to anti-scientific campaigns and misinformation. He hasn't seen it. The senate in Italy is now being sued.

Children are the true tragedies. I am done with playing nice with anyone.

How will story end?

- Phyletic gradualism vs. punctuated equilibrium theories on genomic diversity. I favor the latter.
- There is massive pressure on neonatal immune systems through toxins in the environment, vaccines, and GMOs.
  - Will determine who lives, who dies.
- We are seeing girls on Gardasil at 16 years old who are experiencing menopause after ovarian cancer.
- We can prevent this.
- The ending of the story will be defined by you. The protagonist's (public health) blood has been sucked by pharmaceutical corporations. Will there be no health benefits, no schooling, incarceration if not vaccinated?
- The failure of public health is due to concrete thinking and uncertainty.
  - Microorganisms will survive and haunt you. Nature will find a way.
  - Citizens must take country back from corporations and elect officials who will stand up and protect you and future generations.

The film "Vaxxed" can be streamed on line. It is a powerful film and an agent for change.

- Take it to those people who didn't believe, people who thought you were crazy, family members that wouldn't let you mix with them, doctors who belittled you, media that mocked you.
- Maintain the power of Dr. Richard Johnson's conscience who said, "I can live with what I have done no longer."

We need to remove vaccines from CDC and put with people who do proper science and protect this country.



Bella Tommey and Andy Wakefield with Ty and Charlene



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**Chris Wark**

## “Nutrition vs. Cancer”

### Presentation Key Insights:

In 2003 I was diagnosed with stage 3 colon cancer at the age of 26. Rushed into treatment, and I had no information about cancer. Was the typical clueless cancer patient. Surgery was rescheduled a week later, because of a mix-up. Doctors said I had “bad luck” and there was nothing I could do to help myself.

Took 1/3 of my colon to remove the tumor, and lymph nodes. I had metastatic colon cancer, which causes death, and was told I needed chemo.

The first meal they served me in the hospital after surgery was a “sloppy joe.” My surgeon came to see me before being released. I asked the surgeon if there were some foods I should avoid. The surgeon told me, “No.” He just told me “not to lift anything heavier than a beer!” I was very insecure, and very prideful. I could not imagine myself as a cancer patient. It also did not make sense that I would poison myself back to health with chemotherapy. Prayed with my wife for God to show me a way for a cure besides chemo.

Two days later, a book arrived on my doorstep from a man in Alaska who I didn’t know. (My dad’s friend). The book was called, [God’s Way to Ultimate Health](#). Believed the book was the answer to my prayer, but everyone around me told me it was not the answer. Everyone else (my wife included) wanted me to do chemo. It created fear, anxiety, and doubt. It was really hard to have the people around me not support me, because they didn’t like my choices.

I went 100% raw overnight, and drank carrot juice every day. My family still wanted me to go to the cancer center and talk to the doctor about alternative therapies. Felt out of place, because I was younger than everyone else there. In the waiting room, the morning shows were on. Jack Lalanne was on one of the shows talking about health and nutrition. He said, “If man made it, don’t eat it.” No one was doing the raw food diet at the time and I didn’t know about it.

Doctor told me I had about 60% chance of living 5 years with chemo treatment. (It was really only about 20%). The Cancer Clinics try to convince you that the treatments that failed most people will help you. I asked doctor about raw food diet and alternative treatments. The doctor became very arrogant and condescending. I felt like he was trying to sell me on the treatments. The fear took over and I made an appointment to have a port put in. Cancer Clinic is the fear factory. They tell you very little and manipulate you by saying if you don’t do what they say, you will die.

I realized I had two paths:

- One path was to chemo with support, but there was no guarantee it would help me.
- Path Two was the nutrition path, which had no support. I knew the path to nutrition is the one that God led me to.

I continued eating raw foods and juicing. I felt like my body could heal me. The whole idea that cancer is a battle was developed by the cancer industry. If there is a battle or war, you have to suffer to get through it. You don’t need to fight yourself. You need to heal yourself.

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## THE TRUTH ABOUT CANCER

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The day came to have the port put in, and I woke up and decided not to do it. The cancer clinic kept calling and leaving messages. Sent a certified letter to my house asking me to call the doctor. Then they quit calling. They finally left me alone and I was free.

I did have one person supporting me through this – my mom. She had a huge library of books on natural health, and health in general. I also saw a nutritionist and found an oncology doctor that was trying alternative therapies. For the most part I was alone between appointments, and I know other cancer patients feel alone in their journey to go against the conventional therapies.

Every cancer patient that survives has a strong will to live. The strong will to live makes you willing to change everything. No excuses. You have to be willing to change your bad habits. Have to be willing to forgive. Stress comes from all negative emotions: jealousy, criticism, judgment, and guilt. This produces cortisol and this suppresses immunity and increases inflammation. Face your fears and failures and forgive every person who has wronged you. Forgive yourself.

[www.chrisbeatcancer.com](http://www.chrisbeatcancer.com)



Chris Wark engages in serious conversation with Ocean Robbins and Jamie Martorano

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**Bradford Weeks**

### “Strike the Root: Attacking Cancer STEM Cells with Seed Nutrition”

#### Presentation Key Insights:

Part 1 – Definition of the Problem:

Corrective Cancer Care™ – it is time to remedy cancer stem cells.

- Strike the root, don't just suppress the symptoms.
- Political and economic factors – not science – drive medicine.
- Oncologists are harming patients because they can only offer the current standard of care. We should be offering tomorrow's medicine today.
- Providers should help patients to remedy their own cancer process.
- Cancer is a process, not a disease per se.
- Focus on cancer stem cells, not cancer tumor cells.
- The standard of care makes cancer worse.

Inflammation:

- Short term, acute inflammation is immune enhancing.
- Long term, chronic inflammation is immune suppressing.
- “Centisible” care is safe, effective, and cost-effective.
- Detoxify and reduce inflammation to enhance cell health.

Cancer is horrible and, per Dr. Max Wicha, is made worse by chemotherapy and radiation. It does more harm than good.

- Most patients actually die from chemotherapy.
- There is NO proof that chemotherapy extends life.
- Tumor shrinkage does not translate to longer survival for patients.
- 20% of the time, chemo is given inappropriately.

Chemotherapy:

- A study has shown chemotherapy contribution to the 5-year survival rate to be 2.3% in Australia and 2.1% in the USA.
- Why is the use of chemotherapy growing in face of failure? Money. The standard of care is determined by committee and not by science. If the solution is not profitable, then the problem does not exist. They don't want to talk about it.
  - Eg. Homocysteine was found in 1983 to be a risk for sudden death from heart attack but the study was attacked because the treatment only cost pennies. The researcher was later fired from his job.

The War on Cancer:

- The war on cancer has been won. The mission has been accomplished. Wars are waged for profit.
  - Since 1974, there have been huge profits from cancer treatment.
- The war on cancer patients has been won. Patients are used as a renewable resource which is tragic.
- “Chemo and radiation make your cancer worse.” Dr. Max Wicha.

- Tyranny is the standard of care. Thinking among physicians is discouraged.
- Dr. Otto Wolff, "You don't have to know a lot, just be able to think." I am thankful for Ty Bollinger and all supporting TTAC that we can think together.
- People with cancer who accept standard of care in oncology and survive do so despite and not because of chemotherapy and radiation.
- There is natural healing that doesn't hurt unnecessarily as with toxic treatments
- Don't fear cancer, fear the oncologists.
  - Oncologists can offer only the standard of care because they can lose their license if they vary from the standard. They focus on killing cancer, not saving you. It is an assault with a deadly weapon when they tell you that you have 6 weeks to live and to get your affairs in order. "If you can't be nice, be vague." – Miss Manners.
- Look for love and support from friends and family.
- MD used to mean Medical Doctor but now means Marketing Director for corporate medicine and medical industry communities.
- This conspiracy is putting profit above patient health and wellness.

### Part 2 – The Revolution in Cancer Care

There is a revolution in cancer care going on. Treat the patient, not the cancer.

Chemotherapy enhances cancer stem cells, promotes repopulation. This is no longer a hypothesis. The wrong question is how to make the tumor go away. The right question is how to remedy the cancer stem cell.

The tumor cell is like a hornet nest with the stem cell being the hornet. The tumor cell can live years in the body just as a hornet nest can live years in a tree. If you throw a baseball at the hornet nest, the hornets will be released.

- There is something that triggers the release of the cancer stem cell. The stem cell is like the ringleader in a riot.
- The tumor cell is an innocent bystander, not the target.

A tumor is a benign or malignant proliferation of cells. Only 1% of tumors are dangerous.

- Metastasis is what kills, not the primary tumor.
- Only cancer stem cells metastasize and they resist chemotherapy and radiation.

Why fear the oncologist?

- Because chemo drugs makes cancer worse.
- The standard of care harms patients more than helps patients.
- Cancer stem cell drugs are being profitable. Good thing.
- Dr. Wicha believes we will stop using chemotherapy and radiation in his lifetime.

Cordelia effect – Don't use the current method of killing the messenger, but correct the problem that is triggering the message.

- Treat the cancer stem cell. Removing the tumor is least important step in curing cancer.
- Cancer is a symptom of a systematic process. The tumor is part of solution, not problem.

Inflammation 101 – Inflammation underlies all chronic illnesses and drives all psychiatric illnesses.

- Taking an anti-inflammatory is like using a windshield wiper while driving in a rain storm. Anti-inflammatory medications can be dangerous. It is better to take the whole seed.



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- Use localized anti-inflammatory agents, not systemic anti-inflammatory agents. The latter is bad for you
- Side effects of NSAIDs – There was a Spanish flu epidemic in 1918 and millions died. This is also the year that aspirin was introduced.
  - It has been found that the deaths were not related to flu but to an overdose of aspirin.
- Honey Bee Venom (HBV) offers local and systemic anti-inflammatory benefits for people with many illnesses.

Poison is matter of dosage.

Empower the patient.

- Recommended Book: Love, Medicine & Miracles by Bernie Siegel

Otto Warburg taught us that “Cancer is a suffocation of the tissues.”

Doctors should help patients feel:

- Love
- Enthusiasm
- Compassion
- Meaningful Engagement

The standard of care is not scientifically valid and makes patients worse. There are better options.

Four questions to ask your oncologist:

- Why are you not recommending any safe anti-inflammatory agents?
- Why do you offer us chemotherapy patients candy and cake and cookies after chemotherapy believing that “any calorie is a good calorie” since cancer feeds preferentially on sugar?
- What will you recommend to enhance my health while you kill my cancer TUMOR cells
- How is your recommended treatment going to affect my dangerous cancer STEM cells?

If a doctor has you on opioids, the doctor has given up and is suppressing your immune system. It is better to give methadone, but that is not the standard of care.

Part 3 – The Solution:

Corrective Cancer Care™: “Centisible” Detoxification and Anti-Inflammation to enhance Cellular Membrane Resuscitation “CMR” and Remedy the Cancer STEM cells.

The First Three Steps to Health on spiritual, emotional and biochemical levels:

- Start by taking out the Trash
- Then stop eating Trash
- Then Nourish yourself

Detox 101

- Zeolite 101, most of what is manufactured is junk
  - DrDetox™ product good source of Zeolite
    - It has been tested by Mike Adams who says it is the best from of Zeolite he’s tested.
- My prediction of future of cancer therapy is anti-inflammatory agents: liver, colon, melanoma, brain, breast, pancreatic, prostate, bladder, ovarian
- Black cumin seed – powerful anti-inflammatory agent

- My dad had gray hair at 62 and now at 92 his hair coming in black from black cumin seed.
- Other anti-inflammatory remedies for cancer stem cells:
  - Vitamin D3
  - Melatonin
  - Celery seed
  - Quercetin
  - Berberine
  - Green Tea
  - Bedaquiline
  - Locked Nucleic Acids (LNA)
  - Curcumin
  - Aspirin
  - Disulfram
  - Metformin
  - Celecoxib

### Eat the Seeds:

- Chew thoroughly or freeze and grind the husk
  - Husk is most valuable part of seed. Eat the husk.
- Seeds get the highest intelligence of the plant.
- Food can be your medicine.
- You can have your cake and eat it too, if made from seed flour.
- Don't throw away the seed.
- Lamination of seed is most energy process.

### Warning about oils:

- Stop taking fish oil capsules, they are bad for you. Fish oil creates dysfunctional cell membranes and suffocates and starves the cell.
- Extracted seed oils don't have the husk and oxidized seed oils are pro-inflammatory.

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**Darrell Wolfe ("The Doc of Detox")**

## **“The Talk Sick Truth”**

### Presentation Key Insights:

Love is a beautiful thing and is the reason we came here today.

I want to fill your heart and free your mind.

You are greatest healing power in universe and that has been taken away. You can get it back.

Planet earth is a fun-filled adventure for the whole family as long as you understand rules.

- You were created for life and you are the leading star. Life can be a comedy, adventure, thriller, drama, love story every minute of day.
- You have power to change it. Love yourself.

Do not embrace fear. Do not forget you were created by God and you need to act like it. You choose every moment of the day. When not feeling well, put a smile on and then you are connected to Him.

Until I got this, I didn't know why I was here. Many people are experiencing unconscious living. I can teach you what I know in a few days. If physicians are not training their patients, then they are mistreating their patients.

You will continue to pass on misinformation until you know you are the greatest thing ever created. Sin is missing the mark. I will make a thousand mistakes today. But I don't need your approval for who I am.

We are programmed to lie. Everyone lies because every government system lies. I lie and I don't try to hide it. I was a phony-baloney practitioner for years. We all make mistakes. I forgive you all because they are not mistakes. God knows better.

Self-care, self-love – Your greatest relationship should be with yourself. Until you love yourself most, you will play love ransom with everyone else.

- We need to feed ourselves to answer the epidemic of cancer.

Corporations are not humans. They are a master of manipulation. You actually believe they are your friends.

- Did you know that 8 corporations own 90% of media? They have no heart and live off the living. Only a few families own our country. They study and own every move you make because we don't know what self-love is.
- Corporations are afraid of love. Love connects and unites us. A corporation cannot love. Self-love scares the living hell out of corporations.

Self-love is the most powerful health care system. You are into emergency care. You pile it up until you feel like crap and then deep cleanse.

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Where is the love? Until you are ready to honor, respect, love, and protect yourself more than anyone else, you will never rise to your full potential. I thank God every day because I exist. Death – energy never dies it just changes shape.

We are inundated by the mind maze created by corporations. Corporations put the carrot in front of you and then pull it away. There are no bad people. There are bad belief systems. I love everyone, but I don't want to hang around everybody. The matrix is going to fall. We need one hero in every family. Where do I find my heart in the maze?

Age 0 to 7 is the imprint stage where you take in everything your parents say. Parents are dysfunctional. The worse thing for children is parents. Let yourself off the hook. Change bad relationships with anyone who puts on a hook. The difference between all other species and human beings is we are given ability to think, but most don't. If you don't want to think, then you will be part of the herd and going to butcher. Women are not a commodity. What you focus on you attract.

Masters of manipulation – e.g. chocolate bars for sale everywhere supporting breast cancer network.

- They want to make you feel guilty and buy a chocolate bar that causes cancer.
- Don't dishonor yourself. God created a man and then a woman. She brings life into the world. We make women into a commodity. Women take the most valium and pain killers because they bring life into the world.

I am tired of fighting cancer. I want to love my body and my patients' bodies. They don't have to be down on their knees and begging for anything.

The average person is 10 to 20 pounds overweight. We don't ask if this food will nourish me?

- Emotional – "I have never liked you." If that statement bothers you, you don't have self-love.
- We all came down here exactly the same – spirits of God. Someone says something to us and we can't digest it so we are overweight.
- It creates toxins and acidity which are the main reasons we get fat. Storing fat until we self-love and drop that load. Open your heart and fly.
- Breasts are made of fat tissue. They are magnets. When stressed and can't make enough fat cells, toxins go to breast.
- When you love yourself completely and first, you can't touch anything below that. No one told you how special you are. You can let go now.

The cure is an inside job. Take it personal. God gave you a body and man has taken it away.

- Become self-centered and watch how you talk, eat, do.
- Give yourself complete focus over next 30 days.
  - Watch yourself, your beliefs, how you tick. What you believe, unless it gives you joy, is a lie.
  - Draw lines and honor yourself first. You won't get honor from others until you honor yourself.

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## DARRELL WOLFE (“THE DOC OF DETOX”)

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The Hell-th Manual – Manufactured by corporate America. The greatest man-ipation of humankind. They took our right to be healthy. There is no news, no politics in my house. Medical driven. Corruption in the cancer industry. When you eliminate the corruption, you are left with the “ancer.” (answer)

The medical system specialized in emergency care. It has turned into 911 care. Remind the drama queens around you of who made them. Tell them to focus on what they think, drink, do. Tell them to focus on themselves. If doing 911, you’re are not having fun. Love and honor self. Open your heart to free your minds. If you took anything personal I said today, look at your belief system. The mind manipulates. The heart creates something beautiful. Your mind will stop growing. Your heart will grow forever.

Only you hold the key to unlock your subconscious:

- Age 0 to 7 is the imprint stage. Everything your parents did, you do. You have no filters.
- If your child has one tantrum per day, you are having 10. Children are sent to show what you need to correct in yourself.
- We have to take responsibility. Have discussion with your children, even if they are 50 years old. You can be friend and a guide to your children as long as coming from that.

The only reason you have pain, suffering, and disease is because somebody gave you the wrong belief. Until I really got this, I would have only 30 seconds of joy and then it would be gone. It is all about repetition.

- Practice loving self every day. When family members start getting to you, say “self-love, self-love, self-love.”
- The subconscious mind doesn’t care what your belief systems are. Don’t focus on disease. Focus on loving yourself.

Conscious creator pain is your friend. Unconscious creator pain is your enemy.

- Prominent thoughts = prominent programs.
- Focus where you want to be, then pain will go away.
- You can’t run from pain. Pain is a GPS.
  - It is telling you that you are not emotional or physically in love with self.
  - Don’t read any more books or go to any more counseling, just self-love.

Pain body programs – corrupted emotions will get caught in tissues that will become inflamed. The body makes fibrin then scar tissue.

The family fabric is being torn and you can put it together.

- Bring only love home. Keep corruption out.
- Chemical free and cruelty free.
- Unplug to turn families on.

Stop extreme exercise – Lengthen, strengthen, detox, and tone 20 minutes a day.

Domino effect of unconscious living. High vibrational beings have cancer cells but never die from cancer. The large intestine is mother of all organs. Gently cleanse.

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## THE TRUTH ABOUT CANCER

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Antibiotics are bringing down the planet. A pill will undermine the immune system and whole life. Fungus should only be in your body after you die to decompose the body.

Candida to cancer: Breaking down scar tissue was the secret to treating a woman with scoliosis. Her condition was greatly improved after two, 45 minute treatments. I will guarantee your money back if it doesn't work. Believe in the miracle of self-love.

Book: Healthy to 100 by Dr. Darrell Wolfe



RSB with Dr Wolfe recording "Detoxi-Friday" on the Robert Scott Bell Show



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**Jack & Heather Wolfson**



### “The Natural Way to Heart Health”

#### Presentation Key Insights:

Dr. Jack Wolfson – My dad had depression. Psych drugs were not working. He started having Parkinson’s-like symptoms. At 63 he had Progressive Supranuclear Palsy.

- Changes in personality
- Drank Crystal light – Aspartame
  - Ate good food & drank too much – caused a system imbalance
- Lipitor – Brain toxin
- Worked in most toxic place in the world – hospital
- Radiation – causes heart disease, cancer and dementia

Book: The Paleo Cardiologist by Jack Wolfson, DO, FACC

- Best-selling book – 17 chapters, over 300 references

Left private practice to do the right thing and really have an impact on people’s health

Top prescriptions in the US are for Cholesterol and Diabetes

- Life expectancy is #43 in the US

The Real Causes of Heart Disease:

- Poor nutrition
- Environmental pollutants
- Lack of sleep
- Lack of sunshine
- Stress
- Physical inactivity
- Sublaxations
- Dehydration

Paleo pyramid need to eat the food the right way:

- Grass fed, organic, local, free range

Government food pyramid – delusional – too many grains

Dietary cholesterol is not the problem. Saturated fat is not the problem. System not having the right combination of minerals and environmental pollutants is the problem.

Paleo improves lipids:

- Lower VLDL
- Increase large LDL
- Decreased small LDL

Spirulina and Chlorella Kill Cancer

Paleo lowers inflammation – take away inflammatory foods

The people who have more exposure to the sun have a lower risk of cardiac death.

The lower the latitude, the lower the cholesterol (sun is better for you).

If you have skin cancer and you avoid the sun – at a higher risk of getting other cancers.

- Sun kills cancer
- Statin Drugs – cancer deaths were higher in people that took them
- Blood pressure drugs increase risk of cancer

- Beets – lower blood pressure and lower cancer
- Text Paleo to 42828 to get the following:
  - Paleo shopping guide
  - Boost nitric oxide levels naturally
  - Top 20 heart tests

### **Introduced his wife – Dr. Heather Wolfson, DC**

Where does Dis-ease Begin?

Doctors collect your symptoms and label it with a “disease.”

- Chiropractors call it a lack of harmony in the body

When we look at the cause of the symptoms, have to look at your mother’s environment and your mother’s mother. Your mother’s eggs were all developed while she was inside your grandmother.

- Did grandma smoke, was she exposed to second-hand smoke? What meds did she take, what soap and lotions did she use? Tide, fabric softeners also cause problems.
  - You absorb 100% of what is on your skin – there are chemicals in soap and fabric softener that cause cancer.
- What did you mother and grandmother eat?
- Deodorant mother used, lotions you put on your skin
- No perfume
- Makeup – full of chemicals
- Caffeine decreases cardiac function by 38% – 2 cups of coffee over gestation period (not per day).
- Flu Shot and DTaP – dangerous for pregnant women.
  - ObGyn should not be recommending – there are no adequate studies for pregnant women.
- Hospitals – toxic place for babies; formula-fed babies is a recipe for disaster.
- Antibiotics cause breast cancer risk – many complications caused by antibiotics.
- Vaccinations:
  - Hep B being given within minutes of being born
    - Hep B is a disease contracted primarily through IV drugs and prostitution.
    - Why are newborn babies being given this?
  - There are no studies to prove that vaccines are safe.
    - Vaccines are the biggest crime of our time.
    - Don’t trust the CDC or the vaccine manufacturers.
  - Mumps protects against Ovarian cancer – better to have the “disease” than the vaccination.
  - Childhood infections lower cancer risks – measles, mumps, chicken pox
    - Fevers are good to help fight the infections
  - Kids that die from childhood disease are kids in Africa with poor nutrition – not US babies
  - Mild infections lower leukemia risk. Chicken pox lowers brain cancer risk.

## THE TRUTH ABOUT CANCER

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- Babies brought home from hospital and put on toxic sheets (washed in Tide), wrapped in blankets, and given over-the-counter drugs.
- Microwave in use in the home, WiFi
- Tampons – made with GMO cotton – only use organic
- Shaving crème – has ingredients that cause cancer
- Bug Spray – Weed killer sprayed – Glyphosate sprayed in the air constantly

The Cause is the Cure:

- You cannot heal in the same environment where you got sick – get the chemicals out of your life



Nico and Davi Lahood with the Doctors Wolfson

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**Jonathan Wright**

### “Part I – Bio-Identical Hormone Replacement Therapy: A Brief Review”

### “Part II- Anti-Carcinogenic and Pro-Carcinogenic Metabolites of Testosterone and Estrogen”

### “Part III – Iodine Kills Breast Cancer: A Brief Review”

#### Presentation Key Insights:

#### Part I – Bio-Identical Hormone Replacement Therapy (BHRT): A Brief Review

Proto-Endocrinology 1025 AD-1833 AD

Originated in China, by Dr. J. Needham

Hormones are still being discovered now.

Book:

- The Genius of China by Robert K. G. Temple (contains excellent summary of Needham's work)

1982

- First prescriptions for comprehensive BHRT, written at Tahoma Clinic, Washington State
- Estradiol / Estriol, Progesterone, Testosterone, DHEA, Thyroid
- Sourced and filled the first comprehensive bio identical hormone by Ed Thorpe, R.Ph, Kripps Pharmacy, Vancouver, BC

2016

- BHRT now used by millions of women and men in the US and other countries
- Cortisol, aldosterone, oxytocin

Book:

- Testosterone for Life: Recharge Your Vitality, Sex Drive, Muscle Mass, and Overall Health by Abraham Morgentaler, MD
- Testosterone therapy in short term does not aggravate progression of prostate cancer

To find the safest most effective BHRT we must copy nature. Nature's molecules:

- Estrogens
- Progesterone
- Testosterone
- DHEA
- Cortisol
- Aldosterone
- Thyroid
- Melatonin
- Oxycontin

Nature's route of hormone administration:

- Testes / ovaries
- Heart, then every cell possible
- Liver / kidney disposal

- This route is particularly important for the steroid hormones. If we don't follow this route, bad things happen

### Route of administration (2)

- Oral / sublingual – unnatural, but ok for men. Unnatural and irresponsible for women as it inflames the liver and adds risk of thrombosis (blood clots). Do not swallow DHEA or estrogens. Increase risk of blood clots. Rub hormones in.
- Injectable or pellets – unnatural, but ok for men. Should be considered malpractice. From "Bakken" Study of 133,000 women in France. Women who use hormones daily with no break, 44% more breast cancer present. You can't take a break from pellets.

### Where to rub it in?

- Mucous membranes. Compounding pharmacy can create a goo.

### Nature's Timing:

- Cyclic for ovarian steroids – her own individual cycle
- Daily for testicular, adrenal, and thyroid
- Night for melatonin

### Nature's Quantities:

- Physiologic levels – go to low levels of what woman had at first menstruation
- For men, consider "Jack Benny Theory of Health." Jack Benny was complaining to his doctor. Doctor says, "it's your age." Jack said he was only 39 years old, but he was always 39 years old. Staying at a 39-year-old level is fine.

### Book:

- The Origin of Atherosclerosis: What Really Initiates the Inflammatory Process by Kenneth R. Kensey, MD and Young L. Chu, PhD.
  - What is actually causing heart attack and stroke is the thickness of the blood.
  - 45% less chance of heart attack and stroke after donating blood twice a year.  
Men who donated regularly had 80% less chance of heart attack and stroke.

### Copying Nature – BHRT safety:

- Women – if postmenopausal, nature has already turned off ovarian hormones. No need to test as we know hormones are low.
- You can only find the total of estrogen in blood. The free fraction of estrogens can only be found in the urine. One in three men converts too much testosterone into estrogen, which can lead to diabetes. This can only be found in urine test.

### Part II- Anti-Carcinogenic and Pro-Carcinogenic Metabolites of Testosterone and Estrogen

- Dr. Henry Lemon's the Estrogen Quotient. Lower estriol is evident in breast cancer. Women with breast cancer have lower estrogen quotient.
- EQ=E3 / E2+E1

### Study:

- Laboratory animal studies totaling more than 500 rat-years show estriol to be the most active protective estrogen tested against breast cancer.

## THE TRUTH ABOUT CANCER

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- Does the 2/16 ratio matter? If you are a human papilloma virus, the 2/16 ratio makes a big difference to you. Can be kept from growing with proper diet.

Study:

- 30 women with biopsy proven stage 2 or 3 CIN, 12-week study
- Placebo group 0/10 complete regression in cervical cancer – supplement from the vitamin store, vegetables.
- 13C 200 mg daily 4/8 complete regression, confidence interval 95%
- 13C 400 mg daily 4/9 complete regression, confidence interval 95%

2-Methoxyestradiol versus Cancer:

- Some cancers inhibited by 2-methoxyestradiol
- Eat beets – they help with donates of methoxyestradiol prostate, breast, ovarian, pancreatic, gastric, osteosarcoma.

Study: Mayo Clinic animal research found that 2-Methoxyestradiol can:

- Effectively target breast cancer cells, prevent the spread of breast cancer cells to bone, protect bone from osteolysis, is much more effective in smaller quantities when not swallowed but injected.
- Estriol improves mood. Anti-carcinogenic estrogens.

DHT:

- 3 beta adiol is the anti-carcinogenic hormone that exists in men, prescribed for prostate cancer.

Anyone taking Propecia is putting themselves at risk of prostate cancer.

Coconut oil and olive out – increase endogenous stimulation (3 b adiol)

### Part III – Iodine Kills Breast Cancer: A Brief Review

- "... and also eliminates Fibrocystic breast disease in 100% of women treated, while also inducing the formation of Estriol, an anti-carcinogenic estrogen metabolite."
- Seaweed is good. Iodine combined with fat kills breast cancer cells

Curing fibrocystic breasts by John Myers, MD:

- Swab vagina / cervix with "di-atomic iodine (I-I):
- Lugol's works also, but not SSKI
- Within the next 2-5 minutes inject Magnesium sulfate, 3 grams; pyridoxine 300 milligrams.
- Repeat at variable intervals, according to severity until fibrocystic breast disease is gone.
- Works every time!

While treating over 200 women with the Myers method, a significant minority with EQ<1.0 was observed before treatment.

- After treatment, retesting showed significant improvement
- In almost all cases EQ rose to notably more than >1.0

Have radio show called, "Green Medicine" which airs Saturdays from 12:00 PM to 2:00 PM Pacific time. Also have a newsletter called "Green Medicine." <http://www.greenmedicineonline.com/>

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**Eric Zielinski**



## “Beat Cancer God's Way”

### Presentation Key Insights:

Ask God what he wants you to focus on, and he will lead you to the one you should pick first.

- Do the first thing first and do it with all your might and consistently and then move to the next level.

[www.cancertutor.com](http://www.cancertutor.com) has good information. He encourages you to go look at the information on this site.

Don't let the system keep you down. You have freedom to choose and all of us are accountable for what we do.

- Text BCGW to 1-678-506-7543 – free information

Overcoming the Death Sentence:

- Recognize that God is in control – don't let the fear get in the way of that.

Four things to remember:

- Your doctor is wrong – only God is omniscient – doctors are not accurate when they try to predict long-term survivors.
- God has given your body the remarkable ability to heal itself (it is your job to find the right protocol for you).
- You are fearfully and wonderfully and uniquely made – What works for someone else will not necessarily work for you.
- Faith and prayer work – Prayer heals:
  - Immediate coping and stress management
  - Peace of Mind that lasts for months – subjects maintenance significant improvements for a duration at least 1year after final prayer session
  - Lowers inflammation
  - Gut health (The command center for your immunity).
  - Intercessory Prayer

The Power of hope – your mindset is really important.

- Healing Power of Positive Thinking

- Increases life span
- Lowers rates of depression
- Lowers levels of distress
- Greater resistance to the common cold
- Better psychological and physical well-being
- Reduces risk of death from cardiovascular disease
- Better coping skills during times of stress

### Finding Your “Why”

- Choose to see the blessing in your situation
  - “Getting sick gave me my life back”
  - “I feel better and I’m healthier now than ever before”
- Manifest your destiny
- Live to serve others

You are a gift from God.

[www.BeatCancerGodsWay.com](http://www.BeatCancerGodsWay.com)



Dr Z and Chris Wark

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**Round Table Panel**

### Round Table Panel Moderator – Dr. Robert Scott Bell

#### Panel Key Insights:

Panel participants:

- Mike Adams
- Dr. Josh Axe
- Dr. Rashid Buttar
- Dr. Véronique Desaulniers
- Sayer Ji
- Dr. Tony Jimenez
- Dr. Ben Johnson
- Dr. Joseph Mercola
- Dr. Patrick Quillin
- Ocean Robbins

**Q: How do we deal with the obstacles to healing? (same question for all panelists)**

*Dr. Véronique Desaulniers:* First, take time to breathe and let everything sink in. Our thought is usually that cancer is a tortuous, slow death. This is not true, cancer is reversible. It is an immunological process. Don't buy into the "pink" breast cancer awareness; rather look at breast health awareness. Find a physician that gets it.

*Sayer Ji:* The biomedical component is quite a miracle. We are whole beings. The symptoms of cancer are not the enemy but are an intelligent sign of what is out of balance. It could be physical and also psycho-spiritual. We have the power to uncreate the unbalanced aspects. Allopathy is based on a traditional way of thinking.

*Ocean Robbins:* We do not have a health care system. We maybe have a disease treatment system. Health doesn't come from the doctor or the drugstore. Physicians only receive 17 hours of training in nutrition. Nurture your health so you don't go to the physician in the first place. Life is about living with joy, passion, and vitality. It is not about avoiding cancer, but about thriving.

*Dr. Josh Axe:* The root cause of cancer is emotions – fear, anger, frustration. Certain emotions affect certain organs. We need to remove the interference and build peace around us. The media doesn't support this call. They create fear and low self-esteem. Know who you are and your purpose in life.

*Mike Adams:* We are finding things that we didn't know are there. I have met two types of people at this symposium. One type is the recently diagnosed who are new to information, are fearful, and are externalizing possible solutions. The second type has overcome. They are vibrant, self-assured, and amazing people who have healed their self. The healing is found in your body's own blue print. It is the personal discovery and awareness that will unlock the answers inside.

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## THE TRUTH ABOUT CANCER

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**Dr. Ben Johnson:** People are often paralyzed when diagnosed with cancer. You need to get moving on your own. Drink healthy water, breathe, and eat healthy food. Research the available resources. Don't get rushed into making decisions. Medicine is a religion. It is hard to get people to convert from what they were taught, believe, and are inundated in. It is hard to take a step of faith but it is well worth it. Look at the black box warnings on standard treatments – "causes cancer." Get out of the box. Find resources. Educate yourself. You are responsible for your own health.

**Dr. Joseph Mercola:** One of the most important concepts is that your body is designed to heal. You are not destined to be sick. The reason you get sick is because you violated basic principles. I didn't address emotional healing in my talk because I'd need weeks. It's one of the most important elements. There is no easy route to get there. You have to do the work to overcome impairments to get healthy. I started a coalition, Health Liberty, which is an activist group on vaccines and on bettering access to health information. Even if you have best information, how will you know the information that is not made available? Get the best providers you can, preferably local providers because you will have recurring visits. Don't ever be guilty of FTI – "Failure To Implement." Take action. "If you fail to plan, you plan to fail." Just because food is free, it doesn't mean you have to eat it. Plan ahead and bring your own food.

**Dr. Tony Jimenez:** Cancer is seldom a medical emergency. Don't make a rushed decision just because the guy in white coat said so. It is a confusing time so take simple steps first. Go within yourself. Change your nutrition. Look at emotional aspects of why you are where you are. I had a patient with right breast cancer. The right side is associated with the male side. It turns out she was sexually abused by her father, grandfather, and uncle. She was then 63 years old and I was the first person she ever told. Letting go and forgiving are the first steps. Cancer is not a death sentence. Your body will innately heal if given what is needed.

**Dr. Patrick Quillin:** Accept the diagnosis, ignore the prognosis. By law, an oncologist has to tell worst case scenario. Einstein said "Insanity is doing the same thing over and over again, but expecting different results." What we've done in oncology for 50 years is give people chemo, radiation, and surgery, and it doesn't work. We use Surveillance, Epidemiology, and End Results (SEER). AMTA (Access to Medical Treatment Act) is needed nationally so doctors can do what they think is effective for patients, not just the standard of care.

**Dr. Rashid Buttar:** I now have patients from 85 countries. Emotional component is the most important part in healing from cancer. If we can't detoxify emotions, we have essentially failed. My mom died from cancer 2½ weeks ago. She was treated 12 years ago in our clinic. It came back and she also had pseudomonas. She is in better place. Death is just the next step. The emotional component became very important to me as I watched my mom go through this. Pass on the gift of forgiveness to others, big and small issues. Not because they deserve, but you deserve it. Let it go.

### Q&A From Audience:

**Q:** Many of you have mentioned emotional healing as the most important. What are some modalities that you recommend?

## ROUND TABLE PANEL

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**Dr. Ben Johnson:** I have written a book entitled "Healing Codes" that addresses this question. You could also use past life regression, EFT, and forgiveness. Forgiveness is the most important word in the language. You could argue that love is, but forgiveness is key.

**Dr. Véronique Desaulniers:** The main stumbling block is that you don't know where to start. Find EFT, a therapist that specializing in energy psychology to work with you. Start journaling.

**Dr. Tony Jimenez:** 85% of healing is awareness. Build a timeline from birth to independence from parents and then add increments of 20 years. Put in trauma and conflicts in these timelines. Only 15% of reality is in our conscious mind. We need to bring the rest to conscious reality. Buried feelings never die. Write a letter. I had a patient whose oncologist told him if he stopped chemotherapy; he would die in 2 weeks. The man had gotten leukemia because he was belittled as a child by his father. He wrote letter to his father and then burned it. He went into remission.

**Dr. Patrick Quillin:** 1) Have a co-patient to help and coach you. You can't do this alone. 2) Meditation – There have been over 18,000 studies that show meditation can improve health. 3) Thanksgiving is the queen of all psychological principles. List all things each morning for which you are thankful. Give thanks for what you got.

**Q: How effective is ketosis?**

**Dr. Joseph Mercola:** Cancer cells burn glucose to produce lactic acid. Most cancer cells cannot burn fat. Some cancer cells adapt and are then able to burn fat. Nutritional ketosis has been used for over 80 yrs for treatment of seizures. Some supplements exist now for ketones. Oncologists that are not integrating ketosis in their treatment are medically negligent. This should be criminal, but not now because of current standard of care.

**Q: How does the study of mycology (mushrooms) relate to cancer?**

**Mike Adams:** In my lab, I look at molecules of plant synthesis. Mushrooms synthesize molecules that are medically significant. Mushrooms are detoxifiers. It is important to detoxify at physical level – body/mind/medicine. What if there is something in the body that can affect the mind? There may be a metabolic reason that you are angry.

**Q: If orally is not a good source (per Dr. Mercola), what is the best source of Vitamin D?**

**Dr. Joseph Mercola:** Near infrared light is important. You can get a safe tanning bed from Europe. Photobiomodulation beds are available in Europe. There is no easy answer, so just swallow it. Take along with magnesium and Vitamin K. You need sun exposure.

**Q: My 20-year-old son was diagnosed with a rare childhood disease at age 2 and again at 3. He had chemotherapy and radiation. He is 16/17 years post treatment and doing great now. Since he was treated with agents that can create cancer later in life, what should he be doing to be sure his cancer does not recur?**

**Dr. Patrick Quillin:** He must rigorously follow a proper diet since he has already had cancer. While others can survive with bad diet and cigarettes, he can't. Surgery, chemo, and radiation make your DNA more fragile. He can live a long and healthy life, but he must be rigorous.

**Q: What options are available to pregnant women who choose to heal naturally from cancer? Most doctors do not want to take these cases.**

*Dr. Rashid Buttar:* This is a unique question. I have had 2 patients in this situation. Both women are alive today and both babies were born healthy. Forget the prognosis. Don't worry about what you have been told. Fear is the problem. We celebrate birth but are fearful of death; however, death is a homecoming to meet the Maker. Your obligation is to baby. The advice to abort is only fear. If the Creator has given you this gift, don't be scared by the doctor. Cancer is a symptom of something wrong; toxicity and/or malnutrition. Get these in order.

*Carol Alt (in audience):* Many protocols exist for nutritional supplements and diet detoxifying that is safe for pregnant women. Don't give up. There are many things you can do to save your life and the health of your baby.

**Q: Which is the better supplement – turmeric or curcumin?**

*Sayer Ji:* It depends on the tissue you are targeting.

**Q: In looking at scientific publications, what patterns have been seen in the medical and healing community of what has been picked up or left behind?**

*Sayer Ji:* Greater awareness is needed of how published literature is a product. Publication bias exists. Many companies only publish studies with good results. Study results having monetary value for the industry are pushed through to the public. The public is becoming aware of this bias.

**Q: Discuss the use of whole body thermography.**

*Dr. Ben Johnson:* Thermography is the most underutilized test out there. It can show the two primary causes of cancer and is an amazing technology. Every physician should be using this technology. Thermography can follow cancers and see them coming because cancer cells produce heat.

**Q: Please discuss the microbiome.**

*Dr. Patrick Quillin:* Microbiome is the most important field in nutrition science today. All food is a prebiotic for cells in the gut. Babies should go through the birth canal to inoculate the gut, so a C-section is not good. Breast feeding also inoculates the gut. Quorum sensing regulates gene expression in response to fluctuations in cell-population density. Fix the gut by removing, replacing, re-inoculating, and repairing.

*Dr. Josh Axe:* I have written a book on building the health of microbiome. All disease begins in the gut. We need to nourish the bacteria in the gut and have more microbe exposure. This can be done through things such as natural immunization with raw local honey and shopping at the local farmer's market. We need to work to clear out the gut. It is important to detoxify and balance microbes. We need more fermented foods in our diet, especially fermented vegetables. There are benefits to whole form turmeric and we will begin to see more fermented turmeric.

**Q: What research is there on infant and children cancer?**

*Dr. Ben Johnson:* The principles are the same as with adults: healthy water, healthy food, and emotional release. This is true for the parents also.

*Dr. Rashid Buttar:* Our current inoculation schedule is related to the incidences of cancer, heart disease, and future diseases. In 2015, more patients under 25 were seen than those over 25. This

## ROUND TABLE PANEL

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should be ideal age for a strong immune system. We have raped the immune system in children. Childhood cancers are the fastest growing segment of cancer. We must protect our children. The physiology of cancer and autism are the same. They are both unable to detoxify. Vaccines are a massive issue. They will cause heart disease, cancer, and other pathological diseases. Heart disease and cancer are leading causes of death. Vaccines are one huge way to stop cancer. I am not against vaccines, but against stupidity. Why have vaccines that contain problematic substances?

**Q: How do you work with emotional aspects of a 5-year-old with brain tumor?**

*Dr. Tony Jimenez:* Start with the parents. It is hard to believe a child had emotional issues that lead to cancer. Look back 3 generations. What are the presenting symptoms? These are clues to see what the emotional causes are. Look at what happened during pregnancy.

**Q: How do I get breast cancer tumors to shrink quickly?**

*Dr. Véronique Desaulniers:* Can tumors shrink quickly? Yes and no. Some physical applications apply to tumors. You have to look at cause. Surgery may be an appropriate intervention if the toxic load is too much. Go back to emotions, nutrition, lifestyle, dental issues. There is no quick answer. Contact [www.breastcancerconqueror.com](http://www.breastcancerconqueror.com) for care.

**Q: Ocean Robbins – discuss your transition from ice cream business to natural health care.**

*Ocean Robbins:* My grandfather was the co-founder of Baskin and Robbins. My dad was groomed to take over company, but said no to an industry that makes people sick. I work with my dad standing up for healthy people and healthy planet. Food can harm or heal. Some things are more important than money.

**Q: Why aren't doctors providing options if it is in their interest to get me healthy?**

*Dr. Joseph Mercola:* The conspiracy of silence is generated from powerful corporate interest. This has been going on for centuries. The US is reaching the end of our republic. This is the natural evolution of a culture, a republic. It is widely known in other countries. They know it, but we don't here. When you vocalize and seek to bring light to this knowledge, you are frequently taken out. Nothing could be further from the truth than your oncologist having your best interest at heart. Oncology is only specialty in medicine that is allowed to directly sell drugs to patients. What incentive is there to offer anything that doesn't increase profits?

**Q: What labs tests should be used to monitor breast cancer?**

*Dr. Ben Johnson:* You can use cancer markers if you tested positive for them. If they were negative, it is worthless to test. Other testing includes ONCOblot, RGCC, and electrodermal screening. Thermography is good if the cancer is visible. I have written a book entitled No Ma'amograms.

*Dr. Rashid Buttar:* You can't have cancer if your immune system is intact. So, you need to look at the immune system through testing such as ONCOblot. If positive, you have cancer but negative doesn't rule out cancer. Cancer markers give a false sense of security. Alpha-fetoprotein is a non-specific marker for cancer. Also test HCG and lymphocyte population.

**Q: What are your thoughts on cannabis?**

*Mike Adams:* Cannabis takes CO<sub>2</sub>, breaks it apart, and rearranges it. One component of cannabis is psychoactive. There is a conspiracy of silence. The government is stopping access to the non



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## THE TRUTH ABOUT CANCER

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psycho-active portion of the plant. This plant was put here so all could access it. I don't use recreational drugs. I am an advocate for freedom to access medicinal plants. We have a right to heal ourselves, so we must have the right to access these plants. We must fight for truth about the reality of the human right to have access to healing and to express ourselves at all levels.



AMAZING ROUNDTABLE DISCUSSION!



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## PHOTOS FROM THE EVENT

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Enjoy these photos from the Ultimate LIVE Symposium! 😊



Jonathan Hunsaker and Ty Bollinger



TeriAnn Trevenen and Charlene Bollinger

# THE TRUTH ABOUT CANCER

**The TRUTH About CANCER™**  
*Ultimate LIVE Symposium*

**JOIN THE MOVEMENT,  
 SUPPORT THE MISSION,  
 SAVE LIVES**

**GRAPEVINE A | HARRY HOXSEY HALL**

**FRIDAY, OCTOBER 14<sup>th</sup>**

10:00 AM - 11:00 AM "The Truth About Metastatic Squamous" with John Kelly and Dr. David Henson  
 11:00 AM - 12:00 PM "The Pathways that Drive Cancer" Dr. David Sidransky  
 12:00 PM - 1:00 PM "The Impact of Tobacco on Lung and Cervical Cancers"  
 1:00 PM - 4:00 PM "Cancer Action: Starting in the Clinic at the City" (Open) Dr. Charles Hwang  
 4:00 PM - 10:00 PM "The Truth About Lung Therapy: Novel Treatments and Recent Breakthroughs" Dr. You-Wei Tang

**SATURDAY, OCTOBER 15<sup>th</sup>**

8:00 AM - 9:00 AM "Honorably The Spirit of Hope" Dr. Mark Samuels, MD  
 9:00 AM - 9:15 AM "Honoring an Icon" Steve Walsh  
 9:15 AM - 10:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh

**SUNDAY, OCTOBER 16<sup>th</sup>**

10:00 AM - 11:00 AM "How cancer diagnosis is cancer treatment from the US to the World" Dr. David Sidransky  
 11:00 AM - 12:00 PM "Cancer in the Americas: and the World" Dr. Thomas Jakiw, MD  
 12:00 PM - 1:00 PM "Global Cancer: From Research to Practice" Dr. R. Scott Weir, MD  
 1:00 PM - 4:00 PM "New Cancer Treatments" Dr. Ron Galsbolter

**GRAPEVINE B | ROYAL RAYMOND RIFE ROOM**

**FRIDAY, OCTOBER 14<sup>th</sup>**

10:00 AM - 11:00 AM "CANCER AND CANCER: is there a Connection? Which Coming Through That Health Crisis Today?"  
 Dr. Howard Schneider  
 11:00 AM - 12:00 PM "Regional Medical Network" Dr. Ron Johnson, MD  
 12:00 PM - 1:00 PM "The American Cancer Society's Role in Cancer" Dr. Thomas Jakiw, MD  
 1:00 PM - 4:00 PM "Global Advances in Health Care: Understanding the Health Care System - An Inside Look and What We Can Do Together to Change It" Dr. Howard Schneider, MD  
 4:00 PM - 10:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter

**SATURDAY, OCTOBER 15<sup>th</sup>**

8:00 AM - 9:00 AM "Following the Cancer Care Path with the 7 Essential Steps" Dr. Howard Schneider  
 9:00 AM - 9:15 PM "Honoring a Pioneer" Dr. David Kelly  
 9:15 PM - 10:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD

**SUNDAY, OCTOBER 16<sup>th</sup>**

10:00 AM - 11:00 AM "Hope: Stories Shared from a Decade of Research and Innovative Therapy" Dr. Judy Hinson  
 11:00 AM - 12:00 PM "Meeting with Patients" Paul Kaufman  
 12:00 PM - 1:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 1:00 PM - 4:00 PM "The Science of Health: Making Your Health" Dr. Howard Schneider

**GRAPEVINE C & D | ANTOINE BECHAMP BALLROOM**

**FRIDAY, OCTOBER 14<sup>th</sup>**

8:00 AM - 9:00 AM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 9:00 AM - 10:00 AM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter  
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 9:15 PM - 10:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 10:00 AM - 11:00 AM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter  
 11:00 AM - 12:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter  
 12:00 PM - 1:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 1:00 PM - 4:00 PM "Global Advances in Health Care: Understanding the Health Care System - An Inside Look and What We Can Do Together to Change It" Dr. Howard Schneider, MD  
 4:00 PM - 10:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter  
 10:00 PM - 11:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter

**SUNDAY, OCTOBER 16<sup>th</sup>**

10:00 AM - 11:00 AM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 11:00 AM - 12:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 12:00 PM - 1:00 PM "Cancer: A Journey of Resilience and Hope" Steve Walsh, MD, Brad Walsh, MD  
 1:00 PM - 4:00 PM "Global Advances in Health Care: Understanding the Health Care System - An Inside Look and What We Can Do Together to Change It" Dr. Howard Schneider, MD  
 4:00 PM - 10:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter  
 10:00 PM - 11:00 PM "The Cancer Action Series from the City of Dallas" Dr. Ron Galsbolter

[www.TheTruthAboutCancer.com](http://www.TheTruthAboutCancer.com)

The day before the symposium began ... This was the last time we saw empty hallways. ☺

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## PHOTOS FROM THE EVENT

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TTAC Speaker Get Together



The KAJ Brothers (Kyle Craichy, Austin Craichy, Johnny Atys)

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## THE TRUTH ABOUT CANCER

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Travis and Alan interviewing KC and Monica Craichy and Mike Adams



Carol Alt, TeriAnn Trevenen, Charlene Bollinger, Mary Beth Gonzalez, & Jonathan Hunsaker

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PHOTOS FROM THE EVENT

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Krauss and Jonno with Ty



The Bollinger Family (with Jonathan Hunsaker, Joni Jones, and Alan Ray)

## THE TRUTH ABOUT CANCER

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KC Craichy, Jefferey Jaxen, and Robert Scott Bell



Natasha, TeriAnn, and Beverly working hard behind the scenes.

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## PHOTOS FROM THE EVENT

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Thank you Dilip and Jayashree! We appreciate your support.



An amazing event with amazing attendees. Is that Deanna Won? Yes, I think it is....





Charlene and Ty with special guest, Barbara Allen



Gina Nuzum, Brianna Bollinger, and Lori Otto

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## PHOTOS FROM THE EVENT

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Jonathan Hunsaker having fun with the Epigenetic Labs Bone Broth Protein



Johnny Atys, Bryce Bollinger, Alix Maria Taulbee

## THE TRUTH ABOUT CANCER

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Long lines were commonplace over the weekend



Hallie and Ashley Moore (our nieces)

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## PHOTOS FROM THE EVENT

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Antwine Jenkins helping out some of the attendees. Thanks Antwine!



Birgit and Timmy – having fun amidst the chaos! Thank you both!

## THE TRUTH ABOUT CANCER

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We had an amazingly attentive audience.



Keith Walker drove 2,000 miles to give TTAC his medal earned in Operation Iraqi Freedom. Thank you for your service to our country, Keith. We are honored and humbled to accept this medal.

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PHOTOS FROM THE EVENT

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Jordan Rubin and Rashid Buttar in serious conversation



Q&A time

## THE TRUTH ABOUT CANCER

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The Incredible TTAC Team on the Main Stage



Health Heroes & Superstars!

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## PHOTOS FROM THE EVENT

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Acknowledging Jonathan Hunsaker – the marketing genius behind TTAC



What an amazing audience!



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## THE TRUTH ABOUT CANCER

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Thank you from the bottom of our hearts!



Robert Scott Bell, Charlene & Ty



Thumbs up from Jonathan, Ty, Charlene, and TeriAnn

## THE **KEY INSIGHTS** FROM EVERY SPEAKER'S PRESENTATION

On October 14th - 16th, The Truth About Cancer team brought over 40 of the world's most renowned and respected natural health experts together in Grapevine, Texas for the Ultimate LIVE Symposium.

These luminaries were challenged to present their “best of the best” health insights to help people avoid and beat cancer, heart disease and today's other most prevalent chronic diseases -- and to live longer and better lives overall. Judging from the amazing reception of those live in attendance and those watching the live stream of the event from their homes worldwide, they certainly delivered on the challenge!

Knowing how essential the information in each and all of the health experts' presentations would be, we had the entire event professionally recorded on video and audio. We also had professional note-takers pull the most important insights from each of the presentations.

This book is a compilation of all those key insights. Use it to keep yourself “refreshed” on important points from presentations you've already watched. Use it to prioritize which presentations you want to watch, or watch again. Add your own notes from each presentation in the margins of the book, or on separate paper if you prefer.

Our mission here at The Truth About Cancer is to educate the world on all the solutions and choices available to prevent and beat cancer, including the many that people hear little to nothing about... to eliminate the fear surrounding the disease and replace it with hope... and to ultimately help eradicate the disease from our planet. We organized and hosted the Ultimate LIVE Symposium to take another big step toward achieving this mission, and we hope and believe you and your loved ones will benefit from all the insights for decades to come.



**Charlene Bollinger, Ty Bollinger, and Jonathan Hunsaker**, *Co-Founders of The Truth About Cancer*